



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER.
**CAMPUS ALLIANCE FOR
 TELEHEALTH RESOURCES**
Supported by TCHAT

ESC 18 Counseling and Therapy Resources

National/Regional Resources

Name of Resource	Phone Number	Notes
National Suicide Prevention Hotline	1-800-273-8255	Available 24/7
National Suicide Prevention Hotline	988	Call, text, or chat Available 24/7 (Available July 16, 2022)
Spanish Suicide Prevention Hotline	1-888-628-9454	Callers will be connected to a skilled trained counselor
National Suicide Prevention Hotline (For Deaf and Hard of Hearing)	Dial 711 then 1-800-273-8255	For TTY Users; Available 24/7
LoveLine	888-550-1588	Hotline (call, text, or email) especially for single parents and pregnant women. Can provide financial assistance and case management. https://loveline.com/
National Text Line	741741	Free and confidential; Available 24/7
RAINN: National Sexual Assault Hotline	800-656-HOPE 800-656-4673	https://www.rainn.org/about-national-sexual-assault-online-hotline
Trevor Lifeline for LGBTQ youth	866-488-7386	https://www.thetrevorproject.org/
Teen Text Crisis Line	855-449-1212 Text Only	Operates from 3:00pm to midnight daily
24-Hour Runaway Hotline	1-800-778-7673	Available 24/7
24-Hour Youth Crisis Hotline	1-800-530-4740	Available 24/7
National Domestic Violence Hotline	1-800-799-7233	https://www.thehotline.org/
Cyber Bullying Hotline	1-800-420-1479	Available 24/7
Substance Abuse and Mental Health Services Administration Hotline	1-800-662-4357	https://www.samhsa.gov/find-help/national-helpline
NAMI Help Line –Information Only	800-950-6264	Toll free number
Texas Substance Abuse Hotline	877-966-3784	Toll free number
Texas Youth Hotline	1-800-989-6884	Free and confidential; Available 24/7
Texas Abuse Hotline	1-800-252-5400	Available 24/7

Local Mental Health Authority

Name of Resource	Phone Number	Address	Notes
PermiaCare (Midland)	Main phone: (432) 570-3333 Crisis line: 1-844-420-3964	401 E. Illinois Ave., Suite 403, Midland, TX 79701	Accepts Medicaid and some private insurances; Sliding fee scale
PermiaCare (Odessa)	Main phone: 432-550-1100 Crisis line: 1-844-420-3964	600 N Grant, Odessa, TX 79761	Children of all ages Accepts Medicaid and some private insurances; Sliding fee scale
West Texas Centers – Andrews County Mental Health Center	Main phone: (432) 523-7340 Crisis line: 1-800-375-4357	Courthouse Annex, 215 NW 1 st St., Andrews, TX 79714	Accepts most insurance and Medicaid; Also offers sliding scale fee (ranging from \$38 to over \$200 a month)
West Texas Centers – Howard County MHC	Main phone: (432) 263-0027 Crisis line: 1-800-375-4357	1501 W 11th Pl., Suite 104, Big Spring, TX 79720 (Serves Howard, Glasscock, Martin and Borden Counties)	Accepts most insurances; Medicaid; sliding scale fee
West Texas Centers – Upton County Mental Health Center	Main Phone: (432) 652-8973 Crisis line: 1-800-375-4357	103 N Burleson Ave., McCamey, TX 79752 (Serves Crane, Terrell and Upton Counties)	Accepts most insurance and Medicaid; also offers sliding scale fee (ranging from \$38 to over \$200 a month)
MHMR Services for the Concho Valley	Main Phone: (325) 658-7750 Crisis line: 1-800-375-8965	424 S. Oakes St., San Angelo, TX 76903 (Serves Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green)	Accepts most insurance and Medicaid; Sliding fee scale

