



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER.
**CAMPUS ALLIANCE FOR
TELEHEALTH RESOURCES**
Supported by TCHAT

ESC 14 Counseling and Therapy Resources

National/Regional Resources

Name of Resource	Phone Number	Notes
National Suicide Prevention Hotline	1-800-273-8255	Available 24/7
National Suicide Prevention Hotline	988	Call, text, or chat Available 24/7 (Available July 16, 2022)
Spanish Suicide Prevention Hotline	1-888-628-9454	Callers will be connected to a skilled trained counselor
National Suicide Prevention Hotline (For Deaf and Hard of Hearing)	Dial 711 then 1-800-273-8255	For TTY Users; Available 24/7
LoveLine	888-550-1588	Hotline (call, text, or email) especially for single parents and pregnant women. Can provide financial assistance and case management. https://loveline.com/
National Text Line	741741	Free and confidential; Available 24/7
RAINN: National Sexual Assault Hotline	800-656-HOPE 800-656-4673	https://www.rainn.org/about-national-sexual-assault-online-hotline
Trevor Lifeline for LGBTQ youth	866-488-7386	https://www.thetrevorproject.org/
Teen Text Crisis Line	855-449-1212 Text Only	Operates from 3:00pm to midnight daily
24-Hour Runaway Hotline	1-800-778-7673	Available 24/7
24-Hour Youth Crisis Hotline	1-800-530-4740	Available 24/7
National Domestic Violence Hotline	1-800-799-7233	https://www.thehotline.org/
Cyber Bullying Hotline	1-800-420-1479	Available 24/7
Substance Abuse and Mental Health Services Administration Hotline	1-800-662-4357	https://www.samhsa.gov/find-help/national-helpline
NAMI Help Line –Information Only	800-950-6264	Toll free number
Texas Substance Abuse Hotline	877-966-3784	Toll free number
Texas Youth Hotline	1-800-989-6884	Free and confidential; Available 24/7
Texas Abuse Hotline	1-800-252-5400	Available 24/7

Local Mental Health Authority (LMHA)

Name of Resource	Phone Number	Address	Notes
Betty Hardwick Center	Main Phone: (325) 690-5100, press 4 for child mental health services Crisis Phone: (800) 758-3344	2616 S. Clack St., Abilene, TX 79606 (Serves Callahan, Jones, Shackelford, Stephens and Taylor counties)	Accepts most insurance and Medicaid; Also offers sliding scale fee https://bettyhardwick.org/
Center for Life Resources	Main Phone: (325) 646-9574 Crisis Phone: (800) 458-7788	408 Mulberry Brownwood, TX 76801 (Serves Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba counties)	Accepts most insurance and Medicaid; Also offers sliding scale fee https://cflr.us/ns/
West Texas Centers	Main Phone: (432) 263-0007 Crisis Phone: (800) 375-4357	319 Runnels St. Big Spring, TX 9720 (Serves Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum)	Accepts most insurance and Medicaid; Also offers sliding scale fee https://www.wtcmhmr.org/
Helen Farabee Centers	Main Phone: (940) 397-3143 Crisis Phone: (800) 621-8504	1000 Brook St. Wichita Falls, TX 76301 (Serves Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young)	Accepts most insurance and Medicaid; Also offers sliding scale fee https://www.helenfarabee.org/

West Texas Centers: Nolan County MHC	Main Phone: (325) 236-6619 Crisis Phone: (800) 375-4357	304 New Mexico Ave. Sweetwater, TX 79556 (Serves Nolan and Fisher County)	Accepts most insurance and Medicaid; Also offers sliding scale fee
Helen Farabee Centers: Headstream County Center	Main Phone: (940) 864-3472 Crisis Phone: (800) 621-8504	1201 North 1 st . Suite A Haskell, TX 79521 (Serves Haskell, Baylor, Throckmorton, Stonewall, King, Dickens, and Knox)	Accepts most insurance and Medicaid; Also offers sliding scale fee

