## South Plains Food Bank GRUB Farm Group 8

Population Served
Children
Food insecure individuals
Local businesses
Services Provided
CSA Farming

- Educational events for children
- Jobs and scholarships for teens

### **Clients' Health Needs**

◄ Mental health issues

Poor diets

↗Difficult home life

## Clients' Health Information Needs

→ Healthy lifestyle choices

Healthy diet information

#### **COVID-19 Impact**

Minimal impact, provided an opportunity for the children to grow and become the driving force for the program

## **Advice for Physicians**

Work with patients to reinforce the value of a healthy diet

Establish an understanding that factors beyond the classic view of health can still affect it



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