Texas Tech University Health Sciences Center researchers are conducting a 24-week research study examining the effects of tocotrienols, a type of vitamin E, on obesity-associated outcomes.

This study requires participants to be randomly assigned to take tocotrienols or a placebo and includes a fat scan and some blood tests, such as blood chemistry and thyroid hormone, at no cost to participants.

The study is led by Leslie Shen, Ph.D., professor of pathology, Texas Tech University Health Sciences Center School of Medicine, Lubbock, and funded by a grant from School of Medicine, & Laura W. Bush Institute for Women's Health, Texas Tech University Health Sciences Center.

Who is needed:
Postmenopausal women with Body Mass Index (BMI) ≥ 30 kg/m²

When:
24-week study beginning Fall 2018

For more information and/or to participate, contact Ami Knox:

(806) 743-4176
ami.knox@ttuhsc.edu