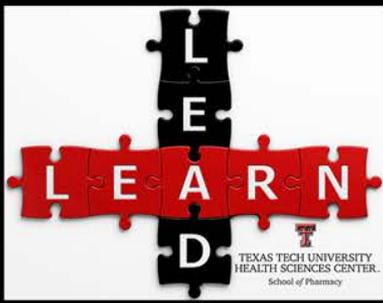
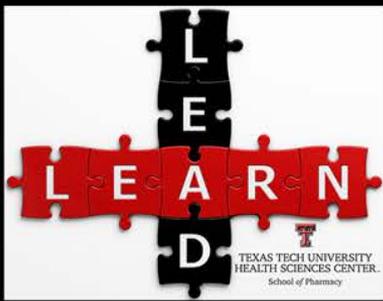


# *What **Not** to Wear*

A product of the TTUHSC  
School of Pharmacy  
Office of Professional Affairs

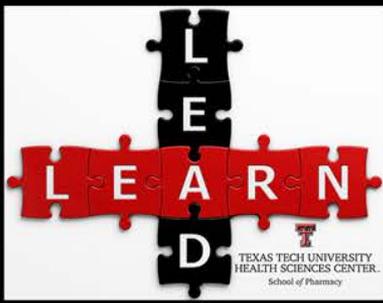


A big part of getting a job  
is making a good first impression,  
and a big part of making a good first impression  
is how you dress.

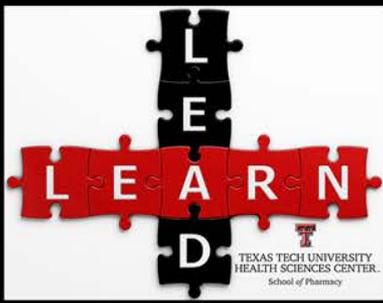


You don't have  
to spend a lot  
of money  
on your wardrobe.  
Putting in some effort  
will pay off  
in the long run.

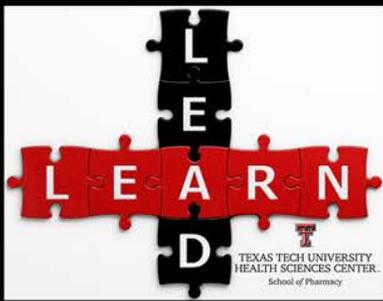




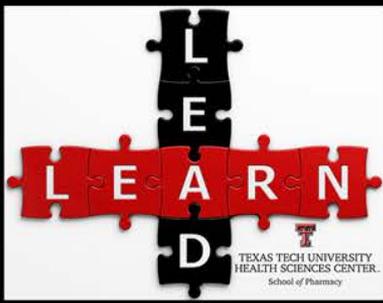
Here's what ***NOT*** to wear to an interview.



Everyone knows  
short hemlines and plunging necklines  
are not acceptable for a job interview ...



Wearing an inappropriate dress that's also a bright, flashy color - like red - simply makes this situation worse.

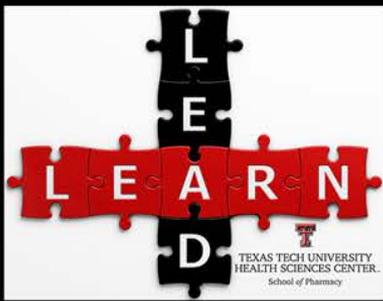


Be mindful when choosing your clothes.

If you're going to wear a daring color  
- like red - do it tactfully.

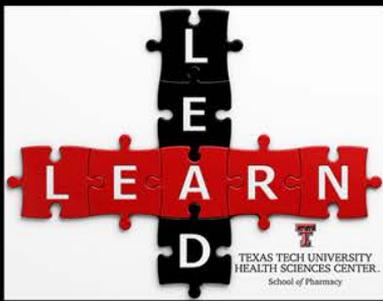
Be sure the overall design of your outfit  
is especially conservative.

