

TTUHSC Interprofessional Practice and Education (IPE) Learning Activity

Title of interprofessional practice and education learning activity

Interprofessional Medicare Wellness Clinic: A Collaborative Care Clinic

Activity Status

Approved

Start Date

9/27/2016

End Date

6/30/2020

Criteria for registering the interprofessional practice and education learning activity

- Involvement of two or more professions.
- Opportunities to learn about, from, and with one another.
- Significant interactivity between participants.
- Teaching and learning about interprofessional practice and education is intentionally integrated into the activity. Interprofessional practice and education constructs are targeted with IPE learning objectives (see section on IPE learning objectives to follow) and are also discussed, trained, reviewed, and/or assessed as part of the learning activity.

Type of learning activity

- Experiential and/or clinical learning

IPEC Core Competencies Targeted by this IPE Learning Activity

- Interprofessional Communication: Communicate with patients, families, communities, and professionals in health and other fields in a responsive and responsible manner that supports a team approach to the promotion and maintenance of health and the prevention and treatment of disease.
- Roles and Responsibilities: Use the knowledge of one's own role and those of other professions to appropriately assess and address the health care needs of patients and to promote and advance the health of populations.
- Teams and Teamwork: Apply relationship-building values and the principles of team dynamics to perform effectively in different team roles to plan, deliver, and evaluate patient/population-centered care and population health programs and policies that are safe, timely, efficient, effective, and equitable.

Detailed description and purpose of learning activity

A healthcare team of faculty members representing audiology, behavioral health, medicine, nursing, pharmacy, physical therapy, and speech-language pathology designed and implemented an Interprofessional Medicare Wellness Clinic (IMWC) at the TTUHSC Lubbock Department of Family and Community Medicine outpatient clinic. The IMWC was developed as both a clinical and an educational initiative, with the dual goals of conducting wellness visits in a primary care setting and increasing students' interprofessional competence, knowledge, understanding, and respect for collaborative practice. This clinic is innovative in that it was the first of its kind to be offered in the west Texas region as a community outreach program to promote prevention/wellness and to improve the healthcare outcomes of elderly patients. By attending the IMWC, Medicare recipients are offered the opportunity to receive a comprehensive, collaborative care visit that would not normally be included in their annual wellness visit with a primary care provider. The clinical objective is to improve patient outcomes through an interprofessional, patient-centered initiative in preventive healthcare. IMWCs are an ongoing twice monthly clinic with each clinic session running for approximately 3.5 hours. Students from audiology, medicine, nursing (graduate and doctoral level), occupational therapy, physical therapy pharmacy, and speech and language therapy participate in each IMWC.

Outline of Clinic:

1. Pre-clinic team meeting: Discuss roles and responsibilities of professions. Students ask questions of other professions to learn more about each profession and the collaborative care model. Foundations of collaborative team based care are discussed and related to the clinic.
2. Chart review: Team reviews the patients' charts together and each profession is encouraged to identify areas in need of further assessment. A collaborative screening plan is developed.
3. Clinic: Interprofessional teams of students stay with a patient all morning during the screenings. Students have an opportunity to learn the screening procedures of each profession and work collaboratively to develop recommendations.
4. Patient rounds: Team meeting after clinic to develop team recommendations and patient-centered plan of care. Students are encouraged to ask questions and participate in treatment decision-making.
5. Team debrief: A facilitated debrief of the clinic and team functioning allows students to compare/contrast collaborative care vs single clinician care as it relates to wellness and prevention.

Level of interprofessional practice and education integration

- Immersion Level: Consists of development learning activities that provide learners with the opportunity to learn about, with, and from other professional learners in an active learning situation where they are applying learning during the activity. The desired outcome for activities offered at the immersion level is that learners will develop critical thinking skills as part of an interprofessional view that incorporates multiple perspectives, and acknowledges and encourages diversity in providing quality health and human services.

