

## LOWE LAB EXPECTATIONS

### -Own your projects

- Plan, develop, and troubleshoot your experiments
  - You should be the one constantly pushing for progress
- Minimize downtime
- Keep accurate records and continually update your laboratory notebook

### -Publish 1 review article and 1 research article EACH year (as first author)

- Authorship is determined based on significant active contributions (i.e., intellectual ideas, experimental designs, data analysis).

### -Attend/present at 1 scientific conference EACH year

### -Read the scientific literature

### -Help maintain a well-run laboratory

- Some examples: safety, lab chores, utilize lab resources wisely, play nice with others

### -Work hard and efficiently each day

- Your graduation is dependent on the work that you produce. You have to put in significant time to adequately complete your projects.

### -Communication

- Constantly update me on your research progress and challenges
- Keep me aware of why you are unable to work in the lab
- BE PERSISTENT IN ASKING FOR MY ATTENTION

## **My promises to you:**

-I am your greatest ally for exceling in the Ph.D. program

-I am committed to mentoring you now and in the future

- This is a huge area that encompasses research and professional development

-I am available to you day or night for any help with issues in your life