

# Connections

The Newsletter for the Laura W. Bush Institute for Women's Health



## LWBIWH Highlights Paul L. Foster School of Medicine and Announces New Regional Director

Dr. Naviran Shokar, associate professor in the Department of Family and Community Medicine, associate director for Cancer Prevention and Control and the Cancer Center of Excellence has been appointed regional director of the Laura W. Bush Institute for Women's Health (LWBIWH). The announcement was made at the meeting of the Institute's National Advisory Board (NAB) on Oct. 12 at the Paul L. Foster School of Medicine. Board members were provided expert presentations of women's health and gender educational and research programs and toured the school's clinical simulation center.

Texas Tech University Health Sciences Center President Tedd L. Mitchell, M.D., gave the welcome and provided remarks. Dr. Parastoo Momeni, assistant professor in the Department of Internal Medicine in Lubbock, and Dr. Shokar presented their research programs. Dr. Momeni presented her research on gender, hormones and Alzheimer's disease while Dr. Shokar presented information and research findings on ethnic/gender disparities and colorectal cancer.

Dr. Shokar is a physician whose research is funded through the National Institutes of Health. Her work focuses on prevention of cancer through improved screening programs and patient education. She received the Career Development Award from the National Cancer Institute and serves on national and international committees related to cancer prevention and primary care research. Dr. Shokar will lead the efforts to establish a LWBIWH presence in El Paso, including collaborative interdisciplinary research and educational programs.

Members enjoyed a warm welcome at a community reception hosted by Founding Dean Dr. Jose Manuel de la Rosa. Mrs. Laura W. Bush spent time with meeting attendees and board members at a dinner graciously hosted by NAB El Paso members Guadalupe Arizpe de la Vega and Adair Margo.



National Advisory Board members in attendance and guests  
(Back row, from left) Linda Greenstreet, Andi Ball, Dr. Marjorie Jenkins, Dr. Tedd L. Mitchell, Lee Ann White, Margaret Purvis, Dr. Jose Manuel de la Rosa, Nancy Weiss; (Front row, from left) Dr. Linda Ross, Dr. Parastoo Momeni, Betsy Jones, Kristina Jones, Nancy Neal, Susie Hance, Debbie Francis, Diane Scovell, Dr. Leslie Chupp and Dr. Naviran K. Shokar

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### Events

*Nov. 10*

Dr. Marjorie Jenkins will be the moderator of the women's health panel entitled "The CEO of Your Health: Are you Ready to Lead the Charge?" at the **Texas Conference for Women** in Houston. For more information, visit [txconferenceforwomen.org](http://txconferenceforwomen.org).

*Nov. 11; noon - 1 p.m.*

The LWBIWH of Amarillo presents a **Lunch and Learn presentation** entitled "Let's Talk About Sex," a discussion about sexual health and better living by Dr. Marjorie Jenkins.

### Announcements

The LWBIWH and University Medical Center Foundation Women's Health Committee announce their seed grant program for 2010-2011. Projects must focus on women's health and/or gender differences. The maximum award is \$20,000. Pre-proposal forms are due Dec. 3. For more information, visit [www.ttuhscc.edu/lwbiwh](http://www.ttuhscc.edu/lwbiwh).

Visit the LWBIWH website, Facebook and Twitter pages for more news and announcements:

- [twitter.com/lwbiwh](http://twitter.com/lwbiwh)
- [facebook.com/lwbiwh](http://facebook.com/lwbiwh)
- [www.ttuhscc.edu/lwbiwh](http://www.ttuhscc.edu/lwbiwh)

Please submit news for the website, social networking outlets and *Connections* newsletter to Catherine McGovern at [catherine.mcGovern@ttuhscc.edu](mailto:catherine.mcGovern@ttuhscc.edu).

## Ribbon Cutting and VIP Reception | San Angelo, Oct. 21

The LWBIWH at Angelo State University (ASU), in partnership with San Angelo Community Medical Center hosted a ribbon cutting ceremony and VIP reception to officially open the new regional office of the LWBIWH at ASU. Rep. Drew Darby; San Angelo Community Medical Center CEO, Brad Holland, and LWBIWH at ASU's Regional Director Dr. Linda Ross, assisted Texas Tech University System Chancellor Kent Hance with the ribbon cutting.

A substantial donation and partnership with the San Angelo Community Medical Center was announced, as well as the first student recipient of ASU's Community Development Outreach Scholarship. Jennifer Uduje, a second degree nursing student who is originally from Nigeria, was awarded the scholarship and has chosen to work with the LWBIWH at ASU.



(From left) Brad Holland, CEO of San Angelo Community Medical Center; Texas Tech University System Chancellor Kent Hance; Linda Ross, LWBIWH San Angelo director; Suzanne McInnis; Linda Patty Gardner, LWBIWH National Advisory Board member

## Hablando de la Salud de la Mujer | Amarillo, Oct. 9

The LWBIWH continued its mission of supporting Hispanic women's health by hosting the fifth annual Hablando de la Salud de la Mujer, or Speaking of Women's Health, on Oct. 9. This full-day health symposium, co-sponsored by Northwest Texas Healthcare System, is the only Hispanic women's health symposium in the nation. Hablando offered free health screenings, four breakout sessions and various exhibits in a bilingual setting. To date more than 2,750 women have been served through the event.

This year's inspirational keynote speaker was Maury Roman-Jordan, director of outreach services at Amarillo College Community Link and news anchor for Telemundo. Other Hablando speakers included Roger Smalligan, M.D.; Niambi A. Horton, Pharm.D.; Yvonne Urteaga, certified group fitness instructor; Kathleen Clark, M.D.; Ammar Jarrous, M.D.; and Tamara Jarrous, clinical nurse specialist.



A TTUHSC student takes a woman's blood pressure at a health screening, one of the services offered to Hablando attendees.

## Pink the Basin | Midland, Oct. 5



Linda Armstrong Kelly, Pink the Basin keynote speaker and mother of Lance Armstrong.

In honor of National Breast Cancer Awareness Month, the LWBIWH and the Community Advisory Board of Odessa hosted Pink the Basin, a luncheon to raise awareness of the scope of breast cancer, collect funds to provide free mammogram vouchers to underprivileged women, and honor local breast cancer survivors. A total of 788 seats were sold to the luncheon.

The event included keynote speaker Linda Armstrong Kelly, mother of Lance Armstrong, seven-time Tour de France champion and cancer survivor. The luncheon also featured a style show in which breast cancer survivors modeled clothing from Julian Gold. A silent auction featured a pink ribbon created by local artists and the "Pink Boutique" offered exclusive pink ribbon items and a Pink-tini Bar.