Attendance or participation in learning activity

- Certificate credit
- CV credit
- Experiential credit
- Portfolio credit
- Voluntary basis

Frequency of learning activity

The Interprofessional Medicare Wellness Clinic occurs 2 Monday mornings per month in the TTUHSC Department of Family and Community Medicine on the Lubbock Campus. The clinic runs during the Fall and Spring semesters.

Duration and/or timeline of learning activity

The Interprofessional Medicare Wellness Clinic is a 3.5 hour clinic. The timeline of the clinic is as follows: 8:30-9:00 Introductions, discussion of roles and responsibilities, and discussion of interprofessional collaborative practice in the primary care setting for geriatrics. Students have the opportunity to ask questions of other students/preceptors regarding roles and responsibilities and team-based care. 9:00-9:20 - Interprofessional chart review. While staffing the patients, each profession has the opportunity to discuss areas of concern and the team determines the best course of action for addressing concerns. 9:20-11:20 - Interprofessional teams of students and preceptors provide an annual Medicare Wellness screening to 2-3 geriatric patients. 11:20-12:00 - Team debrief. Professions review recommendations and the team comes up with an collaborative plan of care. Students have an opportunity to ask questions about roles and responsibilities. Teamwork and collaborative care themes are presented throughout the debrief.

Campus and/or location of learning activity

- Lubbock

Average number of learners participating in the learning activity

There are approximately 10-12 students per clinic.

Target Audiences

GSBS Audiences

SHP Audiences

- Audiology, AuD
- Physical Therapy, DPT
- Speech-Language Pathology, MS

SOM Audiences

- MS 3
- MS 4
- Residents

SON Audiences

- Doctor of Nursing Practice
- Graduate MSN
- Post-Master's/Advanced Practice

SOP Audiences

- P3
- P4

Other

TTUHSC students are welcome to volunteer for this IPE Learning Activity.

IPE learning objectives for the activity

Values and Ethics for Interprofessional Practice

- Place the interests of patients and populations at the center of interprofessional health care delivery and population health programs and policies, with the goal of promoting health and health equity across the life span.

Roles and Responsibilities

- Communicate with team members to clarify each member's responsibility in executing components of a treatment plan or public health intervention.
- Explain the roles and responsibilities of other care providers and how the team works together to provide care.

Interprofessional Communication

- Communicate with patients, families, communities, and other health professionals in a responsive and responsible manner that supports a team approach to the maintenance of health and the treatment of disease.

Teams and Teamwork

- Integrate the knowledge and experience of other professions, appropriate to the specific care situation, to inform care decisions, while respecting patient and community values and priorities/ preferences for care.
- Engage other health professionals, appropriate to the specific care situation, in shared patient-centered problem-solving.

Type of assessment administered

- Self-reflection

Formal assessment protocol used, if applicable

Type of program evaluation administered

- Activity feedback/evaluation – from faculty and/or preceptors
- Activity feedback/evaluation – from other learners

Provide details on the potential sustainability of the learning activity

The SOM, SON, SOP, SHP, the Office of Interprofessional Education, and the TTUHSC Dept of Family and Community Medicine is committed to continuing the Interprofessional Medicare Wellness Clinic. This IPE Learning Activity provides an innovative collaborative care experience for students in a primary care setting. It also provides Medicare recipients with a thorough annual Medicare screening.

Additional information about learning activity, if necessary

Roles of faculty/staff in learning activity (e.g., planning committee, facilitators, instructors, mentors, etc.):

Faculty in the SON, SOM, SOP, SHP and the Office of Interprofessional Education plan/organize the clinic, implement the IPE curriculum during clinic, and precept students.

Learning activity organizer

- Office of Interprofessional Education
- School of Health Professions
- School of Medicine
- School of Nursing
- School of Pharmacy

Contact person(s) and contact information for learning activity

Office of Interprofessional Education Texas Tech University Health Sciences Center 3601 4th Street | STOP 6231 | Office 3B 150J | Lubbock, Texas 79430-6231
806.743.2028 | renee.bogschutz@ttuhsc.edu | www.ttuhsc.edu/ipe