



The Alumni Postscript

The alumni newsletter of Texas Tech University HSC School of Pharmacy

FALL 2006

UPCOMING EVENTS

The Annual Alumni Dinner will be held on April 21, 2007 in conjunction with the TSHP Annual Meeting.

The School of Pharmacy Annual Career Fair will be held on January 11th for Amarillo & Lubbock students and January 18th for DFW students. We look forward to seeing Alumni as they recruit from our current students.

CONTINUING EDUCATION PROGRAMS

Have you visited our the Texas Tech HSC School of Pharmacy Continuing Education web site lately? Check us out for on-line, stream-line video continuing education programs, including preceptor CE!!!

For additional information on live and on-line programs visit our website at: <http://www.ttuhschool.edu/sop/ContinuingEd/>

“Our mission is to enhance the lives of the diverse people of Texas and beyond, through excellence and innovation in: educating health-care practitioners, researchers, and educators, providing pharmaceutical care and service, and advancing knowledge through scholarship and research.”



A Decade of Excellence

SOP Celebrates 10 Year Anniversary

The Texas Tech University HSC School of Pharmacy celebrated its 10 year anniversary on the weekend of August 5th and 6th in Amarillo, Texas. Alumni, faculty, staff, students, friends, and supporters of School gathered to celebrate its accomplishments and recognize individuals instrumental in its conceptualization and realization.

In 1996, the School of Pharmacy opened its doors to its first class of students. A founding class of sixty-four students, 16 faculty, and 12 staff members began the 4 year educational journey. Since that time, the School has grown to a multi-campus program including Amarillo, Lubbock, Dallas programs and an admitting class size of 90 students. The School currently boasts a faculty of 73,

and 67 staff members across the Panhandle and Dallas Fort Worth area with an admitting class size of 90 students.

The Decade of Excellence celebration weekend kicked off with a continuing education program held in the Harrington Lecture Center at the School of Pharmacy. In the opening address, Dean Nelson highlighted the past, present, and future challenges of pharmacy education as related to the programs at Texas Tech HSC School of Pharmacy. Dr. Jeanie Jaramillo, Director of the Panhandle Poison Control Center and Alumnus of the Class of 2001, provided an alumni perspective as she described the influence of the Tech program on her career decisions as well as her current practice and research activities at the Panhandle Poison Control Center. Finally, Dr. Traci Metting, alumnus

[continued on page 2]

Abilene Campus

SOP Expansion Continues

TTUHSC - SOP has taken another step toward expanding its program to Abilene by hiring its first staff member.

Mikeal Nall, a native of Abilene, has been brought on board to run student services for the SOP's Abilene regional campus, which is scheduled to open next August for the 2007-2008 academic year. Nall is presently addressing the majority of the administrative needs for the Abilene program and is the first of an estimated 40 faculty and staff members who will eventually be employed at the new campus.

[continued on page 3]

Distinguished Alumni Awards

Award Nominations Sought

The School of Pharmacy has established 3 new Distinguished Awards to be presented this spring at the 2007 Alumni dinner. The Distinguished Awards will recognize individuals for their contributions and or achievements in the areas of practice, research, and leadership. All Texas Tech University HSC School of Pharmacy Alumni, including alumni of the doctoral, PhD, and residency programs, are eligible for nomination for the awards.

The Excellence in Pharmacy Practice Award will recognize an individual who

[continued on page 5]





Alumni Best Practice Award recipients will receive a Bowl of Hygeia sculpture.

ALUMNI BEST PRACTICE AWARDS

Have you or a fellow alum . . .

developed a new process or guideline?

implemented a new practice at your pharmacy or institution?

completed an interesting DUE?

We would like to share in your success! The call for nominations is open until January 15th, 2007.

Please go to <http://www.ttuhsu.edu/ss/wsb.dll/candace.root/AlumniBestPracticeAwards.htm> for additional information and to post your submission.

Award recipients will be recognized at the Annual Alumni Dinner with a special sculpture award, free registration to the TSHP meeting and one night hotel accommodations.