Local Resources

Name of Resource	Phone Number	Address	Notes
Abilene Christian University (ACU) Marriage and Family Institute (MFI)	(325) 674-3724	1850 Teague Blvd., Abilene, TX 79699	Sliding Scale, general fee of \$5 per session
Abilene Christian University (ACU) Psychology Clinic	(325) 674-4826	1201 E Ambler Ave., Abilene, TX 79601	Traditionally a flat fee (\$10 per session), but can be reduced
Abilene Family Counseling	(972) 810-7749	1017 Butternut St. Abilene, TX	Prices vary with LPC Associates ranging \$40 - \$75
Allison Clifton, LPC (Mosaic Wellness)	(325) 308-6082	5189 Texas Ave. Abilene, TX 79605	Sliding Scale: \$75-\$105; Accepts BCBS & Magellan *Ages 14+ y/o
Allison Paige Massey, LPC Associate	(325) 216-4469	5189 Texas Ave. Abilene, TX 79605	Sliding Scale: \$40 - \$65
Amber Kennedy, LPC, CCTSI	(325) 480-0192	702 Hickory Street Suite C Abilene, TX 79601	Sliding Scale: \$65-\$165. Accepts Medicaid and most insurances. Ages 11+ y/o
Ashlyn Railsback, LPC Associate (Life Renovations)	Email only	4200 Woods Place Abilene, TX	Contact via Email: Ashlyn_railsback@outlook.com
Brenna G. Camp, LCSW (Recourage Counseling)	(325) 896-4151	702 Hickory St., Suite C Abilene, TX 79601	Sliding Scale: \$90-\$120. Accepts Medicaid and most insurances. Ages 14+ y/o
Brian Hudspeth, LPC LCDC, SAP & Associates	(325) 261-0912	1049 N 3 rd St. Suite 602 Abilene, TX 79601	\$90-\$200 per session; Accepts most insurances and Medicaid
Brittney Mendoza, LMFT-A (New Life Counseling)	(325) 400-3405 ext. 111	318 Cedar Street Abilene, TX 79601	Sliding Scale: \$60-\$100. Ages 11+ y/o

Candace Gail Kennemer, LPC	(325) 238-7975	4400 Buffalo Gap Road Abilene, TX 79606	Sliding Scale: \$40-\$150. Accepts most insurance and Medicaid
Christina R Rolerson, LCSW-S (Cross Harbor Counseling)	(210) 879-6356	500 Chestnut Street Suite 1500 Abilene, TX 79606	Sliding Scale: \$90-\$120 per session; Ages 6+ y/o
Christy Hernandez, LPC (New Life Counseling)	(325) 252-9978 ext. 119	318 Cedar Street Abilene, TX 79601	Sliding Scale; Accepts AMERIGROUP, BCBS, Cigna, Medicaid, MultiPlan, Superior HealthPlan & UnitedHealthcare
Daniel D. Knightstep, LPC	(325) 515-4015	5189 Texas Avenue Abilene, TX 79605	Telehealth offered. Sliding Scale: \$60-\$115. Medicaid and most insurances accepted. Ages 11+ y/o
Debbie Bowen, LPC	(325) 216-8411	2666 Industrial Abilene, TX 79605	\$60-\$100. Accepts Medicaid and most insurances. Ages 11+ y/o
Derek Tuley, LCSW (New Life Counseling)	(325) 446-1561 ext. 103	Abilene, TX 79601	Sliding Scale: \$40-\$125. Accepts Medicaid and most insurances. Ages 11+ y/o
Erika A Yourdan, LMFT, LAC, LCDC	(325) 252-3731	Located on the 3rd floor of First Financial Bank. 3300 South 14th Street Suite 319 Abilene, TX 79605	Sliding Scale: \$105-\$125 per session; Accepts Aetna, Cigna, TriCare & BCBS
Free Birds Counseling	(325) 400-3628	4601 Buffalo Gap Suite A2 Abilene, TX 79606	Sliding Scale: \$50-\$100. Medicaid and most insurances accepted. Ages 6+ y/o
Gwendolyn Merentes, LCSW (Recourage Counseling)	(325) 219-5391 ext. 3	702 Hickory St., Ste C Abilene, TX 79602	Sliding Scale: \$45-\$135. Ages 11+ y/o
Haley Stromberg, LMFT	(325) 378-0439	238 Sayles Boulevard Abilene, TX 79605	Sliding Scale: \$75-\$125; Online Therapy *Ages 11+ y/o
Hardin Simmons (HSU) Psychology & Counseling Center	(325) 670-1531	1317 Vogel St., Abilene, TX 79698	Flat fee (\$10.00 per session)
Heidi White Morris, LPC (MFI)	(325) 515-0105	Marriage and Family Institute Abilene, TX 79601	Tele-counseling Services Only. Ages 6+ y/o; \$100-\$110 per session
Hilaria (Lindsay) Del Valle, LPC	(325) 420-4318	1219 ES 11 th Suite B1 Abilene, TX 79602	Sliding Scale: \$50-\$120. Ages 11+ y/o
Itzell Gómez Rojas, LPC Associate	(325) 221-0061	Woods Place Abilene, TX 79602	Sliding Scale: \$75-\$90 per session