Local Resources

Name of Resource	Phone Number	Address	Notes
Affinity Counseling Center	(432) 557-1775	1030 Andrews Hwy., Suite 108 Midland, TX 79701	Children of all ages BCBS PPO; Rates range from \$50 to \$150
Agape Counseling Services of West Texas - Christian Counseling	(432) 550-5683	3500 North A St., #2400, Midland, TX 79705	Accepts most insurances; Without insurance, a sliding scale fee (\$10-\$90) is offered
Blest Counseling Services	(432) 557-5759	1001 South Main St., Midland, TX 79705	Children age 11+

			\$80-100 per session; *ages 10+
Centers (Midland)	(432) 570-1084	3701 Andrews Hwy., Midland, TX 79703	Accepts most insurance; Without insurance, sliding fee scale (\$30-\$120)
Healing Through Hope Counseling	(432) 238-1239	2114 W. Michigan Ave., Midland, TX 79701	Children age 14+ Does not accept insurance or Medicaid; Sliding fee scale (\$40-\$125)
Heritage Counseling Services	(432) 685-3787	3000 N Garfield St., # 139, Midland, TX 79705	Does not accept insurance or Medicaid; \$100 per session
John Sikes Johnson, MS, LPC	(432) 934-3139	1030 Andrews Hwy., #206, Midland, TX 79701	Children age 11+ \$150 per hour
On the Couch Counseling Maureena Benavides, MA, LPC	(432) 889-4064	3301 Neely Ave., Midland, TX 79705	Children of all ages \$100 per session for individual, couple or family; \$60 per session for group attendees
Midland Rape Crisis and Children's Advocacy Center	Crisis Line: (432) 682-7273	P.O. Box 10081 Midland, TX 79702	Free services
New Hope Counseling	(432) 687-4673	4400 N. Big Spring St., Suite 200, Midland, TX 79705	Accepts most insurance and EAPs but not Medicaid; \$120 for intake and \$100-\$120 per session
Patricia Homer, MA, LPC, LCDC, SAP, ACTP	(432) 599-5222	3416 W Wall St., #106, Midland, TX 79701	Children age 11+ Accepts BCBS but not Medicaid; Without insurance, a sliding fee scale (typically around \$60 per session) * ages 13+
Perry Marchioni, PhD	(432) 684-4540	1705 W Illinois Ave., Midland, TX 79701	Does not accept insurance or Medicaid; \$165 per hour, \$750 psychological evaluations
Ramsey Counseling and Coaching	(432) 222-0863	1030 Andrews Hwy, Suite 117 Midland, TX 79701	Children age 11+ Accepts BCBS PPO but not Medicaid; Without insurance, \$50 or \$100 per session depending on provider
Rays of Hope – Children's Grief Centre	(432) 684-5437	900 West Wall St., Midland, TX 79701	Children of all ages Accepts most insurances and Medicaid; Free services if no insurance;

			*Not therapy, only grief and foster youth peer support groups
Samaritan Counseling Center – West TX	(432) 563-4144	10008 Pilot Ave., Midland, TX 79706	Children ages 5+ Accepts many insurances and Medicaid; \$125 a session; Sliding scale fee
Speech Language and Behavior	(432) 570-4400	2407 West Louisiana Ave., Suite 110, Midland, TX 79701	BCBS, United
Stay Together Program (High Sky Children's Ranch)	(432) 699-1466	8613 West County Rd. 60, Midland, TX 79707	Does not accept insurance or Medicaid; \$60 per session; *Ages 13+
Stewards of Children	(432) 333-5233	deeann@hhcac.org	Provides evidence-informed, adult-focused prevention training solution for parents, communities, and youth-serving organizations
The Springboard Center: Substance Abuse Treatment and Recovery Center	(432) 620-0255 24 hr. hotline	200 Corporate Dr. Midland, TX 79705	Contact for pricing
Hospice of Midland	(432) 682-2855	911 W. Texas Ave. Midland, TX 79701	Free services
Oceans Behavioral Hospital: Permian Basin	(432) 561-5915 24hr availability	3300 South FM 1788 Midland, TX 79706	Accepts Medicaid and most insurance.
Lewis Busbee, MA, LPC, CART	(432) 770-2432 (call) (432) 269-2912 (text)	3404 W Illinois Ave., Suite 201, Midland, TX 79703 1901 E. 37th St., Suite 210, Odessa, TX 79762	Children age 6+ BCBS, Aetna; \$140 per session and sliding scale if income <\$45,000
Permian Basin Regional Council on Alcohol and Drug Abuse: Impact Youth	(432) 580-5100	4001 Penbrook St. Odessa, TX 79762	Provides 10-week preventive programs for substance abuse. Contact for details.
Family Resiliency Center of the Permian Basin	(432) 848-6944	4682 E. University Blvd., Ste. D Odessa, TX 79762	Free services. Training workshops, peer support groups, and critical incident stress management
CelMar Counseling	(888) 804-2543 ext. 701 (432) 816-9281 - Para Español	3106 W. Kentucky Ave., Midland, TX 79701 or 414 N. Lee Ave., Odessa, TX 79761	Do not accept insurance or Medicaid; Sliding fee scale (ranging from \$0-\$60) *offer parenting classes, substance abuse and anger management for youth ages 12+

