# **Texas Tech University Health Sciences Center** The Interprofessional **Toy Fair & Expo**

Play is the beginning of knowledge - George Dorsey



# What is the Interprofessional **Toy Fair & Expo**

In the United States, about one in six, or about 15%, of children have one or more developmental delays and/or disabilities. Developmental delays and disabilities are a group of conditions due to an impairment in physical, learning, language, or behavior areas. Early Childhood Intervention (ECI) services help infants and toddlers with delays and disabilities learn many key skills and catch up in their development. Lubbock ECI provides health care services that focus on helping eligible infants and toddlers learn the basic and brand-new skills that typically develop during the first three years of life.

Each October, the Office of Interprofessional Education at Texas Tech University Health Sciences Center (TTUHSC) hosts the Interprofessional Toy Fair and Expo for children age birth-to-3, who receive early intervention services for developmental delays and disabilities through Lubbock ECI. During the event, interprofessional teams of TTUHSC students from audiology, nursing, occupational therapy, physical therapy, and speechlanguage pathology educate families on the safe use of toys to increase physical, cognitive, communicative, social/emotional, and self-help skills. Families who participate in therapeutic toy demonstrations are provided educational materials about the safe use of toys to foster development. Families also receive a student-developed flip-book about all demonstrated toys. At the end of the event, each child is given an early literacy book and a therapeutic toy appropriate to his or her developmental delay or disability to take home.



### Why reading and play matter for children with developmental delays/disabilities

Developmental delays and disabilities, due to an impairment in physical, learning/cognition, communication, or emotional/behavior areas, impact a child's day-to-day functioning, and often last throughout a person's lifetime. Playing with toys and reading books is critical when it comes to learning, growth, and development in infants and toddlers. As such, developmental skills are practiced and promoted through play and early literacy activities. Engaging with toys and books is a highly effective mode of learning, especially for children with developmental delays or disabilities. Unfortunately, one of the biggest challenges for a family with an infant/toddler, who has a developmental delay or disability, is selecting and safely using toys to foster child development. Additionally, many families do not have access to books, which are necessary for developing early literacy skills in preparation for kindergarten.

Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning.

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## Community engagement as building blocks for interprofessional education

Interprofessional practice and education (IPE) is a powerful tool to establish linkages between the education system, the health care delivery system, and the community. According to the World Health Organization (WHO), IPE is a necessary step in preparing a "collaborative practice-ready" health care workforce that is better prepared to respond to individual and community health needs. The purpose of the *Interprofessional Toy Fair and Expo* is to utilize a community and service-learning event for families with children who have developmental delays or disabilities to train collaborative practice skills in teams of health professions students.

Each year, more than 150 students and 20 faculty preceptors from audiology, nursing, occupational therapy, physical therapy, and speech-language pathology participate in this event. Interprofessional practice and education is targeted in the following ways:

**Roles and Responsibilities:** Interprofessional teams of 8-10 students work together to learn from, with, and about each other when planning the event, as well as developing the flip-book and other educational materials for the families.

Team/Teamwork and Interprofessional Communication: During the facilitated brief and debrief before and after the event, IPE concepts, strategies, and tools related to teamwork, interprofessional communication, and collaboration are reviewed, discussed, and reflected upon.

Values/Ethics for Interprofessional Practice: Interprofessional teams of students embrace the cultural diversity and individual differences that characterize children with developmental delays or disabilities, their families, and the interprofessional team.

# Partner with us to sustain our mission

We need your help and support! We rely on the generosity of volunteers, donors, community grants, and corporate sponsors to be able to deliver quality education, training materials, flipbooks, early literacy books, and therapeutic toys to families and children with developmental delays and disabilities. We are thankful for the support from our previous sponsors, who include Junior League of Lubbock and Greater Southwest Lubbock Rotary Club. Sponsorship benefits include your corporate name and logo prominently displayed on promotional items, bags for toys, and advertising materials. Contact us to learn more about how you can contribute and make a tangible impact on west Texas infants and toddlers with developmental disabilities or delays.

Get involved today through one of the many ways to support our mission

- Corporate sponsorship
- Vendor/exhibitor table at the event
- Volunteer at the event
- Donate new children's books for ages birth-to-3
- Become a donor all monetary donations are tax-exempt

#### **Give Online**

- Visit www.yourlifeourpurpose.com
- Click give TODAY
- Under Area of Support, click Other and type Interprofessional Education

Children learn as they play. Most importantly, in play children learn how to learn.

O. Fred Donaldson



