






Podcast Episode Fact Sheet

Podcast Series	MS3 Reynolds Geriatric Series		
Episode Title	<i>Functional Assessment of the Older Adult</i>		
Personnel			
	Mike Ragain, MD	Lynn Bickley, MD	Fiona Prabhu, MD
Episode Description	This episode gives an overview of the purposes of functional assessment of the elderly as well as tools for easy assessment in the office setting.		
Learning Objectives <i>The listener should be able to:</i>	<ol style="list-style-type: none"> 1. Define the purpose of functional assessment of the elderly 2. List three questions that help assess healthy aging 3. Identify screening factors for vision, hearing, leg mobility, urinary incontinence, nutrition, memory, depression & physician disability 4. Use the Get-Up-And-Go test for mobility 5. Conduct a simple functional assessment in an office setting 		
Content	<p>Introduction</p> <p>Major Points</p> <ul style="list-style-type: none"> • Purposes of functional assessment • Screening factors for typical geriatric problems • Useful tools for screening <p>Summary</p>		
Comments			
References	<ul style="list-style-type: none"> • Sherman FT. Functional assessment: Easy-to-use screening tools speed initial office work-up. Geriatrics 2001; 56(August):36-40. • University of Iowa Geriatric Assessment Tools Website (http://www.medicine.uiowa.edu/igec/tools/default.asp) • Moore AA, Siu AL. Screening for common problems in ambulatory elderly: clinical confirmation of a screening instrument. Am J Med. 1996Apr;100(4):438-43. • Bates' Guide to Physical Examination and History, pp. 848-851 		