



Mothers' Charter

The Baby Café is a drop-in center for pregnant and breastfeeding mothers, as well as those interested in finding out about breastfeeding or helping a breastfeeding mother.

WHEN VISITING The BABY CAFÉ YOU CAN EXPECT...

1. It to be a part of the national initiative and to maintain The Baby Café standards of care.
2. A relaxed, informal, safe, child-friendly, non-clinical environment.
3. It to be a place where breastfeeding is considered the normal way to feed and care for your baby.
4. To meet other breastfeeding mothers from all walks of life.
5. To receive up-to-date information about breastfeeding, from staff knowledgeable and skilled in helping women breastfeed.
6. To be helped in a way that equips you to continue breastfeeding when you leave the Baby Café. This usually means staff will work with a 'hands off' approach, or work over your hands if necessary.
7. That all information, suggestions, books, leaflets, videos, demonstration aids, posters available will:
 - a) Be balanced and informative.
 - b) Help you in making informed decisions.
 - c) Support, protect and promote breastfeeding and the breastfeeding relationship.
8. To be supported in the choices you make and as you carry them out.
9. That staff will maintain records and liaise in a confidential manner with other local health professionals as appropriate.
10. To be responsible for your children at all times.