Jayne Beal, LPC	(325) 238-9028	500 Chestnut Street Suite 1500 Abilene, TX 79602	Sliding Scale: \$80-\$100. Accepts AMERIGROUP, Cigna, Medicaid & Blue Cross
Jeffrey D. Emery, LMFT-S	(325) 221-4703	5189 Texas Ave Abilene, TX 79605	\$105-\$130. Accepts Medicaid and most insurances. 11+ y/o
Joy Henderson, LPC (New Life Counseling)	(325) 221-0284 ext. 115	318 Cedar St Abilene, TX 79601	Sliding Scale: \$50-\$120. Accepts Medicaid and most insurances. Ages 11+ y/o
Julia Six, LMFT-A (Highland Counseling Center)	(325) 252-4774	238 Sayles Blvd Abilene, TX	Sliding Scale: \$45-\$100. Ages 11+ y/o
Kay Gillette, LMFT	(325) 208-4766	Online Only	Sliding Scale: \$100-\$140. Accepts Aetna, BCBS, UnitedHealthcare & Out of Network. Ages 14+ y/o
Kristen Pitzer, LPC, PLLC	(432) 897-4620	Abilene, TX 79602	Sliding Scale: \$80-\$115. Accepts Medicaid and most insurances.
Lori Copeland, LPC-S, RPT-S, NBC-HWC	(325) 276-4845	500 Chestnut Street Ste 1602 Abilene, TX 79602	Sliding Scale: \$85-\$115; Accepts BCBS, Medicaid, CHIP, Cigna, Scott & White Health Plan & Superior Health Plan
Lori Lara, LPC	(325) 455-8135	1969 Industrial Blvd. Studio 16 Abilene, TX 79602	Sliding Scale: \$60-\$100. Accepts Medicaid and most insurances. Ages 14+ y/o
Mandy Lamberson, LPC	(325) 400-2666	318 Cedar Street Abilene, TX 79601	Sliding Scale. Accepts Medicaid and most insurances.
Martin Pittman (Life Renovations)	(325) 939-8413	1 Village Dr., Building 1, Ste 350, Abilene, TX 79606	Accepts most insurance and Medicaid; Sliding Scale: \$45- \$130. Ages 6+ y/o
Maryann Holt, LMFT-A (Abilene Family Counseling)	(325) 313-3961	1017 Butternut Street Abilene, TX 79602	\$60+ per session; Ages 6+ y/o
Methodist Children's Home (MCH) Family Solutions	(325) 672-9398	1 Village Dr., Suite 102, Abilene, TX 79606	FREE
Ministry of Counseling and Enrichment	(325) 672-9999	1502 N 1st St., Abilene, TX 79601	Accepts most insurance and Medicaid; Also offers sliding scale fee (ranging from \$50-\$90 per session)
Mosaic Wellness	(325) 232-7530	5198 Texas Ave., Abilene, TX 79605	Prices vary with counselors ranging from \$70 - \$150
Rachael McCormick, LPC, LCDC	(325) 221-5413	500 Chestnut Street Ste 1567 Abilene, TX 79602	\$100+ per session. Accepts BCBS & Cigna.

