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**TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER™**
Continuing Nursing Education Program

Accreditation

Texas Tech University Health Sciences Center Continuing Nursing Education Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



20TH ANNUAL SCHOOL NURSE WORKSHOP

**Optimizing School Based Care of
Overweight
and Obese
Children**



School Nurse
Workshop

Tuition and Refunds

Preregistration is advised for all courses. The CNE Program makes decisions regarding continuation or cancellation of specific courses 10 working days prior to the scheduled date of the individual course offering, and maintains the right to cancel specific courses. When CNE cancels, full tuition will be refunded. If an individual wishes to cancel, a refund (10 percent of the tuition is retained for administrative handling) may be requested at least 10 working days before a course, or one may select an appropriate substitute participant to attend after the refund allowance time.

Registration Options

By Mail	Send your registration and payment (Check or Credit Card) to: TTUHSC CNE Program 3601 4th Street STOP 6233 Lubbock, TX 79430-6233
By Fax	Fax to 806-743-1198 . Charge to a major credit card (VISA, MasterCard, or Discover)
In Person	Monday through Friday, between 8 a.m. and 5 p.m. at: School of Nursing Room 2C149 3601 4th Street Lubbock, Texas

For information on any of the Programs at the Texas Tech University Health Sciences Center School of Nursing
Please visit our website at www.ttuhscc.edu/son or call the numbers listed below:

Undergraduate Program and RN - BSN Program	806-743-2737 or toll free at 1-800-493-3954
Graduate, Post Master's and Doctoral Program	806-743-2762 or toll free at 1-800-851-8240

Friday, July 29, 2011
Region 17 Education Service Center
1111 W. Loop 289
Lubbock, Texas

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HEALTH SCIENCES CENTER™**
Continuing Nursing Education Program
3601 4th Street STOP 6233
Lubbock, Texas 79430-6233
(806) 743-2734



20th Annual School Nurse Workshop: Optimizing School Based Care of Overweight and Obese Children

Region 17 Education Service Center
1111 W. Loop 289 | Lubbock, Texas

Friday, July 29, 2011

Purpose/Goals

Overweight and obesity are chronic illnesses affecting almost one third of American children and adolescents. The purpose of this program is to increase nurses' competence in assessing, preventing and managing childhood obesity, and minimizing the burden of physical and emotional suffering associated with obesity in this population. Upon completion of this course, nurses will be able to:

- Apply current guidelines for the prevention, assessment, and treatment of childhood obesity.
- Explain the physiological regulation of body weight and the pathophysiology of weight loss and weight recovery.
- Describe weight bias, the psychosocial problems associated with childhood obesity, and strategies to reduce weight bias.
- Apply assessment and intervention strategies to reduce the systemic problems of obesity in children and adolescents.

Objectives

- Discuss current guidelines for the prevention, assessment, and treatment of childhood obesity.
- Explain the physiological regulation of energy homeostasis, adaptation to weight loss, and weight recovery.
- Describe weight bias, the psychosocial problems associated with childhood obesity, and strategies to reduce weight bias.
- Describe assessment and intervention strategies to reduce the systemic problems of obesity in children and adolescents.

For more information about the CNE Program:

- Call 806-743-2734 • Fax 806-743-1198
- E-mail cne@ttuhsc.edu • Visit www.ttuhsc.edu/son/cne
- The CNE Program partners with TTUHSC Health.edu. in offering online continuing nursing education. Visit www.ttuhsc.edu/health.edu

Faculty

Mary Madeline Rogge, PhD, RN, FNP, Associate Professor at Texas Tech University Health Sciences Center Anita Thigpen Perry School of Nursing, has professional expertise in chronic illness, pathophysiology, and educational technology. She is a Family Nurse Practitioner, and a member of the American Academy of Nurse Practitioners and the Obesity Society. She has extensive education and practice in working with individuals and families experiencing chronic illness, particularly obesity, type 2 diabetes, and cardiovascular disease. She has published and presented nationally on the pathophysiology of obesity and weight loss, and has served as a journal peer reviewer for obesity manuscripts.

Emily Merrill, PhD, RN, FNP BC CNE FAANP, Professor and Department Chair of Nurse Practitioner Studies Program at Texas Tech University Health Sciences Center has professional expertise in primary care, and as an educator and administrator in preparing graduate students for advanced practice roles as nurse practitioners. She maintains an active practice as a Family Nurse Practitioner in Family Medicine. She has presented nationally on the subject of weight bias in health care.

REGISTRATION INFORMATION	
Class Schedule	Registration: 7:30 a.m. - 7:55 a.m. Class: 8:00 a.m. - 4:30 p.m. Lunch break: 11:45 a.m. – 12:45 p.m. Lunch provided on-site for ALL participants.
Contact Hour Credit CNS1001A	** 7.0 contact hours will be provided for this program. TNA, CCNA, and ENA automatically accept these ANCC accredited contact hours.
Registration Fee	\$115 by July 14; \$140 after July 14 Lunch is included!!!

****Please remember you must attend the ENTIRE program to receive Contact Hour Credit.** If you are not able to attend the entire seminar, please contact us to issue you a letter of partial completion. This letter does NOT serve as partial Contact Hour Credit; it is simply a verification of the hours you did attend.