The Alpha Center	(432) 614-5720	855 Central Dr., Suite 30, Odessa, TX 79761	Accepts BCBS PPO; Does not accept Medicaid; \$100 per session
Centers (Odessa)	(432) 580-7006	4241 Tanglewood Ln, Odessa, TX 79762	Children of all ages Accepts most insurance; Also offers sliding scale fee (\$30-\$120)
ChoiceWorks Counseling	(432) 332-9644	1406 N. Grandview Ave., Odessa, TX 79761	Children age 6+ Accepts Amerigroup, Beacon, BCBS, Cenpatico, Magellan, Medicaid, and Multiplan; without insurance, \$100 per session
Patsy Lay, MEd, LPC, CART - Christian Counseling	(432) 698-0882	835 Tower Dr., Suite 9, Odessa, TX 79762	Children age 6+ Does not accept insurance or Medicaid; \$60 per session
Tausha Bradshaw, MA, LPC	(432) 271-4968	6010 East Hwy 191, Suite 246, Odessa, TX 79762	Children age 11+ Accepts BCBS and United; Without insurance, \$90-\$100 per session *ages 11+
UTPB Counseling & Training Clinic	(432) 552-2365	4901 East University Blvd., Odessa, TX 79762	Does not accept insurance or Medicaid; \$2-\$30 per session
Archway Support Counseling Services	(432) 682-2724	1005 W. Texas Avenue Midland, Texas 79701	Children age 6+ Does not accept insurance, but some individuals may qualify for assistance with fees; cost per session ranges from \$120-\$150
Heather Mason, MA, LPC-S, ACTP	(432) 924-6995	Midland, TX 79705	Children age 11+ Private pay fees: Individual sessions \$95 for 50 minutes, Family sessions \$110 for 50 minutes; offers limited # of reduced fee slots based on financial difficulties
WTX Neurosolutions	(432) 413-2369	604 Kent Street Midland, TX 79701	Children age 14+ Accepts BCBS and Aetna and offers sliding scale fees; without insurance \$150-\$200 per session

Gina Adams Martin, MA, LPC	(432) 238-0597	2604 Beaver Lane, Midland TX	Children age 13+ Does not accept insurance; \$100 per session
Valerie A. Handley, PhD, LMFTA	(832) 291-2474	No physical address; completely virtual	Children age 11+, families Does not accept insurance; sessions are \$75-\$100
Claudia Prince, MEd, LPC, RPT	(432) 349-7712	4305 North Garfield Street, Midland, Texas 79705	Children of all ages Accepts BCBS and Cigna; without insurance, \$100- \$120 per session
Jennifer Lee Mason, MEd, LPC-S	(806)221-2779	2503 W. Ohio Ave, Midland TX 79701	Children age 7+ Only accepts out of network insurance plans; sessions are \$125-\$175
New Direction Counseling Christine Hall, MA, LPC, LCDC	432-254-8646	310 West Wall Street, Suite 803 Midland, TX 79701	Children age 8+ Does not accept insurance but will work with PPO plans for out of network; \$120 per session
Kathleen Arbuckle, MEd, LPC	830-262-2185	No physical address; completely virtual	Children of all ages Accepts most insurances; sliding scale is available and sessions range from \$60-\$130
West Texas Psychiatry	432-218-9920	4214 Andrews Hwy., Ste 208 Midland, TX 79703	BCBS Texas PPO Does not accept Medicaid Assessment for ASD: initial visit \$650, following visits \$350 Lab tests ONLY may be covered Medicaid insurance.
True-Self Counseling Eliana Brito, MA, LPC	(432) 257-3564	4500 W Illinois Ave, Suite 206A Midland, Texas 79703 US	Children age 6+, Spanish speaking Accepts BCBS, United Healthcare, UMR, Cigna, and Superior Health Plan; without insurance \$110 per session
Nessa Villalobos, MA, LPC	(432) 230-5027	112 Loraine South, Suite 425, Midland, TX, TX 79701	Children of all ages, Spanish speaking Does not accept insurance, \$100 per session
Starting Point Solutions Rios Waddleton, MEd, LPC	(432) 223-0346	No physical address; completely virtual	Children of all ages Accepts Aetna, BCBS, Magellan, United

