

SuccessTypes Group Exercise

Readiness Assurance Test

1. Which of the following sequences best ranks the importance of the Myers-Briggs mental functions (S,N,T,F) to success in medical school?
 - A. N>S>T>F
 - B. S>N>T>F
 - C. N=S=T=F
 - D. N=S>T>F
2. Which of the following best describes the preference for extraversion?
 - A. Organized
 - B. Active
 - C. People-oriented
 - D. Harmonizing
3. Bias in determination of one's type occurs most often due to:
 - A. a desire to be different than you are
 - B. changes in preferences over time
 - C. substantial proficiency in an area of preference
 - D. mental illness
4. Which is the most important advantage of concept mapping as a learning skill?
 - A. It avoids an obsession with details.
 - B. It is a method for outlining.
 - C. It can be done on a computer.
 - D. It can be done alone or in crowds
 - E. It reveals relationships between concepts
5. What is the best way to help a student who is having problems passing their exams in medical school?
 - A. Help them understand that if they work hard the medical school will give them a second chance.
 - B. Get them to work with a tutor as soon as possible.
 - C. Have them describe how they learn best.
 - D. Don't help them. Medical school is sink or swim and the weak students will just become weak doctors.
 - E. Have them set up regular visits with their professors to have their questions answered.
6. Which of the following best explains why an ISTJ is significantly different from an ISTP?
 - A. J and P are the two preferences that determine the greatest differences between people
 - B. J students are smarter than P students.
 - C. All four dimensions of personality type interact.
 - D. Sensing and judging are almost the same thing but sensing and perceiving are very different
 - E. None of the above, since ISTJ and ISTP aren't actually very different at all.

Group Application Questions

Case Vignette: A medical student is referred to the counselor's office suffering from anxiety and frustration. She has been required to attend several recently introduced Team-Based Learning (TBL) sessions and she does not have the option to skip sessions since her grade is determined by her participation. She has a history of studying alone and focusing on the memorization of all assigned material. When she is given a specific list or set of facts to learn, her symptoms lessen. She is always early for scheduled activities, even for her counseling appointment. She also displays a concern for not hurting anyone's feelings from not wanting to participate in the TBL sessions.

6. Based on these preliminary findings, her most likely personality type is:

- A. ISTP
- B. INTJ
- C. INTP
- D. ISFJ

7. The best advice for this student at this time is:

- A. Attend the TBL sessions and try to adapt.
- B. Be able to discuss her role in the TBL group process
- C. Just go to lectures and study alone until she feels comfortable joining in.
- D. Give her something she can memorize and recite to the TBL group.