





Podcast Episode Fact Sheet

Podcast Series	Diabetes Residency Education Series
Episode Title	<i>Diabetes and Cardiovascular Disease</i>
Personnel	<p>Interviewer: Betsy Goebel Jones, EdD; Interviewee: Tom Tenner, PhD</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p><<Dr. Tenner <<Dr. Jones</p> <p>Department of Family Medicine, TTUHSC, Lubbock</p>
Recorded	April 7, 2006; Office of the Associate Dean for Faculty Development, TTUHSC School of Medicine, Lubbock
Episode Description	This episode outlines the link between DM and CVD, focusing on means for reducing the risk of further cardiovascular complications.
Learning Objectives <i>The listener should be able to:</i>	<ol style="list-style-type: none"> 1. Describe the significance of the link between diabetes and cardiovascular complications 2. Identify the metabolic complications associated with diabetes 3. Associate the risks for cardiovascular complications in patients with diabetes with those in patients who have had a heart attack 4. Assist diabetic patients in reducing their risk for further cardiovascular complications
Content Outline	<p>Question/Answer format (Jones interviews Tenner)</p> <ul style="list-style-type: none"> • The association between cardiovascular disease and diabetes • Underlying metabolic causes of type 2 diabetes • Specific cardiovascular diseases linked to diabetes • Reduction of risk factor for CVD complications
Application of the episode content to practice	<ol style="list-style-type: none"> 1. Patients who have diabetes face approximately the same risk for additional cardiovascular disease as do those patients who have experienced a heart attack 2. Patients need the physician's constant vigilance to assist with reducing the risk factors for further complications
Podcast Pearl Topic	The significance of the difference between microvascular disease and macrovascular disease in diabetes
Personnel	Tom Tenner, PhD
Comments	Published to iTunes 4/10/06

References	Grundy SM, Benjamin IJ, Burke GL, Chait A, Eckel RH, Howard BV, Mitch W, Smith SC, Sowers JR. Diabetes and cardiovascular disease: a statement for healthcare professionals from the American Heart Association. <i>Circulation</i> . 1999;100:1134-1146.
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