The TTUHSC Office of Global Health Presents CULTURE IN MOVEMENT FEATURING **BRAZILIAN JIU JITSU**

A MICROLEARNING CULTURAL EXPERIENCE

Join us as we learn about the "Gentle Art" of Brazilian Jiu-Jitsu (BJJ) from **Professor Douglas Bueno. Professor** Bueno operates his academy in Lubbock as part of United Martial Arts (UMA). He was born and raised in Brazil and began training in BJJ at the young age of 16. Many in the Jiu-Jitsu community will tell you that the art "Saved Their Life" this sentiment goes far beyond simple physical defense.



January 21 2:00p-2:30p

This event will



occur via ZOOM.

(Link provided with registration)

<u>Register for the event</u> **HERE!**

This event is cosponsored with the Global Health Alliance.

THIS EVENT IS FREE AND OPEN TO THE PUBLIC. FOR MORE INFORMATION ABOUT THE SERIES, PLEASE **CONTACT THE OFFICE OF GLOBAL HEALTH AT GLOBALHEALTH@TTUHSC.EDU OR VISIT OUR WEBSITE**

WWW.TTUHSC.EDU/GLOBAL-HEALTH. **PERSONS NEEDING ASSISTANCE ARE REQUESTED TO** CALL 806-743-2901.

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