Rachel Lopez De Castilla, LMFT-A	(325) 208-0859	1219 ES 11th St., Ste B1 Abilene, TX 79602	Sliding Scale: \$65-\$85. Ages 11+ y/o
Rhonna Murray, LPC	(325) 480-3461	Teletherapy Only	\$105-\$130. Accepts most insurances. Ages 11+ y/o
Texas Family Institute	(325) 480-0268	100 Chestnut St., Suite 101, Abilene, TX 79602	Accepts most insurance and Medicaid; Also offers sliding scale fee (ranging from \$80-\$105 per hour)
Turning Point Counseling	(325) 437-1001	500 Chestnut St., Abilene, TX 79602	Accepts most insurance and Medicaid; \$130 per session if no insurance
Valorie Cadoo, LMFT-S, PLLC	(325) 455-2404	Abilene, TX	Sliding Scale: \$20-\$125. Accepts most insurance and Medicaid. Telehealth option available.
Shackelford County Community Resource Center	(325) 762-2447	725 Pate St., PO Box 2435, Albany, TX 76430	Accepts most insurance and Medicaid; Sliding fee scale starting around \$15 a session
Dr. Goodall's House	(254) 559-5450	201 South Geneva St., PO Box 272, Breckenridge, TX 76424	All services are free; *Must have a history of trauma
Breckenridge Family Counseling	(254) 870-2307	117 West Walker St., Breckenridge, TX 76424	Accepts most insurance and Medicaid; Sliding fee scale; Cost is typically \$25 a session
ResourceCare Breckenridge	(254) 559-7215	2802 West Walker St., Breckenridge, TX 76424	Accepts most insurance and Medicaid; Sliding fee scale starting around \$15 a session
Laurie Markey, MFT-A, LPC-I	(940) 242-5967	706 South Ave E., Haskell, TX 79521	Does not take insurance; Sliding fee scale starting at \$0; *Only adolescents 14+
Healing Play Counseling- LCSW Melissa Austin	(940) 276-1030	530 South 2nd St., Haskell, TX 79521	Accepts most insurance and Medicaid; Without insurance, intake costs \$120 and follow-up sessions cost \$80
Stonewall Memorial Hospital	(940) 989-3551	821 N Broadway St., Aspermont, TX 79502	Accepts most insurance and Medicaid; Without insurance, intake costs \$75 and follow up sessions cost \$65.
Headstream Mental Health Center	(940) 864-3472	1201 N 1 st St. Haskell, TX 79521	Accepts most insurance
Rolling Plains Rural Health Clinic	(325) 235-8641	201 East Arizona Ave., Sweetwater, TX 79556	Accepts most insurance and Medicaid; \$210 per session without insurance

Carol Frye, LMFT	(325) 235-9896	411 East Third St., Sweetwater, TX 79556	Accepts most insurance and Medicaid; \$50 per session without insurance
Hope Unlimited Counsel for Christian Living	(325) 235-1910	109 W. 3rd St., Sweetwater, TX 79556	\$110 for first session; \$55 for all other sessions; No insurance or Medicaid accepted
ResourceCare Merkel	(325) 928-0014	217 Edwards St., Merkel, TX 79536	Accepts most insurance and Medicaid; Without insurance, sliding fee scale (ranging from \$15 to over \$150 per session)
Rhonda Lynne Pipkin, RN, LPC	(254) 236-6062	1498 IH 20 W Cisco, TX 76437	11-18 y/o; Sliding Scale: \$25-\$125 per session
Trinity Dempsey, LMFT-A	(254) 249-4568	490 Spur Cisco, TX 76437	14-18 y/o; Sliding Scale: \$80-\$100
West Texas EMS	(325) 269-0250	815 S 2 nd St. Clyde, TX 79510	Some insurances accepted, ADHD assistance by neurofeedback therapy
Resource Care Community Health Center	(325) 893-4010	1712 North Access Rd. Clyde, TX 79510	Accepts most insurance and Medicaid; Income based discounts
AccelHealth	(254) 893-5895	1100 W Reynosa Ave. De Leon, TX 76444	Accepts most insurance
Christian Service Center	(325) 673-7531	3185 N. 10 th St. Abilene, TX 79603	Food and clothing resource
Food Bank of West Central Texas	(325) 695-6311	5505 N. 1 st St. Abilene, TX 79603	Food bank serving Jones, Mitchell, Nolan, Runnels, Fisher, Stephen, and Shackelford counties.
United Methodist Service Center and Food Pantry	(325) 864-6605	2618 N. 1 st St. Abilene, TX 79603	Food pantry. Call for details.
Love and Care Ministries	(325) 670-0246 (same number for all locations)	233 Fannin St. #A Abilene, TX 79603 906 N. 3 rd St. Merkel, TX 79536 605 S. 1 st St. Clyde, TX 79510	Food and clothing resource. Call ahead.
Baptist Social Ministries – Food Distribution Center	(325) 672-4193	618 S. Pioneer Dr. Abilene, TX 79605	Food bank. Call for details.
Highland Food Pantry	(325) 673-1234	701 Walnut St. Abilene, TX 79601	Food pantry. Call for details.

