

News Release

FOR IMMEDIATE RELEASE

Sept. 25, 2024 CONTACT: Hope Caperton, <u>hcaperto@ttuhsc.edu</u> (806) 743-2143

TTUHSC Free Clinic to Host Women's Health Day

The Free Clinic, staffed by Texas Tech University Health Sciences Center (TTUHSC) School of Medicine, will host the Women's Health Day Clinic from 10 a.m. to 1 p.m. on Nov. 2 (Saturday) at The Free Clinic located at Lubbock Impact, 2707 34th St.

The Women's Health Day Clinic will provide free medical care for women 18 to 64 years of age who have no form of medical coverage. Services include breast and pelvic exams, pap smears, mammogram and colonoscopy referrals, STI testing and pregnancy tests.

The Free Clinic is a non-billing clinic developed by the TTUHSC School of Medicine.

"This event will offer vital and potentially life-saving preventive care for uninsured women ages 18 to 64," Aliya Khan, The Free Clinic women's health coordinator and a School of Medicine student, said. "These include important screening tests that help detect early signs of cervical cancer and breast cancer."

The Centers for Disease Control and Prevention (CDC) reports that cancer is the second leading cause of death in the U.S., accounting for approximately one-quarter of all fatalities. Breast cancer is the second most common cancer among women, with an incidence rate of eight new cervical cancer cases per 100,000 women.

Khan said early detection of these diseases can drastically improve outcomes. Treatment can be more effective in the earlier stages of disease progression.

"We also offer services and resources which are crucial to promote overall health and wellness," Khan said. "For Women's Health Day, we hope to encourage women to take charge of their health and gain some peace of mind."

The event is appointment-based. To schedule an appointment, call or text (806) 370-7472. For more information, contact The Free Clinic staff at (806) 799-4329 from 4 - 9 p.m. on Wednesdays.

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