



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER™

participants needed for a research study

Tocotrienols (vitamin E isomers) for MUSCLE Health

Texas Tech University Health Sciences Center researchers are conducting a 24-week research study examining the effects of tocotrienol, a type of vitamin E, on skeletal muscle health.

This study requires participants to be randomly assigned to take tocotrienols or a placebo and includes muscle (endurance, strength, function, and size) assessment and some blood tests, and a pedometer at no cost to participants.

The study is led by Leslie Shen, Ph.D., professor of pathology, Texas Tech University Health Sciences Center School of Medicine, Lubbock, and funded by a grant from South Plains Foundation.

Who is needed:

Postmenopausal women (60-85 yr)

When:

24-week study beginning fall 2018

For more information and/or to participate, contact Ami Knox:

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