# Podcast Episode Fact Sheet

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<tr>
<th>Podcast Series</th>
<th>MS3 Reynolds Geriatric Series</th>
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<tr>
<td>Episode Title</td>
<td>Pharmacological Considerations in Treating Older Patients</td>
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<tr>
<td>Personnel</td>
<td>Mike Ragain, MD</td>
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## Episode Description
This episode outlines 5 strategies for effective prescribing in the elderly.

## Learning Objectives
*The listener should be able to:*

1. Explain how aging-related decline in organ function impacts pharmacokinetics with specific emphasis on the kidneys, liver, blood volume & muscle
2. Explain implications for polypharmacy in the elderly
3. Discuss measures that a physician can take to avoid over-medication in the elderly
4. Use the Beers Criteria to identify potentially inappropriate medications for the elderly
5. Manage clinical situations of pathologies in or drug-related problems in older adults

## Content

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<th>Introduction</th>
<th>Major Points</th>
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<td><em>Know the starting point on medications</em></td>
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<td><em>Prescribe specifically</em></td>
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<td><em>Start low &amp; go slow</em></td>
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<td><em>Watch for drug interactions</em></td>
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<td><em>Simplify drug regimens &amp; stop more than you start</em></td>
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## Podcast Pearl Topic
Considerations for dose regimen in the elderly

## Personnel
Dr. McMahon

## Major Points
Rather than pick a normal dose in the elderly, look for a specific response that the patient should make within about 3 ½-4 half-lives of the drug; then look at blood levels and consider different compounds

## Comments

## References