And, it's a good idea to avoid short hemlines  
and skin-tight fits altogether.



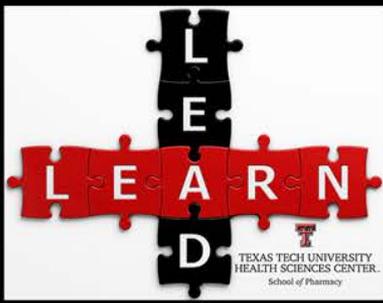


A blazer is a good go-to choice  
for almost any interview,  
but **THINK ABOUT**  
what you wear underneath.



Inevitably, the deep-v formed by the blazer's lapel creates a plunging neckline. If you're going to wear a camisole underneath, make sure it covers you appropriately.



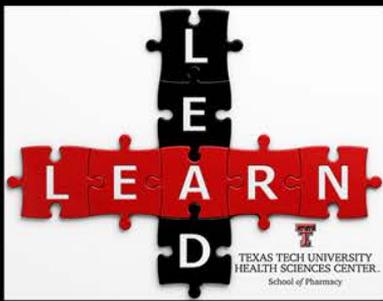


Of course, layering  
with a button-down is a no-fail option, too.

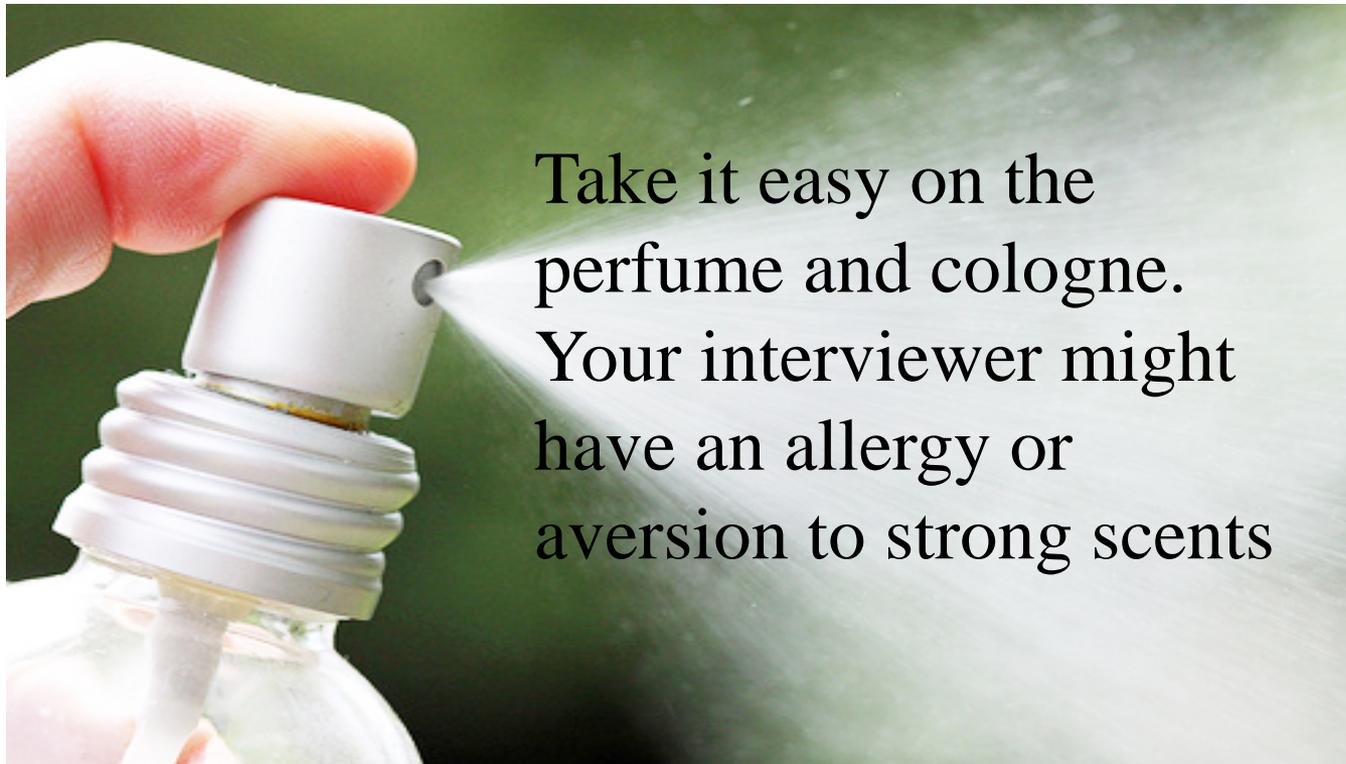
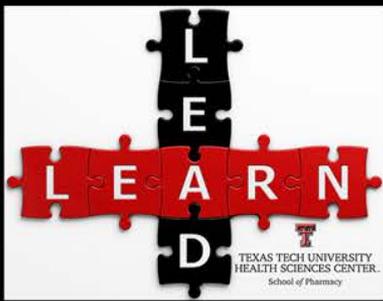
This tip applies to men, too.

