

Podcast Episode Planning Tool

Podcast Series	Reynolds Geriatrics Series
Episode Title	Nutritional Issues & Concerns in the Elderly
Personnel	Kathy Chauncey, PhD, RD; Beth Cochran, MD Department of Family Medicine, TTUHSC Lubbock
Learning Objectives <i>The primary care resident/ medical student audience will be able to:</i>	<ol style="list-style-type: none"> 1. Identify vitamins and minerals that are recommended for supplementation in the elderly 2. List tools for nutrition screening in the elderly 3. Locate the DETERMINE form online and use it for screening 4. Use patient education and nutritional recommendations to help elderly patients maintain strength 5. Collaborate with nursing home staff to improve the nutritional status of elderly patients in long-term care facilities
Content Outline	<ul style="list-style-type: none"> ▪ Introduction ▪ Q & A (Cochran asks questions; Chauncey answers) ▪ Closing ▪ Podcast Pearl
References	DETERMINE screening tool. The Nutrition Screening Initiative • 1010 Wisconsin Avenue, NW • Suite 800 • Washington, DC 20007 http://www.mnaging.org/PDF/dynh.pdf
Application of the episode content to practice	Published as part of the Reynolds Geriatrics Series for medical students, residents & practicing physicians
Podcast Pearl Topic	What to recommend to patients for both broad-spectrum & specific vitamin & miner supplementation (Dr. Chauncey)
Comments	