# Search Strategy

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TEXAS TECH UNIVERSITY



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#### Goals & Objectives

Improve students' ability to construct strong search strategies in PubMed:

- Basic terminology is explained
- Appropriate usage examples are presented
- Questions are supplied for practice



#### Introduction

The old saying "Garbage in, garbage out" holds true for developing strong searching skills.

If you "Ask" the right question, you will "Acquire" the information you are seeking.



#### Database Used - PubMed

Examples are based on the PubMed database

- PubMed is:
  - is free
  - has 36+ million records from over 5,200 publications
  - is updated daily
  - covers fields of:
    - medicine, nursing, dentistry, veterinary medicine, pharmacology, health care system, and allied health
  - is international in scope



#### **Boolean Operators - Glossary**

Boolean Operators: logic system used to combine search terms

- AND
- OR
- NOT





#### Less is More!

If you focus on your topic, even though you have fewer numbers of results, your results will be more relevant!



### Keywords

# Stroke (keyword) retrieves 451,000+ results

- Keyword searching locates the term anywhere in the electronic record, even when the article's focus is on another topic.
- "Swimming strokes" will also appear in the results of this search on "stroke".

Keyword searching *also* locates very recent articles that have not yet been indexed or tagged with *Subject Headings*.





Psychogios MN, Ntoulias N, Fischer U, Luethi M, Sporns PB.

PMID: 38324207

Clin Neuroradiol. 2024 Feb 7. doi: 10.1007/s00062-024-01386- Online ahead of print

were valid on the day this PowerPoint was created. PubMed is updated daily so the numbers may change.

### Medical Subject Headings (MeSH)

# Stroke (MeSH) retrieves 178,000+ records

- MeSH is the controlled vocabulary or thesaurus used in PubMed to organize articles.
- Use MeSH headings to locate articles that are indexed or tagged for a specific concept.
- Related words or synonyms are included.
- Subject headings are easily modified using subheadings.



MeSH	MeSH	✓ stroke		Search	
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Full 🗸				Send to: -	
				PubMed Search Builder	
Stroke					
A group of pathological	conditions character	rized by sudden, non-convulsive loss of n	eurological function due to BRAIN ISCHEMIA or INT	RACRANIAL	
IEMORRHAGES Strol	ke is classified by the	e type of tissue NECROSIS such as the	anatomic location vasculature involved etiology age	e of the	
affected individual and	hemorrhagic vs. nor	n-hemorrhagic nature (From Adams et al	Principles of Neurology 6th ed. pp777-810)	e of the	
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cerebrospinal	l fluid	epidemiology	□ pathology	PubMed	
chemically in	duced	ethnology	physiopathology	- ubivied	
Classification		etiology	prevention and control	PubMed - Major Topic	
complications	5	genetics	psychology	Clinical Queries	
congenital		history	□ radiotherapy		
diagnosis			□ surgery	NLM MeSH Browser	
diagnostic im	aging	metabolism	□ therapy	dbGaP Links	
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C embryology			Add to search b	under to retriev	
					II <u>Clea</u>
Restrict to MeSH Ma	ajor Topic.			the second s	

Strokes

- Cerebrovascular Accident
- Cerebrovascular Accidents
- CVA (Cerebrovascular Accident

### Major Headings

Stroke (Majr) retrieves 141,000+ records

- Limiting the subject heading to "Major Topic" locates only those articles where the focus of the article is on this main concept.
- NOTE: Fewer articles are located with Major Topic than when searching with MeSH; however, these articles are focused and more relevant to your search.