Salvation Army – Abilene	(325) 677-1408	1726 Butternut St. Abilene, TX 79602	Food and clothing resource. Thrift store available.
Recovery TX / Be Well Texas	Information and scheduling: (833) 778-2571 Connect with a Peer Specialist: (833) 922-2557 Youth Support Line: (210) 729-2273 Heroes Helpline (First Responders and Healthcare): (833) 367-4689	BeWellTexasClinic.org RecoveryTexas.org (all virtual services)	Offers comprehensive care for substance abuse disorder and non-severe mental illness. Services include: psychiatric evaluation, medication management, counseling, peer recovery support, technology tools, and case management. Lab and medication costs are free for qualifying patients. Open to anyone 18 and older, regardless of ability to pay. No-pay and no-insurance options available. Same-day and next-day appointments available.

Autism/ABA Resources

Hardin Simmons (HSU) Houston-Lantrip Center	(325) 670-1836	917 Lineberry Blvd., Abilene, TX 79601	Accepts most insurance
BlueSprig	(325) 238-9337	23 Hospital Dr., Ste., 102 Abilene, TX 79606	Accepts most insurance including Medicaid and TRICARE

Substance Abuse Resources

Turning Point Counseling	(325) 437-1001	500 Chestnut St., Abilene, TX 79602	Accepts most insurance and Medicaid; \$130 per session if no insurance.
Serenity House Texas	(866) 795-4673	150 Orange St. Abilene, TX 79601	24-hour toll-free call line available. Accepts most insurances and private pay. Limited scholarships available.
West Texas Counseling Rehab	(325) 670-9339	212 S. Leggett Dr. Abilene, TX 79605	Accepts most insurance, Medicaid, and Medicare. Initial screening is free.
Recovery TX / Be Well Texas	Information and scheduling: (833) 778-2571 Connect with a Peer Specialist: (833) 922-2557	BeWellTexasClinic.org RecoveryTexas.org (all virtual services)	Offers comprehensive care for substance abuse disorder and non-severe mental illness. Services include: psychiatric evaluation, medication management, counseling, peer recovery support, technology tools, and case management.

	<p>Youth Support Line: (210) 729-2273</p> <p>Heroes Helpline (First Responders and Healthcare): (833) 367-4689</p>		<p>Lab and medication costs are free for qualifying patients.</p> <p>Open to anyone 18 and older, regardless of ability to pay. No-pay and no-insurance options available. Same-day and next-day appointments available.</p>
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Trauma Counselors & Resources