A Decade of Excellence

[continued from front cover] class of 2000 and Past President of the Texas Society of Health System Pharmacy, provided a historical perspective of the practice of pharmacy in the State of Texas and the influence Texas Tech School of Pharmacy has had.

An evening of entertainment and fellowship followed at the Riverbreaks Ranch Hoedown—just minutes away from the School. The family centered evening was highlighted by a Texas-style barbeque dinner, horse races, a Texas Hold'em tournament, and live musical entertainment. Students provided activities for the children including games and face painting. The evening was highlighted with a recognition of alumni and the founding faculty in attendance.

The weekend festivities culminated with the induction of the entry of the 10th class at the annual White Coat Ceremony held at the Amarillo Globe News Center for the Performing Arts. The program was featured presentations by the founding fathers of the School and commentary by alumni. Dr. Amy McKinley and Dr. Traci Metting, members of the founding class, reminisced and provided advice to the class of 2010. Drs. McKinley and Metting spoke of their continued relationship and support of the School.

The Texas Tech School of Pharmacy's realization would not have been possible without the efforts of its founding fathers. The keynote speakers and founding fathers of the School were Attorney Selden Hale, Senator Kel Selliger, Representative David Swinford and John McKissack. Each high

lighted his involvement with the development of the School and shared his perspective on the continued influence that the School has on the Amarillo community and Texas Panhandle.

The 2006 White Coat Ceremony concluded with the coating of the Class of 2010 with their white coats as they signed a copy of the Code of Ethics of the School and recited the Oath of a Pharmacist. A reception followed with musical entertainment provided by Martinis.

The weekend was a wonderful way to celebrate the accomplishments of the School and its alumni over the past decade. Special thanks to CVS Pharmacies and the Amarillo Globe News who sponsored the weekend activities.



Enjoying dinner at the Decade of Excellence Hoe'down barbeque. Pictured are alumni Bonnie Dugie ('00), Lesli Hallman-Tomlin ('01), and Traci Metting ('00).

Mentoring Program

A new mentoring program has been established at the School of Pharmacy for which alumni involvement is being sought. Informal roundtable discussions are held monthly for first and second year students to explore career paths. Students are required to attend the sessions as part of their ongoing career and professional development.

Once deployed to his/her respective campus in the 3rd year of the program, each student must identify



Pharmacy students learning about compounding pharmacy as a career path.

a personal mentor to work with over the final 2 years of the program. Students are required to meet with their mentors a minimum of twice a semester to discuss career decisions, work on developing their curriculum vitas, and various other career development discussions.

Alumni who are interested in serving as a mentor can be involved in 2 ways: a) participating in informal roundtable discussions with P1s and P2s to discuss your experiences post-graduation and career paths, or b) mentoring one-on-one with a P3 or P4 to give them advice regarding career development. Roundtable mentoring sessions are held on the Amarillo campus, while one on one mentoring occurs throughout the campuses as well as via on-line communications.

If you are interested in learning more about becoming a mentor, please contact Sherry Luedtke, PharmD, Associate Dean of Professional Affairs at sherry.luedtke@ttuhsc.edu for more information.

Abilene Campus

[continued from front cover] Students began submitting applications for the Abilene program on September 1 and the search for a regional dean is underway.

A group from Abilene, known as Abilene Community Partners, approached TTUHSC in the fall of 2004 about the possibility of expanding the pharmacy program to their city. The Texas Higher Education Coordinating Board approved the expansion plan at its January 26 meeting. The Abilene site will join Dallas-Fort Worth and Lubbock as regional campuses to the main SOP campus in Amarillo.

Abilene Community Partners has pledged \$14 million to date, which will subsidize the program through FY2011 and pay for the land and construction of the program's 36,000-square-foot facility. The building is presently under construction in the 1700 block of Pine Street. The location is two blocks south of Hendrick Medical Center and near downtown Abilene.

Like the main SOP campus in Amarillo, the Abilene regional campus will offer all four years of TTUHSC's Pharm.D. program. The first classes for the Abilene program are scheduled to begin in August 2007 with 40 students and will expand the SOP's class sizes from 90 students to 130 students. The SOP expects to have 160 students in Abilene by the start of the 2010-2011 academic year and the first class will graduate in May of 2011.



