News Release

**FOR IMMEDIATE RELEASE**

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**TTUHSC’s Garrison Institute on Aging to Host Fifth Alzheimer’s Awareness Symposium**

The Alzheimer’s Association estimates approximately seven million people in the U.S. are currently living with Alzheimer's Disease, ranked in 2021 as the fifth-leading cause of death among people age 65 and older. That number is expected to top 13 million by 2050.

To spotlight and address the challenges posed by this disease, the Texas Tech University Health Sciences Center (TTUHSC) [Garrison Institute on Aging](https://www.ttuhsc.edu/centers-institutes/garrison-aging/default.aspx) is hosting three events in November, including its Fifth Annual Alzheimer’s Awareness Symposium from 9 a.m. to 3 p.m. Nov. 19 at the McKenzie-Merket Alumni Center, 2521 17th Street.

The event will feature guest speaker Allison Applebaum, Ph.D., who will present, “Focusing on the Caregiver.” Applebaum is founding director of the Caregivers Clinic at Memorial Sloan Kettering Cancer Center in New York City. She also serves as a professor in the Brookdale Department of Geriatrics and Palliative Medicine for the Icahn School of Medicine at Mount Sinai (New York).

The symposium, which will include community vendors, is free to attend, though seating is limited. Registration begins at 8:30 a.m. Those wishing to partake in a continental breakfast and lunch must RSVP by Nov. 13.

Prior to the symposium, the Garrison Institute on Aging will host events on Nov. 6 and Nov. 12. The Nov. 6 event will feature a presentation by Lee Franks, J.D., titled “Caregiving and Legal Issues...How to Stay Ahead of the Game.” It will be held from noon to 1 p.m. at the Garrison Institute on Aging, 6630 Quaker, Suite E.

On Nov. 12, The Garrison Institute on Aging will host a research presentation by Damali Martin, Ph.D., MPH, chief of the Population Studies and Genetics Branch, Division of Neuroscience at the NIH-National Institute on Aging. Martin will deliver her presentation (“Neurodegeneration Research: Crossing Borders for Equity”) from noon to 1 p.m. at the TTUHSC Academic Classroom Building, Room 110, 3601 4th Street.

For more information, or to RSVP for the Alzheimer’s Awareness Symposium continental breakfast and lunch, please contact ttuhscgarrisoninstituteonaging@gmail.com or call (806) 743-7821.

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