10% discount!!! Register 4 or more nurses from one school/agency. A **school/agency** may receive a 10% discount by registering four or more employees at the same time. **One check/payment from the agency** must accompany the registration forms and be postmarked on or before the deadline date. Forms and fees postmarked after the deadline date are not eligible for this discount.

Hotel Accommodations

Blocks of rooms have been reserved at: Holiday Inn Park Plaza, 3201 South Loop 289, Lubbock (806) 797-3241 and LaQuinta Inn North, 5006 Auburn, Lubbock 806-749-1600. Ask for the "TTUHSC School Nurse Workshop" to receive their special rates. Reservations must be made by July 14th.

Texas Tech University Health Sciences Center
Continuing Nursing Education Program Registration

Name _____
Last First Middle

Home Mailing Address _____
Number Street

City State Zip

DAYTIME Phone (____) _____
Participant ID - Last 4 digits SS #

E-mail _____

Have you attended a TTUHSC Continuing Nursing Education course before?

Yes No

Check here to be added to our mailing list or if you have a change in address.

Academic Preparation (check all that apply)	Ethnicity	Age	Gender
<input type="checkbox"/> Nursing <input type="checkbox"/> Doctorate <input type="checkbox"/> Master's <input type="checkbox"/> Baccalaureate <input type="checkbox"/> Diploma <input type="checkbox"/> Vocational <input type="checkbox"/> Associate	<input type="checkbox"/> Non-Nursing <input type="checkbox"/> Doctorate <input type="checkbox"/> Master's <input type="checkbox"/> Baccalaureate <input type="checkbox"/> Associate	<input type="checkbox"/> Asian/Pacific Islander <input type="checkbox"/> Black not of Hispanic origin <input type="checkbox"/> White not of Hispanic origin <input type="checkbox"/> Hispanic <input type="checkbox"/> Native American/Alaskan	<input type="checkbox"/> 20-30 <input type="checkbox"/> 31-40 <input type="checkbox"/> 41-50 <input type="checkbox"/> 51-60 <input type="checkbox"/> 61 & over <input type="checkbox"/> Female <input type="checkbox"/> Male
Primary Practice Specialty (Mark ONLY One)			
<input type="checkbox"/> Administration <input type="checkbox"/> Case Management <input type="checkbox"/> Community Health <input type="checkbox"/> Correctional/Prison/Jail Health <input type="checkbox"/> Critical Care <input type="checkbox"/> Education (School of Nursing) <input type="checkbox"/> Education (Inservice/Staff Development)	<input type="checkbox"/> Emergency Nursing <input type="checkbox"/> General Nursing <input type="checkbox"/> Geriatrics <input type="checkbox"/> Home Health <input type="checkbox"/> Hospice <input type="checkbox"/> Medical/Surgical <input type="checkbox"/> Obstetrics	<input type="checkbox"/> Oncology <input type="checkbox"/> Orthopedics <input type="checkbox"/> Office/Clinic <input type="checkbox"/> Pediatrics <input type="checkbox"/> Primary Care <input type="checkbox"/> Psychiatric/Mental Health <input type="checkbox"/> Public School Nurse/ISD	<input type="checkbox"/> QA/Risk Management <input type="checkbox"/> Rehabilitation <input type="checkbox"/> Retired <input type="checkbox"/> Unemployed <input type="checkbox"/> Other (Please specify below) _____ (other)
Present Position (Mark ONLY One)		Employment Setting (Mark ONLY One)	
<input type="checkbox"/> Administration <input type="checkbox"/> Director of Nursing <input type="checkbox"/> Asst. Director of Nursing <input type="checkbox"/> Charge Nurse <input type="checkbox"/> Head Nurse <input type="checkbox"/> Clinical Specialist <input type="checkbox"/> Consultant <input type="checkbox"/> Inservice Education/Staff Development <input type="checkbox"/> Educator in School of Nursing <input type="checkbox"/> Public School Nurse	<input type="checkbox"/> Staff Nurse - RN <input type="checkbox"/> Staff Nurse - LVN <input type="checkbox"/> Nursing Student <input type="checkbox"/> Case Manager <input type="checkbox"/> Nurse Practitioner <input type="checkbox"/> QA/PI Nurse <input type="checkbox"/> Retired <input type="checkbox"/> Unemployed <input type="checkbox"/> Other (Please specify below) _____ (other)	<input type="checkbox"/> Clinic <input type="checkbox"/> Correctional/Prison/Jail <input type="checkbox"/> Home Health Agency <input type="checkbox"/> Hospice <input type="checkbox"/> Hospital <input type="checkbox"/> Nursing Home <input type="checkbox"/> Nursing Student Currently Unemployed <input type="checkbox"/> Office/Private Practice <input type="checkbox"/> Public Health Agency <input type="checkbox"/> Public School System/ISD <input type="checkbox"/> School of Nursing <input type="checkbox"/> State School <input type="checkbox"/> Retired <input type="checkbox"/> Unemployed <input type="checkbox"/> Other (Please specify below) _____ (other)	

20th Annual School Nurse Workshop July 29, 2011	\$115 by July 14; \$140 after July 14 Lunch is included!!!	Fee \$ _____
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Major credit cards (shown at right) now accepted. Please check box by preferred card.

Card Holder Name _____

Card Number _____ CV2 Code _____ Exp. Date _____

Signature Required Here _____

PLEASE RETURN TO: TTUHSC-CNE Program 3601 4th Street STOP 6233 Lubbock, TX 79430-6233