			Healthcare, and Interface EAP; without insurance \$100-\$130 per session
Insightful Counseling Anthony G. Garza, LPC	(432) 348-4567	No physical address; completely virtual	Children age 11+ Does not accept insurance, \$100 per session
Thomas Wynne, MSW, LCSW	(432) 599-1727	No physical address; completely virtual	Children age 12+ Accepts Aetna, BCBS PPO, and out of network; without insurance \$110- \$135 per session
Chris Unterbrink, MA, LPC	(432) 553-7109	1030 Andrews Highway Suite 117 Midland, TX 79701	Children age 6+ Accepts Aetna, BCBS, Cigna, Optum, and United Healthcare; offers sliding scale at \$60-\$100 per session
Shantel Mackey, PsyD	(512) 537-7079	4500 W. Illinois Ave Suite 310A Midland, TX 79703	Children age 14+ Does not accept insurance; sessions range from \$100- \$130
Insight Counseling Center	(432) 333-3667	1901 E 37th St #107, Odessa TX 79762	Children of all ages Does not accept insurance; Sliding scale fees from \$60-\$120
Amy Garman, MA, LPC, RPT	(432) 214-8046	1901 E 37th, STE 104 Odessa, TX 79765	Children age 11+ Does not accept insurance; sliding scale fees from \$100-\$120
Deneisa S. McNeese	(325)998-9630	6010 Hwy 191 Suite 135 Odessa, TX 79762	Children of all ages Accepts BCBS and offers a sliding scale for payment; without insurance sessions are \$100-\$110
Faith Steps Counseling Anna Carillo, LPC-S, RPT-S, CART, NCC, TLS	(432) 853-3645	835 Tower Drive, Suite 9 Odessa, TX 79761	Children of all ages Accepts BCBS; without insurance \$90-\$100 per session
Alternative Life Solutions Counseling	(432) 582-2444	2458 E. 11th St. Odessa, TX 79761	Children age 14+ Accepts BCBS PPO; without insurance \$100- \$125 per session
Impressions Counseling Genevia R. Slate, MA, LPC, LCDC	(432) 425-6978	1901 E 37th St Suite 111-E Odessa, TX 79762	Children age 14+ Accepts BCBS; without insurance \$100 per session

