MyTeamCare for Adolescents (ages 13-17)

PARENT AND PATIENT INFORMATION SHEET

During adolescence, teenagers face many challenges from peer pressure, body image issues, becoming self-sufficient, as well as mental and physical changes. All of these things can affect anyone’s health. Confidential communication between the teenager and a trusted healthcare provider is a very important part of keeping healthy and safe and may even be life-saving.

- **MyTeamCare** is a secure website tool used to view selected health information on a computer. You can also use this tool to communicate with your physician or nurse by sending and receiving confidential messages. Adolescents are already very familiar with using technology such as cell phones, and the computer to communicate with their friends which makes *MyTeamCare* the ideal way for them to communicate about their health concerns or questions. *MyTeamCare should not be used for emergencies but instead call 911.*

- The healthcare teams at Texas Tech Physicians, feel strongly that teenagers should be given the ability to use *MyTeamCare* without fear of embarrassment or judgment by their parents. That is why we have decided that use of *MyTeamCare* during adolescence is only given to the teenager with the parent’s permission and the understanding that the parent will not have access or use of *MyTeamCare* to view their teenager’s health information.

- The physician will keep the communications with the adolescent confidential except when they feel it is in the best interest of the child’s health or safety to contact the parent directly.

- If the parent or legal guardian does not agree to allow the teen to use *MyTeamCare* with their own private access then neither the parent nor teen will be given access during the age of adolescence (13-17 years old).

- If the parent or guardian gives their permission, the teen will create a private password that should not be shared with others. Keeping their information private then becomes their responsibility.

- To cancel the teenager’s access, either the parent or the teen may contact *MyTeamCare* at (877)-621-8014.

- *MyTeamCare* is not the legal medical record and by giving permission and allowing the teen their own access to *MyTeamCare*, the parent still has the right to request a copy of the child’s medical record as outlined in the HIPAA Privacy Policy.