Unless you're interviewing in a casual environment  
- like at a startup company –  
wearing a blazer on top does not give you the excuse  
to wear a tired t-shirt underneath.

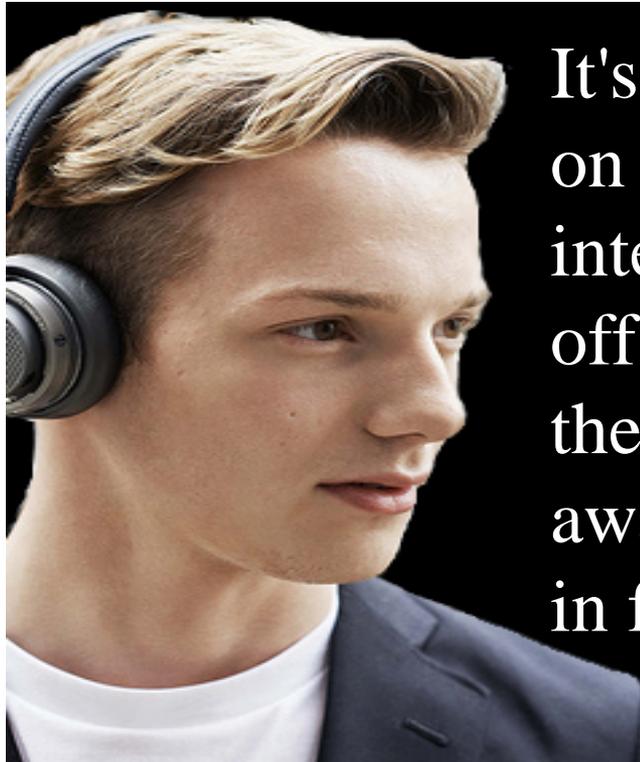
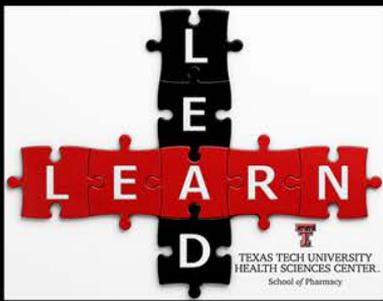
Take the extra effort and put on a button-down or,  
at the very least, a V-neck sweater.



