# Podcast Episode Fact Sheet

<table>
<thead>
<tr>
<th>Podcast Series</th>
<th>Reynolds Geriatric Series</th>
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<tbody>
<tr>
<td>Episode Title</td>
<td>Evaluation of Falls in the Elderly</td>
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<tr>
<td>Personnel</td>
<td>Paul Casner, MD, Professor of Internal Medicine, El Paso. Interviewed by Mike Ragain, MD, Braddock Chair of Family Medicine, Lubbock</td>
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<tr>
<td>Episode Description</td>
<td>This episode outlines the clinical significance of falls in the elderly, the consequences of falls, risk factors for falls, and clinical approaches to the elderly patient who falls.</td>
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## Learning Objectives

The listener should be able to:

1. Describe the clinical significance of falls in the elderly
2. List the consequences of falls in the elderly
3. Screen patients for the risk factors for falls
4. Develop an appropriate care plan for an elderly patient who falls

## Interview Questions

- **Why are falls important to elderly patients?**
- **Are falls more of a problem for elderly in nursing homes?**
- **When an elderly person falls they could injure themselves. What else can happen when an elderly person falls?**
- **Is there any way we can identify the elderly that are at risk for falling?**
- **Are the reasons an older person falls mainly due to weakness or are there other causes**
- **What steps should be taken when a patient comes for an appointment and the physician learns that the patient has fallen?**
- **You mentioned environmental causes of falling. What exactly does that mean?**

## References

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