Becoming a Better You Erika L. Epps, LCDC, PsyD	(325) 677-2801	186 Quail Run, Odessa TX, 79761	Children age 11+ Accepts Aetna, BCBS, Cigna; without insurance \$150 per session
Rachel S. Hurford, MA, LPC	(432) 219-2632	6010 Texas 191 Ste 135 Odessa, TX 79762	Children age 11+ Accepts BCBS; without insurance \$90-\$135
Hospice of Odessa	(432) 682-2855	219 W. 4 th St. Odessa, TX 79761	Free services
Harmony Home Children's Advocacy Center	(432) 333-5233	910 S. Grant Ste. C Odessa, TX 79761	Free services
Communities in Schools – The Permian Basin	Midland: (432) 205-1364 Odessa: (432) 552-2496	PO Box 10532 Midland, TX 79702 cispb.org	N/A
Charlie Health	1-866-508-7084	https://www.charliehealth.com/ Available 24/7	Accepts Aetna, Cigna, BCBS, Driscoll Children's Health Plan, Optum, Tricare, United Healthcare and United Healthcare Medicaid, and Amerigroup Medicaid
Richard Hickam, LPC-S	(432) 213-6890	1932 PO Box, Big Spring, TX 79720	BCBS only; \$75 per session
Courtney Samsel, LPC	(432) 466-1295	710 S Gregg Street, STE 22, Big Spring, TX 79720	Sees children ages 10+ Does not accept insurance; sliding scale fee from \$40- \$120
West Texas Counseling & Guidance	(325) 944-2561	St. Mary's Episcopal Church 1001 S. Goliad St. Big Spring, TX 79721	Mondays: Children's play therapy services & parent consults Wednesdays: Individual therapy for adults, veteran services & suicidal ideation services Accepts most insurance; offers sliding scale fee w/o insurance
Melody Twombly, LPC	325-944-2561	St. Mary's Episcopal Church 1001 S. Goliad St. Big Spring, TX 79721	Monday appointments only; Accepts most insurance; offers sliding scale fee w/o insurance; See children school age up to 16

Brooke Elliott, LMSW	325-944-2561	St. Mary's Episcopal Church 1001 S. Goliad St. Big Spring, TX 79721	Wednesday appointments only; Accepts most insurance; offers sliding scale fee w/o insurance; Sees children 15+
Collaborative Autism Resources and Education (CARE)	877-712-2735	Jerri Voelkl At Home Screening info@educatorscares.com www.educatorscares.com	<u>Free Screening and/or consultation for ASD.</u> Through a generous partnership with FedEx, after calling an Autism Response Team coordinator and providing them with your information, you can pick up a complimentary printed copy of the 100 Day Kit at a FedEx Office location near your home.
Share (Support Group)	432-818-1253	3500 North A St. Suite 2500 Midland, TX 79705	Respite, Parent Quest, Sibshop, Teen's group, Mom's Night Out, Dad's Night Out
Galliant Care (Michelle Kuhn)	469-242-0960	https://www.texasautismsociety.org/calendar/#event=67783241;instance=20211228100000	Parent support group in the area that is held virtually on the last Tuesday of every month from 10-11:30am.
Statewide Virtual Support Groups Autism Society of Texas	512-479-4199 ext. 2	Email: support@texasautismsociety.org	Support Groups – Autism Society of Texas (texasautismsociety.org) <u>Parent/Caregiver Support Group (English)</u> During COVID-19, meets the 3rd Wednesday of every month. Check <u>calendar</u> for upcoming events. <u>Parent/Caregiver Support Group -Grupo de apoyo para padres y cuidadores</u> Spanish language group for parents and caregivers. Meets the 3rd Saturday of every month. https://www.texasa

			utismsociety.org/grupoparapadres/
Breaking Bread Kitchen	(432) 689-2339	410 E Florida Midland, TX	Serves breakfast and dinner.
Salvation Army – Midland	(423) 683-3614	3500 Park Ln. Midland, TX	Food and clothing resource. Serves breakfast and lunch. Emergency shelter available. Clothing resource.
Midland Soup Kitchen	(432) 686-7687	1401 Orchard Ln. Midland, TX	Lunch served 11:30am-1:00pm M-F; No questions asked clothing table; Vacation Bible School for children; resources for shelter and education.
Midland Baptist Crisis Center	(432) 685-1467	806 S Baird St. Midland, TX 79701	Food and clothing resource. Food pantry open 9am-12pm M-F.
First Christian Church	(432) 682-9701	1301 W Louisiana Ave. Midland, TX 79701	Food pantry open Wednesday 12pm-2pm.
Casa de Amigos	(432) 682-9701	1101 Garden Ln. Midland, TX 79701	Emergency food pantry (food for a family for three days). Clothing resource.
Jubilee Center of Midland	(423) 520-0671	3311 Andrews Hwy Midland, TX 79703	Emergency food assistance 10:30am-2:00pm. Call ahead before coming. Drive-thru food pantries held on some Saturdays. Call for details.
Area Missions Outreach Services	(423) 687-2667	908 S Loraine St. Midland, TX 79701	Food and clothing resource. Food pantry open 9am-12pm M-F.
Mission Agape	(432) 599-9123	3500 W Golf Course Rd Midland, TX 79703	Offers weekend food bags for school children. No questions asked food pantry.
West Texas Food Bank – Midland	(432) 697-4003	1601 Westcliff Dr. Midland, TX 79703	Food bank.
West Texas Food Bank – Odessa	(432) 580-6333	411 S Pagewood Ave Odessa, TX 79761	Food bank. Same address as First United Methodist Church.
The Life Center – Midland	(432) 570-7745	2101 W. Wall St. Midland, TX 79701	Food and clothing resources for pregnant women