Name of Resource	Phone Number	Address	Notes
Daniel D. Knightstep, LPC	(325) 515-4015	5189 Texas Avenue Abilene, TX 79605	Telehealth offered. Sliding Scale: \$60-\$115. Medicaid and most insurances accepted. Ages 11+ y/o
Allison Clifton, LPC (Mosaic Wellness)	(325) 308-6082	5189 Texas Avenue Abilene, TX 79605	Sliding Scale: \$75-\$105. Accepts BCBS & Magellan. Ages 14+ y/o
Allison Paige Massey, LPC Associate	(325) 216-4469	5189 Texas Avenue Abilene, TX 79605	\$40-\$65 per session; Ages 6+ y/o
Amber Kennedy, LPC, CCTSI	(325) 480-0192	702 Hickory Street Suite C Abilene, TX 79601	Sliding Scale: \$65-\$165. Accepts Medicaid and most insurances. Ages 11+ y/o
Ashlyn Railsback, LPC Associate (Life Renovations)	Email only	4200 Woods Place Abilene, TX	Contact via Email: Ashlyn_railsback@outlook.com
Brenna G. Camp, LCSW (Recourage Counseling)	(325) 896-4151	702 Hickory St., Ste C Abilene, TX 79601	Sliding Scale: \$90-\$120. Accepts Medicaid and most insurances. Ages 14+ y/o
Brian Hudspeth, LPC, LCDC, SAP & Associates	(325) 261-0912	1049 N 3rd St Suite 602 Abilene, TX 79601	\$90-\$200 per session; Accepts most insurances and Medicaid
Christina R Rolerson, LCSW-S (Cross Harbor Counseling)	(210) 879-6356	500 Chestnut Street Suite 1500 Abilene, TX 79606	Sliding Scale: \$90-\$120 per session; Ages 6+ y/o
Derek Tuley, LCSW (New Life Counseling)	(325) 446-1561 ext. 103	Abilene, TX 79601	Sliding Scale: \$40-\$125. Accepts Medicaid and most insurances. Ages 11+ y/o
Erika A Yourdan, LMFT, LAC, LCDC	(325) 252-3731	Located on the 3rd floor of First Financial Bank. 3300 South 14th Street Suite 319 Abilene, TX 79605	Sliding Scale: \$105-\$125 per session; Accepts Aetna, Cigna, TriCare & BCBS

Free Birds Counseling	(325) 400-3628	4601 Buffalo Gap Suite A2 Abilene, TX 79606	Sliding Scale: \$50-\$100. Medicaid and most insurances accepted. Ages 6+ y/o
Haley Stromberg, LMFT-A	(325) 378-0439	238 Sayles Boulevard Abilene, TX 79605	Sliding Scale: \$75-\$125. Ages 11+ y/o
Julia Six, LMFT-A (Highland Counseling Center)	(325) 252-4774	238 Sayles Blvd Abilene, TX	Sliding Scale: \$45-\$100. Ages 11+ y/o
Kay Gillette, LMFT	(325) 208-4766	500 Chestnut Street Abilene, TX 79602	Sliding Scale: \$100-\$140. Accepts Aetna, BCBS, UnitedHealthcare & Out of Network. Ages 14+ y/o
Kristen Pitzer, LPC, PLLC	(432) 897-4620	100 Chestnut St., Ste 101, Abilene, TX 79602	Sliding Scale: \$70-\$115. Accepts Medicaid and most insurances.
Lori Copeland, LPC-S, RPT-S, NBC-HWC	(325) 276-4845	500 Chestnut Street Suite 1602 Abilene, TX 79602	Sliding Scale: \$75-\$110; Accepts BCBS, Medicaid, CHIP, Cigna, Scott & White Health Plan & Superior Health Plan
Lori Lara, LPC	(325) 455-8135	1969 Industrial Blvd. Studio 16 Abilene, TX 79602	Sliding Scale: \$60-\$100. Accepts Medicaid and most insurances. Ages 14+ y/o
Mandy Lamberson, LPC	(325) 400-2666	318 Cedar Street Abilene, TX 79601	Sliding Scale. Accepts Medicaid and most insurances.
Maryann Holt, LMFT-A (Abilene Family Counseling)	(325) 313-3961	1017 Butternut Street Abilene, TX 79602	\$60+ per session; Ages 6+ y/o
Regional Victim Crisis Center (RVCC)	24/7 Hotline: (325) 677-7895	PO Box 122, Abilene, TX 79604	FREE to survivors of sexual assault and other violent crimes
Rhonna Murray, LPC	(325) 480-3461	Teletherapy Only	\$105-\$130. Accepts most insurances. Ages 11+ y/o

Animal Assisted Therapy

Name of Resource	Phone Number	Address	Notes
Julia Six, LMFT-A (Highland Counseling Center)	(325) 252-4774	238 Sayles Blvd Abilene, TX	Sliding scale: \$45-\$100 *Ages 11+ y/o

