

participants needed for a research study

Tai Chi and eCB in Women

Who is needed: Postmenopausal Women

Texas Tech University Health Sciences Center researchers are conducting a research study examining the effects of Tai Chi, a mind-body moderate-intensity exercise, on circulating endocannabinoid (eCB) levels in women.

This study requires participants to have some blood tests and to perform Tai Chi group exercise for FOUR sessions on non-consecutive days at no cost to participants.

The study is led by Leslie Shen, Ph.D., professor of pathology, Texas Tech University Health Sciences Center School of Medicine, Lubbock, and funded by a grant from Center of Excellence for Translational Neuroscience and Therapeutics.

For more information and/or to participate, contact the Clinical Research Institute:

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