The Life Center – Andrews	(432) 523-2859	1412 NE Mustang Dr. Andrews, TX 79714	Food and clothing resources for pregnant women
The Life Center – Odessa	(432) 617-8378	802 N Washington Ave Odessa, TX 79761	Food and clothing resources for pregnant women
The Life Center – Big Spring	(432) 606-5041	1801 S Main St. Big Spring, TX 79720	Food and clothing resources for pregnant women
Ector County Greater Works	(432) 661-2634	2616 Maple St. Odessa, TX	Emergency food pantry available to income qualified families.
L.O.O.P.S.	(432) 580-5667	205 E 10 th St. Odessa, TX	Food pantry
Bethlehem Baptist Church	(432) 853-1344	1000 W Clements Odessa, TX	Food pantry
Promise Land Ministries	(432) 337-2032	822 Glenn Odessa, TX 79762	Items for distribution may be free food, fruits, baby formula, and more.
Ector County Catholic Charities	(432) 332-1387	2500 Andrews Hwy Odessa, TX 79761	A number of social services are offered. A free soup kitchen with hot meals as well as an emergency food pantry are on site.
Salvation Army – Ector County	(432) 332-0738	810 E 11 th St. Odessa, TX	Food and clothing resource. Serves breakfast and lunch. Emergency shelter available. Clothing resource.
Jesus House Odessa	(423) 272-3362	1335 E 6 th St Odessa, TX	Hot meals and a men’s homeless shelter provided.
Recovery TX / Be Well Texas	Information and scheduling: (833) 778-2571 Connect with a Peer Specialist: (833) 922-2557 Youth Support Line: (210) 729-2273 Heroes Helpline (First	BeWellTexasClinic.org RecoveryTexas.org (all virtual services)	Offers comprehensive care for substance abuse disorder and non-severe mental illness. Services include: psychiatric evaluation, medication management, counseling, peer recovery support, technology tools, and case management. Lab and medication costs are free for qualifying patients.

	Responders and Healthcare): (833) 367-4689		Open to anyone 18 and older, regardless of ability to pay. No-pay and no-insurance options available. Same-day and next-day appointments available.
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*Several of these resources may offer telehealth options. Please call to inquire.

Substance Abuse Resources

West Texas Counseling & Guidance	(325) 944-2561	St. Mary's Episcopal Church 1001 S. Goliad St. Big Spring, TX 79721	Mondays: Children's play therapy services & parent consults Wednesdays: Individual therapy for adults, veteran services & suicidal ideation services Accepts most insurance; offers sliding scale fee w/o insurance
Becoming a Better You Erika L. Epps, LCDC, PsyD	(325) 677-2801	186 Quail Run, Odessa TX, 79761	Children age 11+ Accepts Aetna, BCBS, Cigna; without insurance \$150 per session
The Springboard Center: Substance Abuse Treatment and Recovery Center	(432) 620-0255 24 hr. hotline	200 Corporate Dr. Midland, TX 79705	Contact for pricing
Recovery TX / Be Well Texas	Information and scheduling: (833) 778-2571 Connect with a Peer Specialist: (833) 922-2557 Youth Support Line: (210) 729-2273 Heroes Helpline (First Responders and Healthcare): (833) 367-4689	BeWellTexasClinic.org RecoveryTexas.org (all virtual services)	Offers comprehensive care for substance abuse disorder and non-severe mental illness. Services include: psychiatric evaluation, medication management, counseling, peer recovery support, technology tools, and case management. Lab and medication costs are free for qualifying patients. Open to anyone 18 and older, regardless of ability to pay. No-pay and no-insurance options available. Same-day and

			next-day appointments available.
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Autism/ABA Resources

