



**YOUR *life* • OUR PURPOSE**  
TEXAS TECH UNIVERSITY  HEALTH SCIENCES CENTER

## SHELBY SOUTHARD

*School of Health Professions*

### BECAUSE YOU GAVE...

I chose this current degree path because I wholeheartedly believe in the mission of occupational therapy to increase well-being by promoting function and independence to be able to do all of the meaningful activities that make up our daily lives. I became truly passionate about this field after becoming the main caretaker for my grandparents. During the year before starting my program, I cared for my grandmother with amyotrophic lateral sclerosis (ALS) and for my grandpa with dementia shortly after. After experiencing the impact of occupational therapy, I know I chose the greatest path.

### WITH YOUR SUPPORT, I CAN...

I am incredibly grateful for being selected as a recipient of this scholarship. The funding from this scholarship will allow me to continue being successful in my academic program through numerous scholarly activities. It will allow me to continue pursuing an out-of-state program at a more affordable rate after paying for other living costs.

### WHY I CHOSE TTUHSC...

Some of the best things I have learned in and out of the classroom are how to be a truly compassionate and holistic provider of care. I am thankful to have the opportunity to be surrounded by incredible faculty and peers in my cohort that I learn from every day. The program has continually provided me with a vast array of hands-on opportunities through volunteering in the community and interactions with clients to further develop my potential as an excellent practitioner of occupational therapy.