2013 Nurse Practitioner Conference
March 7–8, 2013

Co-Provided By:
South Plains Nurse Practitioner Association,
Sigma Theta Tau International-Iota Mu Chapter

International Cultural Center
601 Indiana Avenue, Lubbock, Texas

Accreditation: Pending approval by the American Academy of Nurse Practitioners as an approved provider of nurse practitioner continuing education.
Thursday, March 7, 2013

Morning Session (8:30 – 11:15 a.m.)
DIAGNOSIS AND TREATMENT UPDATE: MOOD AND ANXIETY DISORDERS IN PRIMARY CARE
Presented by: Cristina Carlson, BA, BSN, MA, MSN

PURPOSE/OBJECTIVES
To provide an update on the diagnosis and treatment of mood and anxiety disorders.

FACULTY
Cristina Carlson, BA, BSN, MA, MSN, works for Sage Neuroscience Center as a Clinical Nurse Specialist in Psychiatry. She has worked in a variety of outpatient settings providing mental health care including evaluation, psychotherapy and medication management. Ms. Carlson has been a preceptor for nurse practitioner students in the art of prescribing psychotropic medications and has taught nursing and medical students as well as residents in the diagnosis and treatment of psychiatric patients. She has also taught classes and lectured on the diagnosis and treatment of psychiatric disorders. Ms. Carlson has worked seven years as the psychiatric provider in the medical clinic at Albuquerque Healthcare for the Homeless.

Afternoon Session (12:15 – 4:45 p.m.)

ARE YOUR LEGAL BASES COVERED? PRESCRIBING: PREVENTING LEGAL PITFALLS
Presented by: Carolyn Buppert, MSN, CRNP-Adult, JD

PURPOSE/OBJECTIVES
To provide an update on recommended APRN best prescribing practices to improve patient care and reduce legal risks.

FACULTY
Carolyn Buppert, MSN, JD is the author of seven books on the legal issues affecting nurse practitioners. She also has twenty years of legal practice specializing on the legal issues affecting nurse practitioners, and seventeen years of practice as a nurse practitioner before practicing law full time. She is a frequent speaker on advising individual clinicians, hospitals, agencies and medical practices.

Friday, March 8, 2013

Morning Session (8:30 – 11:45 a.m.)
DIABETES MANAGEMENT AND PHARMACOTHERAPEUTICS UPDATE 2013
Presented by: Dixie L. Harms, DNP, ARNP, FNP-C, BC-ADM, FAANP

PURPOSE/OBJECTIVES
To provide an update on diabetes management and pharmacotherapeutics.

FACULTY
Dixie L. Harms DNP , ARNP , FNP-C, BC-ADM, FAANP has been a family nurse practitioner with the same clinic for the past 10 years. She is involved with all aspects of diabetes care including diabetic education, routine diabetes care and initiation of insulin therapy. Dr. Harms has also provided bioidentical hormone therapy for the past 10 years. She is a Fellow of the AANP and has made state and national presentations at TNP and AANP conferences.

Afternoon Sessions (12:45 – 4:30 p.m.)

HYPERTENSION-DIAGNOSIS, TREATMENT AND PHARMACOLOGY UPDATE
Presented by: Dixie L. Harms, DNP, ARNP, FNP-C, BC-ADM, FAANP

PURPOSE/OBJECTIVES
To provide an update on the diagnosis and treatment of hypertension and a pharmacology update.

FACULTY
Dixie L. Harms DNP, ARNP, FNP-C, BC-ADM, FAANP has been a family nurse practitioner with the same clinic for the past 10 years. She is involved with all aspects of diabetes care including diabetic education, routine diabetes care and initiation of insulin therapy. Dr. Harms has also provided bioidentical hormone therapy for the past 10 years. She is a Fellow of the AANP and has made state and national presentations at TNP and AANP conferences.

2013 Nurse Practitioner Conference Registration Form

Total fee of $150.00 when registered by February 21, 2013
Total fee of $180.00 when registered after February 21, 2013

I plan to attend the NP and Preceptor Reception at 4:30 on March 7th.

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