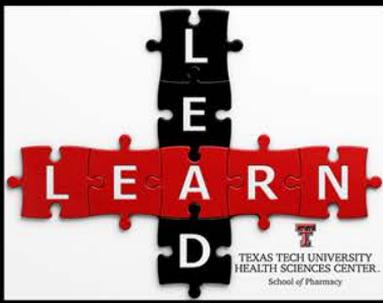
*Don't be THAT Stand Out Guy!*



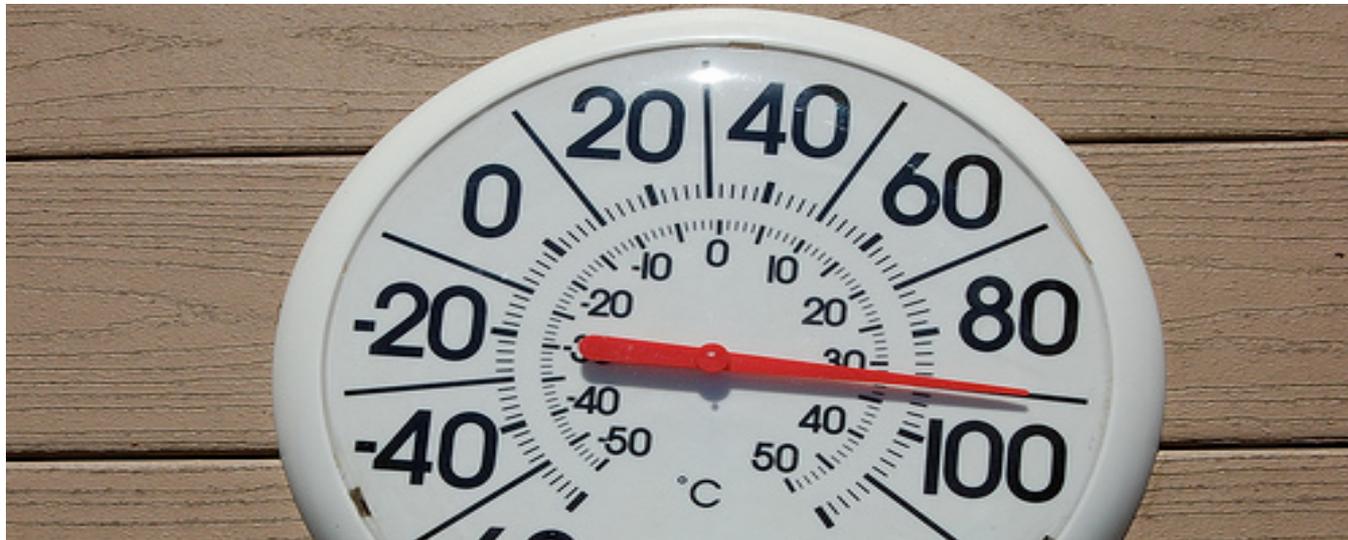
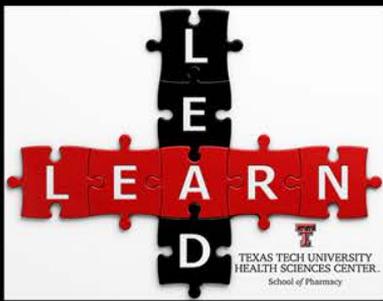
Take it easy on the  
perfume and cologne.  
Your interviewer might  
have an allergy or  
aversion to strong scents



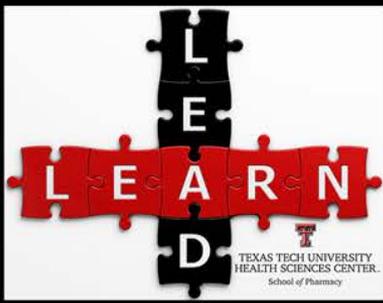
It's fine to listen to music on your commute to the interview, but take them off before you enter the office, and stow them away before you're called in for the appointment.



Otherwise, you risk seeming  
distracted and unfocused,  
and you certainly don't want  
to be fumbling with tangled cords  
as you meet and shake hands with your interviewer.



