

Volunteers Needed For a Research Study

Community Dwelling Adults Age 65 to 89

“Treating Vitamin D Insufficiency in Community Dwelling Elderly to Improve Arterial Stiffness”

Principal Investigator: Pooja Sethi, MD



Purpose of this study:

To see what effect Vitamin D3 supplements have on arterial stiffness and inflammation. Arterial stiffness will be assessed through measurements non-invasively.

- ❖ You must be ambulatory, living at home, and capable of self-care.
- ❖ You have the ability to drive a vehicle without assistance.
- ❖ You must be willing to have laboratory drawn at each study visit.
- ❖ There will be 5 study visits over a 12 month period
- ❖ You will be randomized to either 800 IU Vitamin D3 or 5000 IU Vitamin D3.

If you are interested, please contact the Clinical Research Institute at 806-743-4222.

Participation is Voluntary and Confidential



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