



## **Community Medical School**

2013 – 2014

### **October 15, 2013**

Steven Berk, MD

*Trouble on Your Hands: “The Story of Semmelweis, Handwashing and Infectious Disease”*

The lecture will take the audience back to 1847 in Vienna where Dr. Ignaz Semmelweis made a startling observation on an obstetrics ward that changed medicine forever. The lecture will cover subsequent discoveries including the existence of bacteria by Pasteur and antiseptics by Lister. The historical perspective surrounding these events will have relevance to our current problems of hospital infection control, handwashing and understanding infectious diseases. The Semmelweis story is also a lesson about how we search for and accept scientific truth in the field of medicine.

### **November 19, 2013**

Emily Merrill, PhD, RN, FNP, BC, CNE, FAANP

*What are APRNs and how can they impact your health?*

In this presentation, you will learn what Nurse Practitioners and other APRNs do, where they practice, and how they can help you with your health. The program will include descriptions of APRN programs offered at TTUHSC.

### **December 17, 2013**

Steven Zupancic, Au.D., PhD., CCC-A

*Fall Risk: Identification and Prevention*

60% of individuals will have at least one episode of dizziness or imbalance in their lifetime. For some, the episode(s) will only result in minor inconveniences to their activities of daily living while other people’s life is dramatically altered due to their inability to safely navigate within their environment. This talk will discuss, 1) common causes of dizziness, 2) the way a patient’s balance is tested, and 3) what can be done to help people who are at risk of falling.

## **January 21, 2014**

Eric J. MacLaughlin, Pharm.D., FASHP, FCCP, BCPS

*Improving Medication Adherence and Decreasing Risk of Polypharmacy*

This presentation will define medication adherence, discuss the impact of non-adherence on health and outcomes, and devise strategies to improve it.

## **February 18, 2014**

Theresa Byrd, DrPH

*What is Public Health and What Does It Have to Do With My Mattress?*

In this presentation, you will learn about what public health is, what public health professionals do, and about the new Masters in Public Health program at TTUHSC.

## **March 18, 2014**

Michelle Tarbox, MD

*Spot Check, What's That Spot?*

From barnacles to bumps, liver spots to wisdom spots, and moles to whatchamacallits, the human skin has an amazing variety of growths it can produce, and more seem to show up each year. Come learn how to tell the harmless spots from the dangerous ones in this fun informative talk and learn about skin cancer prevention and treatment.

## **April 15, 2014**

Carrie Edwards, RN, PhD, CA/CP, SANE

*Treatment and Forensics Involved in Sexual Assault*

## **May 20, 2014**

Nathan Burgess, PT, MPT, NCS and Kathryn Panasci, PT, DPT, CBIS, CWS

*Aging Productively: Working at Wellness*

This course will walk through the systemic effects of aging as well as commonly encountered disease processes and conditions and their effects on overall function, independence, and wellness. In addition, the course will present proactive and reactive strategies to counter the physical effects of aging and disease to promote a healthy, safe, and independent lifestyle.