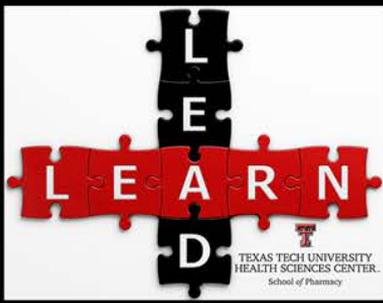
*Yes it's hot in here!*



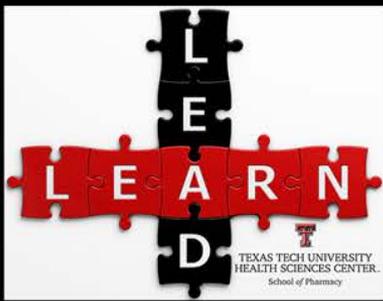
It can be hard to figure out what to wear  
for a summer job interview.

When the weather is warming up,  
no one wants to suffer in a heavy suit.

At the same time, that does not give you an excuse  
to throw professionalism out the window  
and wear super-casual shorts,  
a tank top, or a casual dress.

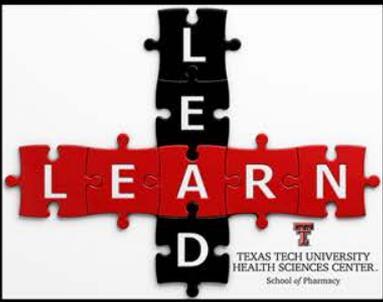


**GENTS  
NO TANK TOPS  
SLEEVES AT  
ALL TIMES**



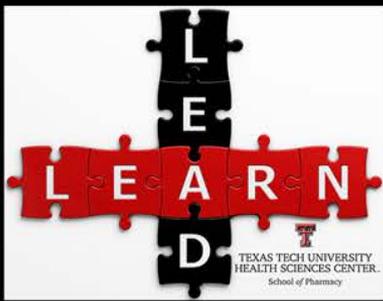
Fortunately, because many summer jobs tend to be more “business casual” than dressy, most likely you won’t have to dress in a dark wool suit or heavy blazer.

Both men and women can consider wearing tailored khakis, a nice polo shirt or button-down, and a pair of nice sensible shoes – but no flip-flops!



*Get with  
the Times!*

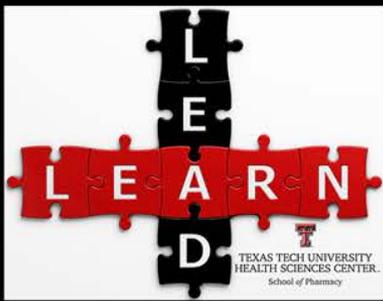




In a tight job market, everything matters  
- including your overall appearance.

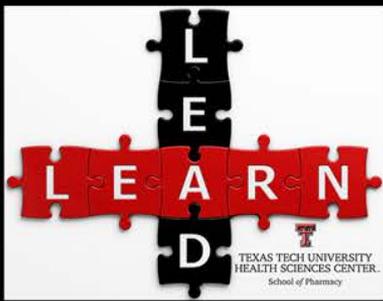
If your wardrobe is outdated,  
or if you have been out of the workforce for awhile  
and your closet reflects it,  
invest in some modern, fashion-forward clothes  
to wear to your interview.

*Don't forget about shoes, either!*



Throwing on a pair of sneakers,  
an old pair of pumps,  
or beat up dress shoes certainly won't  
make you look polished or professional.



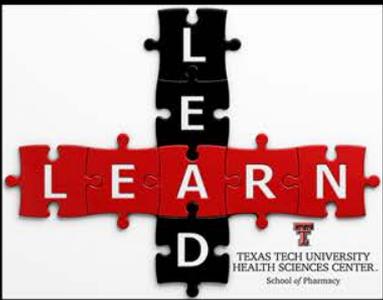


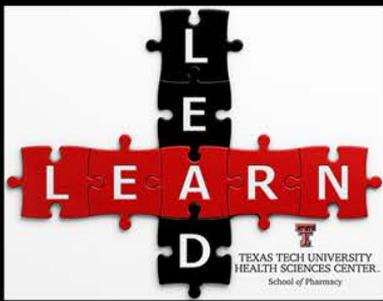
*Ease Up!*



While it's important to look your best, loading on make-up is not the best way to go about it.

