Texas Tech University Health Sciences Center (TTUHSC) Garrison Institute on Aging received a 2019 Texas Health and Human Services Commission (HHSC) Innovators in Aging award for its initiative to enhance healthy aging. The Garrison Institute on Aging focuses on research in age-related health issues such as Alzheimer’s disease through education and community outreach programs.

The Innovators in Aging Award recognizes individuals and organizations that are positively impacting the lives of older Texas residents. Award recipients work to improve the quality of life for the growing population of seniors in Texas.

The Garrison Institute on Aging is headed by Volker Neugebauer, M.D., Ph.D., and conducts research, education and community outreach for collaborations to create initiatives. Their vision is to create collaborative initiatives related to healthy aging and aging-related disorders and educate the public with through their research.

“I am very proud that the Garrison Institute on Aging at TTUHSC received one of the 2019 Innovators in Aging award from the Texas Health and Human Services Commission (HHSC),” Neugebauer said. “Our Community Outreach Team headed by Annette Boles is doing a wonderful job providing education and support for the elderly and their caregivers through various innovative activities such as Retired Senior Volunteer Program (RSVP), Healthy Aging Lecture Series, Care Partner Academy, Chronic Disease Self-Management Program and Healthy Lubbock.”

Texas HHS Services recognizes organizations which are proactive in creating initiatives and help seniors stay connected, informed and healthy.

“These wonderful initiatives serve the mission of Garrison Institute on Aging to improve healthy aging and aging-related disorders through research, education and community outreach,” Neugebauer said.