

In the coming weeks, we look forward to participating in your journey as a Physician Assistant student. As you prepare for your coursework, we would like to recommend a few resources.

### **Anatomy and Basic Sciences I Review**

Anatomy and Basic Sciences I are among the rigorous courses starting in the summer. In addition, you will be taking Pharmacology I, Clinical Skills I, and Professional Development.

It is expected that you will start with a baseline knowledge learned in your PA school prerequisites. You may wish to review information from your previous textbooks and courses. A book that may assist with review at the baseline level we expect is as follows:

Waugh A, Grant A. *Ross and Wilson Anatomy and Physiology in Health and Illness, 14<sup>th</sup> ed.* Elsevier. 2022. ISBN 978-0323834605

A pre-quiz for anatomy and physiology is linked separately to assist in knowledge self-assessment of readiness.

Additionally, a module to help you understand medical root words can be found at the following link.

<https://medlineplus.gov/medwords/intro1.html>

### **Study Methods**

It is likely that the curriculum of the PA program will be delivered at a more rigorous pace than your previous studies. Many students find they need to change their study habits and use new methods in order to learn the amount and depth of content. It is highly recommended that you read the following book and begin thinking about your learning and study habits:

Brown PC, Roedger HL, McDaniel MA. *Make It Stick. The Science of Successful Learning.* The Belknap Press of Harvard University Press. Cambridge, MA. 2014. ISBN 978-0674729018

### **Other Helpful Hints:**

The PA Education Association (PAEA) and American Academy of PAs (AAPA) also have some nice hints about preparing for PA school.

<https://paeaonline.org/pa-school-what-to-expect/>

<https://www.aapa.org/news-central/2018/01/5-tips-for-pa-schools-didactic-phase/>

### **Other resources:**

Once you have your email and Eraider set up, you will have access to the TTUHSC library resources.

<https://www.ttuhsc.edu/libraries/> Here you will find databases such as access medicine, clinical key, and other sources for medical textbooks. ExamMaster, an exam question review database is also available, with questions available in basic sciences.

If you have heard of other resources or have recommendations, we are happy to hear of them.