NIH Natio	nal Library of Medicine Center for Biotechnology Information		shannon.harris.ml
MeSH	MeSH		Search
	Limits Advanced		Help
Full - Stroke		Send to: -	PubMed Search Builder
A group of pathological cor HEMORRHAGES. <b>Stroke</b> affected individual, and her Year introduced: 2008 (200	iditions characterized by sudden, non-convulsive is classified by the type of tissue NECROSIS, su norrhagic vs. non-hemorrhagic nature. (From Ad 10)	loss of neurological function due to BRAIN ISCHEMIA or INTRACRANIAL ch as the anatomic location, vasculature involved, etiology, age of the ams et al., Principles of Neurology, 6th ed, pp777-810)	Add to search builder AND V
PubMed search builder opt Subheadings:	ions		Search PubMed You Tube Tutorial
blood	enzymology	□ parasitology	Related information
cerebrospinal fill			PubMed
Classification		privace participation of the second sec	PubMed - Major Topic
complications	□ genetics	□ psychology	Clinical Queries
congenital	□ history	□ radiotherapy	NI M MeSH Browser
diagnosis	immunology	□ surgery	
diagnostic imagi	ng 🗌 metabolism	□ therapy	dbGaP Links
diet therapy	microbiology		MedGen
drug therapy	mortality		
	□ nursing		
embryology	_		Recent Activity
Restrict to MeSH Major	Topic rms found below this term in the MeSH hierarch	Check this box to select	"Major
Tree Number(s): C10.228. MeSH Unique ID: D020521	140.300.775, C14.907.253.855	Topic" when limiting ar	ticles to
Strokes		"Major Topic" only.	MeSH
Cerebrovascular Ac     Cerebrovascular Ac	cident cidents		Q adolescent (32) MeSH

### Example of MeSH Relationship



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- MeSH is organized into thematic hierarchical categories.
- Themes are broken down into more specific concepts.
  - i.e. subject headings.
- Articles are indexed (tagged) for the most specific concept.
- "+" signifies that there are more specific terms available.
  - e.g. Face +
- MeSH vocabulary is updated annually.
- Most articles are tagged with 10-15 subject headings.

#### "Do not include indented MeSH terms"

economics
 embryology

nursing

virology

Restrict to MeSH Major Topic.

Do not include MeSH terms found below this term in the MeSH hierarchy.



- All subject headings indented and below the chosen subject heading "Stroke" will automatically be included in the search strategy *unless* the "Do not include..." option is selected.
- Automatic inclusion of these terms broadens the search as related subject headings are added automatically.

i.e., Brain Infarction etc. is not included in this search because of our selection above.



## MeSH Subheadings

#### Stroke

A group of pathological conditions characterized by sudden, non-convulsive loss of neurological function due to BRAIN ISCHEMIA or INTRACRANIAL HEMORRHAGES. Stroke is classified by the type of tissue NECROSIS, such as the anatomic location, vasculature involved, etiology, age of the affected individual, and hemorrhagic vs. non-hemorrhagic nature. (From Adams et al., Principles of Neurology, 6th ed, pp777-810) Year introduced: 2008 (2000)

PubMod soarch	puilder	options

#### Subheadings:

Dlood	enzymology
□ cerebrospinal fluid	epidemiology
chemically induced	ethnology
□ classification	etiology
□ complications	genetics
□ congenital	history
□ diagnosis	immunology
diagnostic imaging	metabolism
□ diet therapy	microbiology
□ drug therapy	mortality
	nursing

parasitology
 pathology
 physiopathology
 prevention and control
 psychology
 radiotherapy
 surgery
 therapy
 urine
 veterinary
 virology

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	"Stroke/therapy"[Mesh]
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	Search PubMed
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	Related information
	PubMed
	PubMed - Major Topic
	Clinical Queries
	NLM MeSH Browser
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Design of the second states of

- Stroke (MeSH) with subheading: "therapy" retrieves 65,840+ results
- Stroke (Majr) with subheading:
   "therapy" retrieves
   48,180+ records

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	e suniect neading
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U	J

e.g., diagnosis of stroke or genetics of stroke or therapy of stroke

Select as many subheadings as you need.





#### MeSH Subheadings/Qualifiers

Abnormalities Administration & Dosage Adverse Effects Agonists Analogs & Derivatives Analysis Anatomy & Histology Antagonists & Inhibitors

Blood Blood Supply

Cerebrospinal Fluid Chemical Synthesis Chemically Induced Chemistry Classification Complications Congenital Cytology

Deficiency Diagnosis Diagnostic Imaging Diet Therapy Drug Effects Drug Therapy Economics Education Embryology Enzymology Epidemiology Ethics Ethnology Etiology

> Genetics Growth & Development

History

Immunology Injuries Innervation Instrumentation Isolation & Purification

Legislation & Jurisprudence

Metabolism Methods Microbiology Mortality Nursing Organization & Administration

Parasitology Pathogenicity Pathology Pharmacokinetics Pharmacology Physiology Physiopathology Poisoning Prevention & Control Psychology

Radiation Effects Radiotherapy Rehabilitation

Secondary Standards Statistics & Numerical Data Supply & Distribution Surgery Therapy Toxicity Transmission Transplantation Trends

**Therapeutic Use** 

Ultrastructure Urine

Veterinary Virology • Subheadings NARROW the subject heading.

