

# EVOLVING *Connections*



The TTUHSC Alumni Relations office is proud to offer another communication network for alumni. The TTUHSC Alumni App provides users with access to news resources, including Pulse magazine, social media—you can follow all the alumni accounts—as well as membership options to the TTUHSC Alumni Association straight from your mobile device.

The app also boasts a mobile-friendly directory for the 20,000-strong network, providing alum with convenient networking opportunities. Everything is safe and verified through alumni identification number and last name. The app was launched in October and is available to all TTUHSC alumni.

Julie Doss, JD, senior director of the TTUHSC Alumni Relations office, said the mobility of the app is a major benefit to alumni.

“The TTUHSC Alumni Association mobile app is a great way to keep our alumni connected while on the go,” she said. “Alumni can learn about social events, update their contact information, and even join the Alumni Association from straight from their phone. We’re excited about the possibilities this brings our alumni.”

Jeff Barnhart, MSCPM, FACHE, (Health Professions '13) chief executive officer for the Deaf Smith County Hospital District, agreed.

“The (TTUHSC) alumni app is the perfect way to stay connected to campus happenings,” he said. “I love this app!”

The app can be downloaded on iTunes and Google Play. Enhance your networking opportunities and strengthen your alumni connection with this new tool.

## STETHOSCOPES FOR STUDENTS



*Few tools of the trade are more vital than the stethoscope. School of Medicine alumni, support an incoming student by giving to the Stethoscopes for Students program.*

Visit [ttuhsc.edu/alumni/stethoscopes.aspx](http://ttuhsc.edu/alumni/stethoscopes.aspx) to learn more



Allphin



Attaya



Griswold



Islam



Martincheck



Moon



Paullus



Spiegelberg



Tarbox



Thompson



Vasudev



Wells



Zeitouni

## Awards & Accolades

**ALLAN ALLPHIN, MD, FACS**, (Medicine '87) a physician for Mercy Clinic Ear, Nose and Throat in Springfield, Missouri; and **DAVID MARTINCHECK, MD**, (Resident '11) a physician for Texas Pain Consultants in Waco, were recognized by The International Association of HealthCare Professionals in The Leading Physicians of the World publication.

**EMAN ATTAYA, MD**, (Medicine '05) associate professor of neuroradiology in the School of Medicine, was elected to the Texas Medical Association Council on Health Promotion. She also published a children's book, "Have You Ever Seen a Sunset Before?" The book can be purchased on Amazon.

**JOHN GRISWOLD, MD**, (Resident '86) Department of Surgery Chair Emeritus and medical director of the Timothy J. Harnar Burn Center, was the recipient of the Lubbock County Medical Society's prestigious 2017 Hippocratic Award for his dedication to the community.

**SAMEER ISLAM, MD**, (Medicine '08) gastroenterologist with Physician Network Services in Lubbock, was elected to the Texas Medical Association Council on Practice Management Services. He also received the Lubbock County Medical Society Young Physician Award.

**MICHAEL D. MOON, PHD**, (Nursing '87) associate professor at the University of the Incarnate Word Ila Faye Miller School of Nursing and Health Profession in San Antonio, and former TTUHSC School of Nursing faculty, received the National Emergency Nurses Association 2017 Nurse Educator Award.

**CP PAULLUS, MD**, (Medicine '05) was listed as a 2017 "Texas Rising Star" in Texas Monthly. Rising Stars recognizes physicians who have experienced professional success early in their careers and have earned the confidence and high regard of their peers. Paullus is a neurosurgeon for Southwest Neuroscience and Spine Center in Amarillo, Texas.

**JESSICA SPIEGELBERG, FNP**, (Nursing '12) was honored as the Nurse Practitioner of the Year by the South Plains Nurse Practitioner Association. Spiegelberg is an associate nurse practitioner with the School of Medicine Department of Psychiatry.

**MICHELLE TARBOX, MD**, (Medicine '05) assistant professor of dermatology in the School of Medicine, was appointed to the Texas Medical Association Committee on Membership.

**MARK THOMPSON, MD**, (Medicine '95) was named a 2017 Top Doctor in Kansas City, Missouri. Top Doctor Awards honors health care practitioners who have demonstrated clinical excellence while delivering the highest standards of patient care.

**REJEESH VASUDEV, MD, FACP**, (Resident '10) a Nephrologist at BCS Kidney Center in Bryan, College Station, Texas, has been named a 2018 Top Doctor by Top Doctor Awards.

**BRANDON WELLS, MPAS, PA-C**, (Health Professions '09) received a Certificate of Added Qualifications in orthopaedic surgery from the National Commission on Certification of Physician Assistants.

**NAWAL ZEITOUNI, MD**, (Medicine '96) was appointed to the Texas Medical Association Committee on Child and Adolescent Health.