<p>Statewide Virtual Support Groups Autism Society of Texas</p>	<p>512-479-4199 ext. 2</p>	<p>Email: support@texasautismsociety.org</p>	<p>Support Groups – Autism Society of Texas (texasautismsociety.org)</p> <p><u>Parent/Caregiver Support Group (English)</u> During COVID-19, meets the 3rd Wednesday of every month. Check <u>calendar</u> for upcoming events.</p> <p><u>Parent/Caregiver Support Group -Grupo de apoyo para padres y cuidadores</u> Spanish language group for parents and caregivers. Meets the 3rd Saturday of every month. https://www.texasautismsociety.org/grupoparapadres/</p>
<p>Collaborative Autism Resources and Education (CARE)</p>	<p>877-712-2735</p>	<p>Jerri Voelkl At Home Screening info@educatorscares.com www.educatorscares.com</p>	<p><u>Free Screening and/or consultation for ASD.</u> Through a generous partnership with FedEx, after calling an Autism Response Team coordinator and providing them with your information, you can pick up a complimentary printed copy of the 100 Day Kit at a FedEx Office location near your home.</p>
<p>Speech Language and Behavior</p>	<p>(432) 570-4400</p>	<p>2407 West Louisiana Ave., Suite 110, Midland, TX 79701</p>	<p>BCBS, United</p>

Eating Disorder Resources

West Texas Counseling & Guidance	(325) 944-2561	St. Mary's Episcopal Church 1001 S. Goliad St. Big Spring, TX 79721	Mondays: Children's play therapy services & parent consults Wednesdays: Individual therapy for adults, veteran services & suicidal ideation services Accepts most insurance; offers sliding scale fee w/o insurance
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Foster and Adoption Resources

Family Resiliency Center of the Permian Basin	(432) 848-6944	4682 E. University Blvd., Ste. D Odessa, TX 79762	Free services. Training workshops, peer support groups, and critical incident stress management
Rays of Hope – Children's Grief Centre	(432) 684-5437	900 West Wall St., Midland, TX 79701	Children of all ages Accepts most insurances and Medicaid; Free services if no insurance; *Not therapy, only grief and foster youth peer support groups
Midland Rape Crisis and Children's Advocacy Center	Crisis Line: (432) 682-7273	P.O. Box 10081 Midland, TX 79702	Free services

LGBT Resources

Charlie Health	1-866-508-7084	https://www.charliehealth.com/ Available 24/7	Accepts Aetna, Cigna, BCBS, Driscoll Children's Health Plan, Optum, Tricare, United Healthcare and United Healthcare Medicaid, and Amerigroup Medicaid
Family Resiliency Center of the Permian Basin	(432) 848-6944	4682 E. University Blvd., Ste. D Odessa, TX 79762	Free services. Training workshops, peer support groups, and critical incident stress management

Trauma Resources

West Texas Counseling & Guidance	(325) 944-2561	St. Mary's Episcopal Church 1001 S. Goliad St. Big Spring, TX 79721	Mondays: Children's play therapy services & parent consults
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			Wednesdays: Individual therapy for adults, veteran services & suicidal ideation services Accepts most insurance; offers sliding scale fee w/o insurance
Charlie Health	1-866-508-7084	https://www.charliehealth.com/ Available 24/7	Accepts Aetna, Cigna, BCBS, Driscoll Children's Health Plan, Optum, Tricare, United Healthcare and United Healthcare Medicaid, and Amerigroup Medicaid
Family Resiliency Center of the Permian Basin	(432) 848-6944	4682 E. University Blvd., Ste. D Odessa, TX 79762	Free services. Training workshops, peer support groups, and critical incident stress management
Rays of Hope – Children's Grief Centre	(432) 684-5437	900 West Wall St., Midland, TX 79701	Children of all ages Accepts most insurances and Medicaid; Free services if no insurance; *Not therapy, only grief and foster youth peer support groups
Midland Rape Crisis and Children's Advocacy Center	Crisis Line: (432) 682-7273	P.O. Box 10081 Midland, TX 79702	Free services

