TTUHSC Mentoring Program
MENTEE EXPECTATION WORKSHEET

Directions: Use this worksheet to help you develop an understanding of what you expect to gain from your mentoring relationship. Add your own items whenever you do not find them listed.

Double click in the box if you would like to select that item, then click ‘Checked’ and ‘OK’.

The reasons I want a mentor are to:

- Receive encouragement and support from more experienced faculty
- Increase my confidence
- Challenge myself to achieve new goals and explore alternatives
- Gain a realistic perspective of the academic workplace
- Get advice on how to balance work and other responsibilities and set priorities
- Network
- Other reasons I want a mentor:

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_________________________________________________________________________________

I want my mentor and me to:

- Tour my mentor’s labs/facilities; learn about my mentor’s projects/activities
- Go to formal mentoring events
- Meet over coffee, lunch, or dinner
- Go to educational events such as lectures, talks
- Go to local professional meetings
- Collaborate with on a project
- Other activities I want to do with my mentor:

_________________________________________________________________________________
_________________________________________________________________________________

I hope my mentor and I will discuss:

- Which academic activities will most benefit my career
- Promotion and tenure preparation
- The realities of the academic workplace, how to negotiate, how to deal with department politics
- My mentor’s work
- How to network
- How to manage work and family life
- How to become involved with the community
- How to be an effective teacher
- How to initiate scholarly activity such as case reports, investigator-initiated research
- How to become an administrator
- My 10 year career goal
- Other topics I hope to discuss with my mentor:

_________________________________________________________________________________
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MENTEE EXPECTATION WORKSHEET - Continued

The things I feel are off limits in my mentoring relationship include:

☐ Going to restaurants to meet
☐ Using non-public places for meeting
☐ Sharing private aspects of our lives
☐ Meeting behind closed doors
☐ Other situations or topics that I feel are confidential or off-limits with my mentor:

_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

I hope my mentor will help me with professional advancement by:

☐ Opening doors for my own possible advancement
☐ Introducing me to people who might be helpful to my advancement
☐ Helping me prepare for tenure or promotion
☐ Suggesting potential professional contacts for me to pursue on my own
☐ Critiquing my proposals/tenure packet
☐ Other ways to help me advance professionally:

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_______________________________________________________________________
_______________________________________________________________________

The amount of time I can spend with my mentor will be, on average:

☐ 1 ☐ 2 ☐ 3 ☐ 4 hours each week
☐ 1 ☐ 2 ☐ 3 ☐ 4 hours every other week
☐ 1 ☐ 2 ☐ 3 ☐ 4 hours each month
☐ 1 ☐ 2 ☐ 3 ☐ 4 sessions per year

The Mentee should retain a copy and return the original to:
Thomas E. Tenner, Jr., PhD
Associate Dean
Office of Faculty Affairs and Development
Mail Stop 6213