




# Podcast Episode Fact Sheet

Podcast Series	<b>MS3 Reynolds Geriatric Series</b>
Episode Title	<b><i>Assessing the Older Adult: Approach to the Patient</i></b>
Personnel	 <<Lynn Bickley, MD Interviewed by Betsy Goebel Jones, Ed.D.
Episode Description	This episode addresses techniques for obtaining a health history from an older adult, focusing on the physician's demeanor, communication style, and approach to the patient.
Learning Objectives <i>The listener should be able to:</i>	<ol style="list-style-type: none"> <li>1. Adjust the environment for a visit with an older patient</li> <li>2. Shape the content &amp; pace of the visit</li> <li>3. Effectively elicit symptoms from the patients</li> <li>4. Address the cultural dimensions of aging</li> </ol>
Content	<p>Introduction: 95% of older adults live in the community (only 5% in long-term care), so most interactions occur in an office setting; this episode addresses ways to make the office visit more accommodating for both patient &amp; physician</p> <p>Major Points</p> <ul style="list-style-type: none"> <li>• environment &amp; ambiance of an office visit</li> <li>• pacing</li> <li>• eliciting symptoms</li> <li>• geriatric syndromes</li> <li>• cultural issues</li> </ul> <p>Summary</p>
Podcast Pearl Topic	Tips for communicating effectively with older adults
Personnel	Dr. Bickley
Major Points	7 tips for effective communication: use bright lighting, speak slowly, consider multiple visits, use open-ended questions, use screening instruments, watch for underlying disorders, provide readable patient education materials.
Comments	
References	Bickley LS, Szilagyi PG. Bates' Guide to Physical Examination & History Taking. Lippincott Williams & Wilkins; 9th edition, 2005, pp. 848-851