CATR ECHO Archive & Schedule 2020
School Behavioral Health

Videos and presentation materials may not be available for all CATR ECHO sessions. Please contact CATRECHO@ttuhsc.edu for specific requests.

March 12, 2020
CATR ECHO: Vaping Prevention
Didactic Presentation
Resources:
ECig Parent Tip Sheet

April 7, 2020
CATR ECHO: Distance Intervention and Resourcing
Didactic Presentation
Resources:
Session Video

April 21, 2020
CATR ECHO: Distance Intervention and Coping Skills
Didactic Presentation
Resources:
Session Video

April 30, 2020
CATR ECHO: Integrating the Texas Model for Comprehensive School Counseling
Didactic Presentation
Resources:
Texas Model for Comprehensive School Counseling Programs, Kids Tech for MH, TEA Resources During School Closures
Session Video

These resources are intended for educational and outreach purposes and should not be a replacement for therapy. Please adhere to your organizations policies, procedures, and protocols.
**June 11, 2020**  
**CATR ECHO: Boundaries and Ethics in a Work from Home Environment**  
Didactic Presentation  
Session Video

**August 13, 2020**  
**CATR ECHO: Organized Chaos**  
Didactic Presentation  
Session Video

**August 27, 2020**  
**CATR ECHO: Adolescent Anger**  
Didactic Presentation  
Resources:  
*The Upside of Anger*, *Teen Anger Management*, *StopBullying Resources*  
Session Video

**September 8, 2020**  
**CATR ECHO: Difficult Conversations**  
Didactic Presentation  
Session Video

**September 17, 2020**  
**CATR ECHO: Autism Spectrum and Developmental Disorders**  
Didactic Presentation  
Resources:  
*Resource Notes 9.17.2020*, *Project TEDD – Dual Diagnosis Training Program*  
Session Video

**September 24, 2020**  
**CATR ECHO: Trauma-Informed Schools**  
Didactic Presentation  
Resources:  
*Child Trauma Toolkit for Educators*, *Child Mind Institute*, *TEA Approved Grief and Trauma Practices*, *National Child Traumatic Stress Network for School Personnel*  
Session Video

**October 6, 2020**  
**CATR ECHO: Commonly Used Substances**  
Didactic Presentation  
Resources:  
*School Counselor’s Role with Students At-Risk for Substance Use – ACA*, *Common Drugs and Withdrawal Symptoms*, *Commonly Used Drugs Chart*  
Session Video

**October 15, 2020**  
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**December 8, 2020**

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<th>CATR ECHO: Cultural Competence - Microaggressions</th>
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<td>Youth Empowerment Services Waiver (YES Waiver)</td>
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**December 10, 2020**

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**December 15, 2020**

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<td>General Anxiety Resource – Grounding, Apps for Coping Skills</td>
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