Construction is underway on the new SOP in Abilene.

News From the School

The student organizations at TTUHSC School of Pharmacy have been extremely busy particularly with community service activities. They have received numerous state and national recognitions over the past year for their outreach activities.

Notes to Alumni from a few student organizations:

NCPA:

- Eight members attended the National Convention in Las Vegas in October
- Three members received national scholarships including Mary Klein and Mindy Sexton who received Presidential Scholarships and Whitney Fisk who received a Partners in Pharmacy Scholarship
- Participating in several screenings at independent pharmacies and health fairs to promote independent pharmacy. We are always looking for preceptors to help with screenings. If interested in helping please contact Whitney Fisk at whitney.fisk@ttuhsc.edu
- Monthly meetings are held the first Tuesday of each month at 6:30 P.M. and we welcome any who would like to attend

Kappa Psi:

- Hosting Province 2008 and gearing up to fundraise and plan

- Welcoming 29 new Brothers during Initiation
- Watch for the Kappa Psi Newsletter

Texas Tech Student Society of Health-System Pharmacists (TTSSHP):

Fall Events:

- Cholesterol screening at the St. Thomas Health Fair
- Blood pressure screening during National Pharmacy Week and at the Amarillo Spanish Seventh Day Adventist Church
- ASHP Midyear in Anaheim

To learn more about our organization please visit our website at <http://student.ttuhsc.edu/ttssh/v3/default.htm>

Phi Lambda Sigma:

- As a group of leaders of many other organizations at TTUHSC, PLS remains an organization that continues to achieve mentoring, educational and political goals across all three campuses
- Check out our activities on our new web page at: <http://student.ttuhsc.edu/PhiLambdaSigma/>
- Interested in receiving our mailings? Please send your email address to: rachel.mason@ttuhsc.edu

Alumni Notes

George Dela Cerda ('01) has been appointed to the Dean's Advisory Council for 2006-2007.

Allison Walker ('05) gave birth to a baby girl Katy Elizabeth on September 13, 2006.

Lesley Brown ('00) is the proud mom of TRIP-LETS!! Her two sons and daughter keep her very busy!!

Wes ('04) and **Kaci** ('04) **Jones** are the proud parents of Connor Wesley Jones born August 28, 2005.

Thomas Parker ('05) and his wife Sandy became proud parents of daughter Gabrielle on June 27th, 2006.



Lee Jacquez (P3), Holly Bland(P3), Mark King (P3) participated in a mission trip to Juarez, Mexico.



Alumni Notes

KEEP US INFORMED!!!

If you have recently received a promotion, accepted a new new position, received recognitions/honors, become engaged/married, or expanded your family we would love to hear from you and share your success with your fellow alumni!!

Just send an email with your news to sherry.luedtke@ttuhsc.edu and we will include it in our next Alumni Newsletter.

Alumni Spotlight

Jason Evans, PharmD

Clinical Pharmacist, Cook Children's Hospital

After graduating from Texas Tech HSC School of Pharmacy in 2005, Dr. Jason Evans worked at an Independent Compounding Pharmacy in West Fort Worth. However, recently Dr. Evans made a dramatic career change and accepted a position as a Unit Based Pharmacist at Cook Children's Medical Center in Fort Worth. He is currently working on developing a strategy to provide outpatient pharmacy services as one of Cook Children's initiatives is bridging the gap between inpatient care and outpatient care as well as creating guidelines for the extemporaneous compounding area at the Children's Hospital.

When asked what he enjoys most about his current position, Dr. Evans stated "There is something new every day- every hour. Somedays I may start out working on paper work or on a side project, then inadvertently find myself on the floor trying to clarify STAT medication orders on twin premies, and then end the day in the IV Room working on a chemotherapy order for a three year old cancer patient. It does get stressful, yet it is extremely fulfilling to know you make a direct difference-- especially in the life of a child. EVERYONE works hard. You don't hear, "Well it's ok they died, they lived a good life." EVERYONE fights for a life that has yet to be lived."

