



## News Release

### FOR IMMEDIATE RELEASE

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### **The Free Clinic to Host Women's Health Day at Lubbock Impact**

Texas Tech University Health Sciences Center (TTUHSC) School of Medicine students will host Women's Health Day at the Free Clinic Saturday (May 3) from 10 a.m. to 1 p.m. at Lubbock Impact, 2707 34th St. This event is designed to provide essential women's health services at no cost to eligible individuals, ensuring that women in the community have access to the health care they need.

Women between the ages of 18 and 64 who do not have insurance, Medicare or Medicaid are encouraged to attend and receive vital health screenings and preventative care, including pap smears, breast exams, pelvic exams, STI testing, mammogram referrals, colposcopy referrals and more.

Access to health care remains a challenge for many women who are uninsured or underinsured. Women's Health Day aims to bridge this gap by offering free exams and referrals. Regular screenings can help detect potential health issues before they become serious.

"Our goal is to provide compassionate, high-quality health care to women who might otherwise go without necessary screenings and preventative services," Tanuja Nath, a TTUHSC School of Medicine student, said. "We believe that every woman deserves access to essential health care, regardless of her financial situation."

Appointments are highly recommended to ensure each participant receives the care and attention they need. Those interested should call (806) 799-4329 on Wednesdays from 4-9 p.m. or (806) 370-7472 on all other days and times.

Nath said walk-ins will be accepted as availability allows, but securing an appointment is the best way to guarantee services. "Don't miss this opportunity to take charge of your health! If you or someone you know meets the eligibility criteria, please spread the word and encourage them to attend Women's Health Day," Nath said.

The Free Clinic is a volunteer-driven health care facility staffed by TTUHSC School of Medicine faculty and students committed to serving uninsured individuals in Lubbock and the surrounding areas.