Volunteers Needed For a Research Study

Community Dwelling Adults Age 65 to 89

“Treating Vitamin D Insufficiency in Community Dwelling Elderly to Improve Arterial Stiffness”

Principal Investigator: Pooja Sethi, MD

Purpose of this study:

To see what effect Vitamin D3 supplements have on arterial stiffness and inflammation. Arterial stiffness will be assessed through measurements non-invasively.

❖ You must be ambulatory, living at home, and capable of self-care.
❖ You have the ability to drive a vehicle without assistance.
❖ You must be willing to have laboratory drawn at each study visit.
❖ There will be 5 study visits over a 12 month period
❖ You will be randomized to either 800 IU Vitamin D3 or 5000 IU Vitamin D3.

If you are interested, please contact the Clinical Research Institute at 806-743-4222.

Participation is Voluntary and Confidential