Adoption and Foster Care Services

Name of Resource	Phone Number	Address	Notes
New Horizons Ranch: Family and Youth Success Counseling (FAYS) & Counseling	(325) 437-6888	294 Medical Dr. Abilene, TX 79601	FAYS program is free; Superior Health accepted for foster care counseling

for Foster Care Children			
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Spanish Speaking Counselors

Name of Resource	Phone Number	Address	Notes
Itzell Gómez Rojas, LPC Associate (Life Renovations)	(325) 221-0061	4200 Woods Place Abilene, TX 79602	Sliding Scale: \$75-\$90 per session
Free Birds Counseling	(325) 400-3628	4601 Buffalo Gap Suite A2 Abilene, TX 79606	Sliding Scale: \$50-\$100. Medicaid and most insurances accepted. Ages 6+ y/o
Brenna G. Camp, LCSW (Recourage Counseling)	(325) 896-4151	702 Hickory St., Ste C Abilene, TX 79601	Sliding Scale: \$90-\$120. Accepts Medicaid and most insurances. Ages 14+ y/o

LGBTQIA Counselors & Resources

Name of Resource	Phone Number	Address	Notes
Allison Paige Massey, LPC Associate	(325) 216-4469	5189 Texas Avenue Abilene, TX 79605	\$40-\$65 per session; Ages 6+ y/o
Amber Kennedy, LPC, CCTSI	(325) 480-0192	702 Hickory Street Suite C Abilene, TX 79601	Sliding Scale: \$65-\$165. Accepts Medicaid and most insurances. Ages 11+ y/o
Kristen Pitzer, LPC, PLLC	(432) 897-4620	100 Chestnut St., Ste 101, Abilene, TX 79602	Sliding Scale: \$70-\$115. Accepts Medicaid and most insurances.
Allison Clifton, LPC (Mosaic Wellness)	(325) 308-6082	5189 Texas Avenue Abilene, TX 79605	Sliding Scale: \$75-\$105. Accepts BCBS & Magellan. Ages 14+ y/o
Kay Gillette, LMFT	(325) 208-4766	500 Chestnut Street Abilene, TX 79602	Sliding Scale: \$100-\$140. Accepts Aetna, BCBS, UnitedHealthcare & Out of Network. Ages 14+ y/o
Haley Stromberg, LMFT-A	(325) 378-0439	238 Sayles Boulevard Abilene, TX 79605	Sliding Scale: \$75-\$125. Ages 11+ y/o
Rachael McCormick, LPC, LCDC	(325) 221-5413	500 Chestnut Street Ste 1567 Abilene, TX 79602	\$100+ per session. Accepts BCBS & Cigna.
Ashlyn Railsback, LPC Associate (Life Renovations)	Email only	4200 Woods Place Abilene, TX	Contact via Email: Ashlyn_railsback@outlook.com

Food, Clothing, and Housing Resources

Christian Service Center	(325) 673-7531	3185 N. 10 th St. Abilene, TX 79603	Food and clothing resource
Food Bank of West Central Texas	(325) 695-6311	5505 N. 1 st St. Abilene, TX 79603	Food bank serving Jones, Mitchell, Nolan, Runnels, Fisher, Stephen, and Shackelford counties.

United Methodist Service Center and Food Pantry	(325) 864-6605	2618 N. 1 st St. Abilene, TX 79603	Food pantry. Call for details.
Love and Care Ministries	(325) 670-0246 (same number for all locations)	233 Fannin St. #A Abilene, TX 79603 906 N. 3 rd St. Merkel, TX 79536 605 S. 1 st St. Clyde, TX 79510	Food and clothing resource. Call ahead.
Baptist Social Ministries – Food Distribution Center	(325) 672-4193	618 S. Pioneer Dr. Abilene, TX 79605	Food bank. Call for details.
Highland Food Pantry	(325) 673-1234	701 Walnut St. Abilene, TX 79601	Food pantry. Call for details.
Salvation Army – Abilene	(325) 677-1408	1726 Butternut St. Abilene, TX 79602	Food and clothing resource. Thrift store available.