## Podcast Episode

### Fact Sheet

<table>
<thead>
<tr>
<th>Podcast Series</th>
<th>MS3 Reynolds Geriatric Series</th>
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<tbody>
<tr>
<td>Episode Title</td>
<td><em>Alzheimer’s Disease and Other Dementias, Part 2</em></td>
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<tr>
<td>Personnel</td>
<td>Mohammed Samiuddin, MD; Maria Ranin, MD Texas Tech University Health Sciences Center Amarillo</td>
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### Episode Description

This episode gives an overview of pharmacological and non-pharmacological treatments for Alzheimer’s Disease and other dementias.

### Learning Objectives

The listener should be able to:

1. Describe non-pharmacological treatments for dementia
2. Identify the goals of pharmacological treatments for dementia
3. List the common cholinesterase inhibitors used to treat dementia
4. Describe typical side effects of pharmacological treatments

### Content

- Alzheimer’s Disease & Other Dementias, Part 1 gives a definition of dementia, lists signs, symptoms and stages of the disease, and gives criteria for diagnosis
- Non-pharmacological treatments include physical exercise and mental activities to maintain mental stimulation
- Pharmacological treatments include cholinesterase inhibitors and NMDA receptor antagonists
- New developments to address Alzheimer’s include additional drugs and vaccines

### Comments

### References