Dr. Evans feels that his greatest accomplishment since graduation is the birth of his son. "I was holding him *completely* alone in the nursery about 3 minutes after he was born. There were no other babies in the nursery, the medical staff was attending to my wife, Shanna, and the one nurse in the nursery had to leave for a minute for supplies. I thought, "Shouldn't there be like 50 nurses in here yelling things to each other, and someone standing in the corner with a magnifying glass over one eye madly scribbling something on a clipboard?" It was just me and 6 lb, 10 oz of my son. It was the most humbling moment of my life."

"The rotations/clerkships were one of the most

beneficial parts of my education," Dr. Evans states. "I have several co-workers that went to other Pharmacy Schools in Texas. They were amazed when I told them about the quality of our clerkships. For instance, how we have required clerkships in Pediatrics, Geriatrics, and Rural practice settings. I also had several different mentors at the school who were able to give me a well balanced view of the different practice settings."

"Do not sell yourself short by concentrating on what you think you need to know. Trust me . . ."

Dr. Evan's advice for current students is "Do not accept rotations that have the reputation as being the "easy" ones. I don't even remember my easy rotations—I only recall my hard rotations- and that is a good thing. Do not sell yourself short by only concentrating on what you think you need to know. I have heard countless times "I already know that I am going to be working at company "mass-merchandiser" filling 900 prescriptions a day. I don't need to know these things." Trust me - your plans will probably change several times so leave your options open. You can't be an expert at everything, but you can build a broad knowledge base know that you can build upon later when plans change."



Jason Evans, his wife Shanna, and son Jase.

Name the Newsletter Contest

We are looking to you, the alumni of Texas Tech HSC School of Pharmacy, to use your creative juices to create a name for the alumni newsletter.

As the initial issue of the newsletter, we have yet to adopt an official name. The Alumni Postscript is a temporary name that is being employed until a new name is selected. Send us your entries for the official name for the newsletter.

We will be accepting entries for the "Name the Newsletter" contest through January 15, 2007. If your entry is accepted as the winning name, the next issue will be published under that name and you will receive a Smartphone. The editorial board will review entries and notify the winner by February 1, 2007.

Please email your entries to sherry.luedtke@ttuhsc.edu. Good luck!!!!

Alumni Awards

continued from front cover] has demonstrated excellence in pharmacy practice. The type of practice is not limited to clinical pharmacy, but may entail any aspect of pharmacy practice from retail pharmacy, compounding, management, etc.

The Pharmacy Research Award will recognize an individual who has demonstrated excellence in research. All types of research expertise will be considered from bench top researchers to clinical/administrative researchers.

Former students, residents, and graduate students actively participating in research programs should be considered for nomination.

Lastly the Pharmacy Leadership Award will recognize and honor an individual who has demonstrated leadership in professional organizations, health care, and/or community service. Individuals whose leadership has brought significant credit to the Texas Tech School of Pharmacy will be considered.

Nominations for the Distinguished Alumni Awards will be accepted through February 15th, 2007. Nomination forms can be downloaded from the School of Pharmacy website at <http://www.ttuhsc.edu/sop/Alumni/>.

Will Snead, son of Charlie ('00) and Jennifer ('00) Snead enjoys a horse ride at the Decade of Excellence Hoedown.



Will Snead, son of Charlie ('00) and Jennifer ('00) Snead enjoys a horse ride at the Decade of Excellence Hoedown.

The Dean's Corner

We had a great 10th year celebration and White Coat Ceremony August 5-6. It was great to see the alumni members who returned for the Bar-B-Q/Ranch night and/or White Coat celebration. It was great to learn about the exciting career developments, catch-up on family members, and simply have fun together.

Someone during the weekend asked me what was so important about keeping contact with the Alumni. I believe alumni who are "in-touch" with their School can be of great benefit. Some of the most critical are:

- Alumni have a *special opportunity* to help prospective students select Tech as their pharmacy school – who better to inform the applicant about *what really happens* at the SOP?
- Alumni interact with all types of people – professional leaders of pharmacy, employers, politicians, and others for whom the SOP depends for our very existence. An informed alumni can be a *great ambassador* for the School and the quality of its programs, students and faculty.
- Alumni can personally, and professionally assist the School in funding raising. Many of our graduates have received scholarships that really

made a difference when they were a student, enjoyed the attractive learning environments, and benefited by the quality of faculty we have been able to recruit to Tech. State appropriations simply do not cover all these important aspects building a quality program. Financial gifts make a *big difference* in our students' lives. Remember how important that scholarship check was to you?