## TTUHSC El Paso Hosts Alumni Night

TTUHSC El Paso alumni were special guests one evening during the TTUHSC El Paso's annual summer film series, Red Raider Reels. They and their families enjoyed a free screening of the live-action fantasy "Beauty and the Beast," pizza and chances to win Red Raider swag. In addition, proceeds earned from popcorn sales benefitted TTUHSC El Paso's Student Excellence Fund, which supports scholarships and other campus services and initiatives.

Red Raider Reels, started in 2015, invites the community to enjoy the campus and interact with students and staff. The 2017 series also included screenings of "Sing," "A League of their Own," "Moana" and "Dr. Strange."



## Nursing Alum Helps Improve Hospital's Quality of Care

In a hospital setting, the time it takes to provide pain relief is an important measure of how well the emergency department is performing.

"The clock starts ticking as soon as a patient hits the emergency room," explained Cory Loose, BSN (GGHSON '16). "As soon as pain medication is administered, the clock stops."

Loose, an emergency room nurse at the University of Iowa Hospitals and Clinics (UIHC) in Iowa City, Iowa, recently reviewed how his own hospital was performing against this measurement.

Loose specifically examined how long it took patients with arm or leg fractures to receive pain relief. After collecting hospital data, he found that the median patient waiting time for pain medication was 45 minutes. That left room for improvement; the national median is 50 minutes.

"Reducing the amount of time patients experience pain is an obvious necessity," Loose said. But its delay has even bigger consequences.

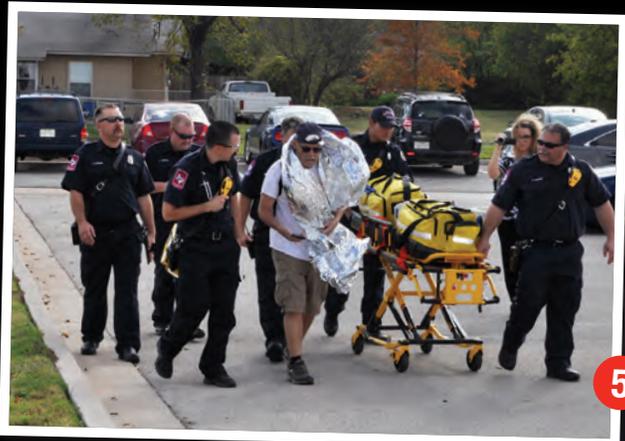
Evidence shows that acute pain is associated with the development of chronic pain. That means effectively managing sudden pain after trauma can reduce a patient's lifetime risk of pain.

To avoid these types of cases, Loose provided a series of recommendations to help UIHC cut its time. One key recommendation was to establish nurse-implemented order sets, specific instructions for nurses based on a patient's initial assessment. These orders can enhance the workflow in the emergency department and reduce clinical errors.

"Cory's research of this core measure has given us a better understanding of what data are collected and how we can improve our care of the patient and provide better patient outcomes," said Barbara Schuessler, MSN, MBA, associate director of nursing in emergency medicine at UIHC. "Our next step will be to incorporate his findings into education for our staff. In doing so, our patients will have less pain and potentially a superior outcome than before."

After the recommendations are implemented, the UIHC emergency department will include Loose's research as part of its application for a Lantern Award. The national award is highly coveted for its recognition of emergency departments that incorporate evidence-based practice and innovation. UIHC received the Lantern Award in 2016.

SCENE IT





1 Alumni gather at the Grotto Downtown in Houston to celebrate the 15th graduating class of the Master's of Athletic Training program. Follow the TTUHSC Alumni Association on Facebook for details about upcoming receptions. 2 Lubbock media visit TTUHSC for "Media Day" to learn about the impact of philanthropy in fulfilling the university's mission. 3 TTUHSC students volunteer at the second annual "Day of Service" event. In all, 241 students volunteered with 18 non-profit organizations in five cities. 4 Incoming TTUHSC medical students pick up their scrubs and stethoscopes at the 2017 Scrub Party. 5 Students from TTUHSC at Abilene and local colleges and universities prepared for real-life scenarios during Trauma Day, hosted by TTUHSC. The simulated learning experience placed students in high-pressure situations, treating manikins and standardized patients (actors). 6 TTUHSC and TTUHSC El Paso alumni attend the 2017 official tailgate hosted by the TTUHSC Alumni Association. 7 The Paul L. Foster School of Medicine officially welcomed its ninth class of medical students in July. The 103 future doctors in the class of 2021 are part of TTUHSC El Paso's largest enrollment yet. 8 TTUHSC El Paso unveiled new shuttle wrap designs that pay homage to its three schools: the Paul L. Foster School of Medicine, Gayle Greve Hunt School of Nursing and Graduate School of Biomedical Sciences. 9 Gayle Greve Hunt School of Nursing students began their first clinical rotations in July at El Paso's newest teaching hospital, The Hospitals of Providence Transmountain Campus. 10 The Third Annual Hearts for Sparks Golf Classic was held in August. The event benefits TTUHSC El Paso's Medical Student Run Clinic, which provides free health care services to the Sparks community.