

# Family Counseling Services

## Group 9

### Population Served

- Low SES (75%)
- 1,400 people per year
- Has increased since COVID

### Services Provided

- Mental Health Services
- Psychiatric Consults
- Treatment for Depression
- Sliding Fee Scale
- Individual Counseling (95%)
- Telehealth



### Clients' Health Needs

- Depression Counseling
- Relationship Counseling
- Court-Ordered Substance Abuse Counseling
- Reducing the stigma of mental health, counseling, and therapy in Lubbock is crucial.

### Advice for Physicians

- "Make one spot in your practice for somebody that doesn't have the ability to pay."  
- Executive Director, Bryan Moffitt, JD, MBA, MEd, LPC, Ph.D
- Goal - Keep patients out of psychiatric hospitals
- Those interested in Emergency Medicine have a unique responsibility to connect patients with resources to keep them out of the ED. Save the ED for "patching things up."

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## How to Get Involved with FCS

- ❑ Dr. Marion Williams → perhaps this is a gateway to shadowing, volunteering, etc.
- ❑ FCS Needs: People, Money, Volunteers

## Impact of COVID-19

- ❑ Amount of mental health clients have doubled
- ❑ Prior to COVID-19, 50% mental health and 50% substance abuse

## Group Members:

- 1 Izabella Hilmi
- 2 Ernesto Ponce-Cruz
- 3 Grayson Braziel
- 4 Katie Chen
- 5 Kacy Montgomery
- 6 Nathan Tran
- 7 Cole Lamanteer
- 8 Morgan Fortner
- 9 Kiran Sagani