- Alumni make wonderful preceptors. You know our programmatic goals, and can truly *make a difference* in our students' professional development, just as your preceptors did for you.
- Alumni are significant resources for feedback to the School, helping us "*get it right, and get it better, better, and better.*"

So, keep *involved, informed* and *connected*. You will make a big difference in your School.



Arthur Nelson, PhD, RPh
Dean, TTUHSC School of Pharmacy

Alumni Notes

Texas Tech Alumni **Thomas Parker ('05)**, **Marissa Escobar ('05)**, **Carlos Alvarez ('04)**, and **Janie Robles ('03)** have joined the Texas Tech SOP faculty.

Lisa Plasencia ('04) and **Jeff Hildebrand ('04)** were married on November 11th 2006 in Laredo, Texas. Both work for HEB pharmacy.

Beverly Abney ('01) and her husband became proud parents of a baby girl Amelia Adele on October 26th, 2006.

Ann Roach -Canales (Residency Class '04) and her husband Pete become proud parents of a daughter, Abigail Elaine, on November 2nd, 2006.



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER
 School of Pharmacy™

Office of Professional Affairs
 1300 S. Coulter Rm 112J | Amarillo, Texas 79106

Postage



Texas Tech HSC
 School of Pharmacy
 Alumni Association

Alumni Association

Toby Cooper, PharmD
 President, Alumni Association

This past summer I had the opportunity to travel internationally. It was my first time to travel outside the United States, and every part of my trip was memorable. I toured coffee plantations, worked with water buffalo, fished with nets in river boats, and slept on the balcony of wooden huts. I even had the opportunity to assist in a volunteer pharmacy as well as learn about the training and education of pharmacists in the region I visited. What an experience, a memorable experience “going somewhere.”

In a book I am currently reading, the author writes, “leadership is about going somewhere.” As a visionary, a leader must set the direction for the individuals or organization in which they lead. Leaders must be able to motivate those they lead towards a common purpose based on a clear vision and set of values.

Though in its infancy, the School of Pharmacy Alumni Association has spent time creating a statement of pur-

pose, leading us toward “promote [ing] the continuous development and training of practitioners, researchers, and educators.”

The key to our purpose is “continuous development”. I was recently told it takes 80,000 work hours for an individual to become an expert in their field. The pharmacist who’s work week consists of 40 hour would have to work 39 years before being recognized as an expert in the profession of pharmacy. It was once said, “Actually, I’m an overnight success. But it took twenty years.”

Wouldn’t it be nice to be an overnight success. But in reality, to become an effective practitioner, to become an effective leader takes time. And there in lies the purpose of our alumni association, developing practitioners, researchers, and educators who excel in the profession of pharmacy with the goal of leading the profession in the “service of all humankind.”

I hope you will take this and future opportunities to become involved in our alumni association where we are “developing leaders.”

FALL 2006

Alumni Postscript *The newsletter of the Alumni Association of Texas Tech HSC School of Pharmacy*

**Alumni
 Postscript**

ALUMNI ASSOCIATION PRESIDENT Toby Cooper, PharmD	EDITOR Sherry Luedtke, PharmD Associate Dean, Profes- sional Affairs	CONTRIBUTORS Arthur Nelson, PhD, RPh Dean Mark Hendricks Publications	TECHNICAL ASSIS- TANCE Candace Root
BOARD OF DIREC- TORS Toby Cooper, PharmD George DelaCerde, PharmD Amy McKinley, PharmD Carl Carruthers, PharmD	CONTRIBUTING EDITORS Amy McKinley, PharmD Traci Metting, PharmD Toby Cooper, PharmD		

To receive an electronic version of this newsletter, visit www.ttuhschool.edu/sop/Alumni/