Food, Clothing, and Housing Resources

Breaking Bread Kitchen	(432) 689-2339	410 E Florida Midland, TX	Serves breakfast and dinner.
Salvation Army – Midland	(423) 683-3614	3500 Park Ln. Midland, TX	Food and clothing resource. Serves breakfast and lunch. Emergency shelter available. Clothing resource.
Midland Soup Kitchen	(432) 686-7687	1401 Orchard Ln. Midland, TX	Lunch served 11:30am-1:00pm M-F; No questions asked clothing table; Vacation Bible School for children; resources for shelter and education.

Midland Baptist Crisis Center	(432) 685-1467	806 S Baird St. Midland, TX 79701	Food and clothing resource. Food pantry open 9am-12pm M-F.
First Christian Church	(432) 682-9701	1301 W Louisiana Ave. Midland, TX 79701	Food pantry open Wednesday 12pm-2pm.
Casa de Amigos	(432) 682-9701	1101 Garden Ln. Midland, TX 79701	Emergency food pantry (food for a family for three days). Clothing resource.
Jubilee Center of Midland	(423) 520-0671	3311 Andrews Hwy Midland, TX 79703	Emergency food assistance 10:30am-2:00pm. Call ahead before coming. Drive-thru food pantries held on some Saturdays. Call for details.
Area Missions Outreach Services	(423) 687-2667	908 S Loraine St. Midland, TX 79701	Food and clothing resource. Food pantry open 9am-12pm M-F.
Mission Agape	(432) 599-9123	3500 W Golf Course Rd Midland, TX 79703	Offers weekend food bags for school children. No questions asked food pantry.
West Texas Food Bank – Midland	(432) 697-4003	1601 Westcliff Dr. Midland, TX 79703	Food bank.
West Texas Food Bank – Odessa	(432) 580-6333	411 S Pagewood Ave Odessa, TX 79761	Food bank. Same address as First United Methodist Church.
The Life Center – Midland	(432) 570-7745	2101 W. Wall St. Midland, TX 79701	Food and clothing resources for pregnant women
The Life Center – Andrews	(432) 523-2859	1412 NE Mustang Dr. Andrews, TX 79714	Food and clothing resources for pregnant women
The Life Center – Odessa	(432) 617-8378	802 N Washington Ave Odessa, TX 79761	Food and clothing resources for pregnant women
The Life Center – Big Spring	(432) 606-5041	1801 S Main St. Big Spring, TX 79720	Food and clothing resources for pregnant women
Ector County Greater Works	(432) 661-2634	2616 Maple St. Odessa, TX	Emergency food pantry available to income qualified families.
L.O.O.P.S.	(432) 580-5667	205 E 10 th St. Odessa, TX	Food pantry
Bethlehem Baptist Church	(432) 853-1344	1000 W Clements Odessa, TX	Food pantry

Promise Land Ministries	(432) 337-2032	822 Glenn Odessa, TX 79762	Items for distribution may be free food, fruits, baby formula, and more.
Ector County Catholic Charities	(432) 332-1387	2500 Andrews Hwy Odessa, TX 79761	A number of social services are offered. A free soup kitchen with hot meals as well as an emergency food pantry are on site.
Salvation Army – Ector County	(432) 332-0738	810 E 11 th St. Odessa, TX	Food and clothing resource. Serves breakfast and lunch. Emergency shelter available. Clothing resource.
Jesus House Odessa	(423) 272-3362	1335 E 6 th St Odessa, TX	Hot meals and a men's homeless shelter provided.

*Several of these resources may offer telehealth options. Please call to inquire.