
Heart to Heart Belize International Program

Sunday, May 17 – Friday, May 22, 2026

General Information:

A TTUHSC-sponsored international program for students has been planned for Belize for course and/or clinical credit for TTUHSC students. Designation of course credit will be dependent upon the individual student's program of study.

Upon completion of the international program, students will be able to:

- Examine key events shaping the history of Belize and articulate the primary challenges to Indigenous populations in Belize.
- Describe the structure of the Belizean healthcare system, including its organization, funding sources, and delivery mechanisms.
- Summarize the social, economic, and cultural factors contributing to global health disparities and the impact on patient outcomes, drawing comparisons between Belize, Texas, and the United States as a member of an interprofessional team.
- Develop patient-centered interventions and communication styles that respect the patient's cultural and religious beliefs.
- Compare and contrast the roles of healthcare practitioners across various settings, evaluating the scope of practice and systemic influences.
- Reflect on personal and professional growth, including the development of interprofessional competencies and the integration of structural and cultural competence into one's practice.
- Evaluate interdisciplinary strategies and cultural competency, proposing improvements for future practice.

International Program Cost:

The international program fee is \$2,450 and includes all lodging, most meals, supplies, administrative costs, group cultural excursion activities, and transportation while in Belize.

Additional expenses **not** covered by the program fee include international airfare, additional meals, and personal spending.

Selected participants must submit an initial payment of \$1,225 by Friday, February 20, 2026. Full payment is due by Friday, April 17, 2026.

Information regarding available funding can be found on the Office of Global Health (OGH) website: <https://www.ttuhscc.edu/global-health/funding.aspx>.

Application Process:

The application for this international program is available at the following link:

<https://student.ttuhscc.edu/global-health/belize.aspx>

Applications are due by Sunday, January 18, 2026, at 11:59 PM CT. Applicants will be notified of their acceptance by February 6, 2026.

Eligibility Requirements:

To be eligible to participate in an International Program for Students, a person must be a student at the University. For the purposes of an International Program for Students, a student is defined as all persons taking courses at the University, either full-time or part-time, pursuing undergraduate, graduate or professional studies, specifically excluding School of Medicine House Staff. Persons who are not officially enrolled for a particular term but who have a continuing relationship with the University or who have been notified of their acceptance may be considered students.

For the purposes of an International Program for Students, a person is considered to have a continuous relationship with the University if the person was enrolled at the University for the preceding semester and:

- Is registered or preregistered for the following semester; or
- If the person has not completed the person's degree program, is eligible to continue the degree program in the following semester; or
- If the person completed a degree program in the preceding semester and is admitted to another degree program at the University for the following semester.

In addition, person must be in good academic and disciplinary standing as determined by the person's school at the time the person applies for an International Program and at the time of the dates of travel. Good disciplinary standing is defined as relating to a student not currently on disciplinary probation; or, a student, whose disciplinary suspension, expulsion or conditions and/or restrictions imposed, if any, have been totally fulfilled in a timely manner.

Per TTUHSC OP 10.29, International Programs for Students, International Programs are part of a degree program. As such, schools will determine course credit being awarded for an International Program in accordance with TTUHSC OP 60.05.

Participant Selection:

The TTUHSC leadership team will select approximately 12–24 students for the program. Should demand exceed available spots, a selection rubric will be used. Applicants not initially selected may be placed on a waitlist.

Withdrawal/Refunds:

TTUHSC is not responsible for any financial losses associated with airline bookings, program fees, or other expenses if a participant becomes ineligible or unable to participate. Participants assume responsibility for any financial losses incurred in such situations.

Mandatory Team Meetings:

Selected students are required to attend 6-8 mandatory pre-travel team meetings starting the week of February 9, 2026. Meetings will be conducted via Zoom and are expected to last approximately one hour each.

Pre-departure Requirements:

All participants must complete the TTUHSC International Program pre-departure requirements. Detailed information on these requirements is available on the Office of Global Health website at <https://www.ttuhscc.edu/global-health/requirements.aspx>.

For Additional Information:

Please contact the Office of Global Health at globalhealth@ttuhscc.edu with any questions regarding the Heart to Heart Belize International Program.