- Keep your look natural, avoiding dark eye shadow, bright lipstick or heavy foundation.
- Your best bet is to stick with a light coat of mascara, a touch of powder and some tinted lip balm.
- Aim to look refreshed and awake, without looking too done up.



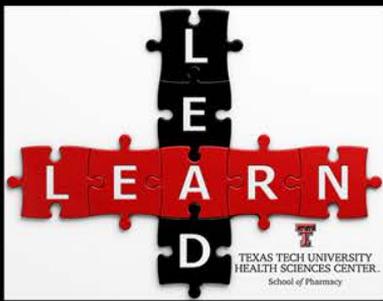


Now is not the time to pull out that novelty tie  
you got last Christmas.

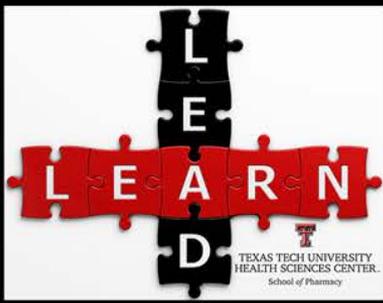
Even if you think your tie will make a statement,  
err on the side of caution and stick  
with something that's more traditional.

A pattern with conservative colors is perfectly fine –  
like subdued stripes or tasteful paisley.

*Don't try to be a funny guy who wears the tacky tie!*



*Ditch the Dazzle!*

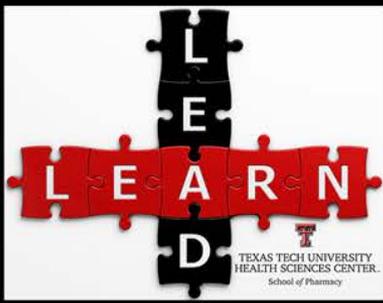


Both women and men should  
keep accessories to a minimum.

Ladies should avoid excess jewelry –  
instead of big hoops or chandelier earrings,  
opt for classic studs.

It's also a good idea to avoid wearing  
flashy necklaces, large sunglasses  
or anything “bedazzled.”

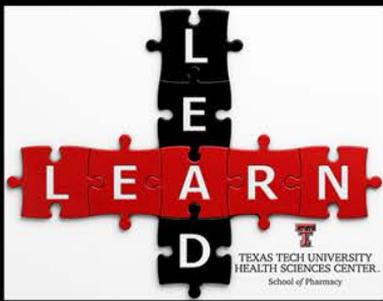




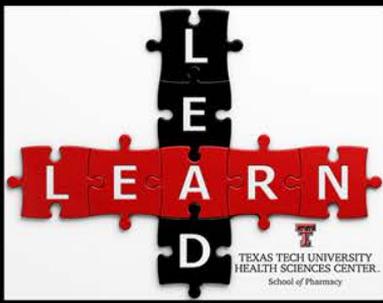
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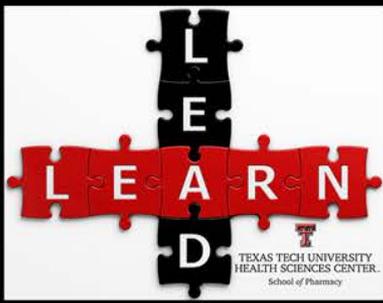


*Really?*



While accessories aren't so much of an issue for men,  
it's important to be mindful of things like  
cufflinks, tie clips and belts.

Don't wear anything you might wear out to a club,  
for example.



Regardless of what you choose to wear,  
just remember that you want  
to look polished and professional.  
Don't let your outfit detract  
from the focus on the interview:



*YOU*, your work experience,  
and how you would be  
the best fit for the job you want.