

# Podcast Episode Fact Sheet

Podcast Series	<b>MedRaider</b> <b>A podcast series on health topics by and for college students</b>
Episode Title	Smoking Cessation Method: Chantix
Personnel	Sarah Edwards, Jeremy Coughran, and Dr. Gonzalez English 4365 Texas Tech University, Dr. Amy Koerber
Recorded	April 4, 2007 TTU English Department, Multi-Literacy Lab
Episode Description	Information pertaining to the newest smoking cessation method, Chantix.
Learning Objectives <i>The listener should be able to:</i>	<ol style="list-style-type: none"> <li>1. Learn information about the newest smoking cessation, Chantix.</li> <li>2. Understand what Chantix is and how it works.</li> <li>3. Realize the effects of smoking and the advantages of quitting</li> <li>4. Learn how Chantix can increase the probability of quitting.</li> </ol>
Content Outline	The podcast begins introducing the topic, Chantix. It presents a disclaimer about the information presented in the podcast. The informative part of the podcast begins with what Chantix is and how it works. The podcast then compares Chantix to other smoking cessation methods. Statistical information is implemented into the podcast to provide some valuable insight. Interview questions with Dr. Gonzalez and a patient who has just begun treatment using Chantix are inserted into important sections. The podcast then tries to address college students that are dealing with smoking addictions. A few more statistics are used. To wrap up the podcast, information is presented about how people can get a prescription of Chantix and who they need to consult to discuss this form of smoking cessation.
References	<p>Dr. Gonzalez (Physician at TTU Health Sciences)</p> <ol style="list-style-type: none"> <li>1. Tonstad T, Tonnesen P, Hajek P, Williams K, Billing CB, Reeves KR. Effect of Maintenance Therapy with Varenline on Smoking Cessation: A Randomized Clinical Trial. <i>JAMA</i>. 2006; 296:64-71.</li> <li>2. The FDA Approves New Drug for Smoking Cessation. <i>FDA Consumer Magazine</i>. 2006; 40(4):29.</li> <li>3. Wu P, Wilson K, Dimoulas P, Mills EJ. Effectiveness of Smoking Cessation Therapies: A Systematic Review and Meta-Analysis. <i>BMC Public Health</i>. 2006; 6: 300.</li> <li>4. Pfizer. About Chantix. Chantix Website. 2006. Available at: <a href="http://www.chantix.com">http://www.chantix.com</a>. Accessed February 26, 2007.</li> <li>5. Nordquist C. Chantix Quadruples Smoker's Chances of Quitting</li> </ol>

	<p>Successfully. Medical News Today Website. 2006. Available at: <a href="http://www.medicalnewstoday.com/healthnews.php?newsid=46587">http://www.medicalnewstoday.com/healthnews.php?newsid=46587</a>. Accessed February 26, 2007.</p> <p>6. Chantix. Man Made Killer. Stop Smoking with Chantix. Chantixpharma Website. 2006. Accessed February 26, 2007.</p>
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