



News Release

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Spring Cleaning? Don't Forget Your Medicine Cabinet

TTUHSC to Host Spring Medication Cleanout™

Run by the Texas Tech University Health Sciences Center (TTUHSC) Jerry H. Hodge School of Pharmacy, the Texas Panhandle Poison Center (TPPC) is hosting this year's Spring Medication Cleanout™ event on April 13 (Saturday) from 10 a.m. to 2 p.m. at the Texas Tech Physicians Medical Pavilion, 3601 Fourth St.

Aiming to prevent misuse and abuse of prescription medication, the drive-thru event provides residents with an environmentally responsible way to dispose of their unwanted medications and sharps. With yard signs directing them, the added convenience of staying in their cars allows for an easy drop-off experience.

“With spring cleaning upon us, don’t forget medications,” TPPC Managing Director Jeanie Shawhart, Pharm.D., said. “It’s time to go through your home to collect any medications that are no longer being used. Even if they aren’t expired, it’s a good idea to clean them out. Otherwise, they are a risk for poisoning and drug overdose.”

Shawhart said it is eye-opening to see how much unused medication is out there. Unused medications around young children or teens pose a deadly risk and are extremely harmful to the community. Only household medications can be accepted and are recommended to be left in their original containers. Medications from clinics, pharmacies and other businesses are not allowed.

“By bringing these items to Medication Cleanout™ you can rest easier,” Shawhart said. “Know that you’ve reduced risk in your home and that your items will not end up in the sewer system or landfill where they could eventually make their way into our drinking water.”

Volunteers providing support for the event include staff from the TPPC, The Texas Tech University (TTU) Police Department and the Department of Community, Family and Addiction Services at the TTU College of Human Sciences. Students from the TTUHSC Schools of Pharmacy and Nursing also are volunteering. For more information or to volunteer, call (806) 414-9495 or visit MedicationCleanout.com

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