- Usually they are combined with the subject heading.
  - e.g., Stroke/therapy ("stroke" is the subject heading and "therapy" is the subheading.)
- Not all subheadings are available for all terms.
  - e.g., Stroke/therapeutic use
- Subheading definitions: <u>https://www.nlm.nih.gov/mesh/</u> <u>qualifiers\_scopenotes.html</u>



#### PubMed Advanced Search

Pub Med<sup>®</sup>

stroke [MeSH]

Advanced Create alert Create RSS Clipboard (4)

The Advanced Search Page shows your search history, strategies, and search results. These search statement numbers (e.g. #5 or #6) can be combined with each other, [AND], or with new search terms [#X] using Boolean logic operators "AND", "OR", "NOT".

Note: The result numbers in your search sets may be different since the database is updated daily.





#### Filters – used to narrow down topic

1 year 5 years 10 years

Custom Range

Additional filters

Filters are located on the left side of the results page.

Activate filters by clicking checkboxes. Filters are active when the checkbox is blue.

TEXT AVAILABILITY				×
Abstract	ARTICLE TYPE	Azerbaijani	Macedonian	
		Bosnian	Malay	
		🗌 Bulgarian	Malayalam	
Full text	SPECIES	🗌 Catalan	Maori	
ARTICLE ATTRIBUTE		Chinese	Multiple Languages	
Associated data	ARTICLE LANGUAGE	Croatian	Norwegian	
		Czech	Persian	
		Danish	Polish	
Books and Documents	SEX	Dutch	Portuguese	
Clinical Trial		✓ English	Pushto	
Meta-Analysis		Esperanto	Romanian	
Randomized Controlled Trial	AGE	Estonian	Russian	
Review		🗌 Finnish	Sanskrit	
Systematic Review	OTHER	French	Scottish gaelic	
PUBLICATION DATE	1		Cancel Show	

~ <

Click Additional Filters to add other filters such as Humans, English, or Age Groups.



#### Filters – used to narrow down topic

- Commonly used modifiers are located within the Filters options.
- The Boolean operator OR is the default operator *within* groups.
  - e.g., **Meta-Analysis** or **Clinical Trial** from the Article Type grouping retrieves articles of either publication type.
- The Boolean operator AND is the default operator *between* groupings.
  - e.g. English from the Article Language grouping combined with Adult 19+ years from the Age grouping retrieves articles that are in English and deal with adults 19 years old and older. All concepts must be present for retrieval.





## WHEN DO I USE...

- Use MeSH when unfamiliar with the topic and don't know how much has been written on the subject. It will give you the broadest search for your term as a concept.
- Use Major: If you find too much on the subject then go back to the MeSH database and start filtering (narrowing down) by choosing to only get those articles that are focused on your topic (Majr).
- Attach subheadings to either MeSH or Major: when you are interested in a
  particular facet of your concept.

Most importantly, you will use pieces of the database to construct what you hope will give you the answer to your question.



## IT DEPENDS ON THE QUESTION!

- Sometimes your topic may be so small and already narrow that you only need to use MeSH.
  - Today (4/5/24) a search for Rhinosinusitis results in 180 articles
    - So will only need minimal work to narrow down.
  - Today (4/5/24) there are 1,295,057 articles on Heart Diseases
    - You will definitely want to narrow this down.
- How? Maybe you are interested in population, then locate a 2nd MeSH term.
  - e.g. African Americans and combine.
    - ("Heart Diseases"[Mesh]) AND "Black or African American"[Mesh]



## IT DEPENDS ON THE QUESTION!

- Articles are indexed/tagged to the most specific level of subject heading.
  - Heart diseases is very broad so narrow the strategy to a more specific term: myocardial infarction [MeSH]
  - You are interested in prevention:
    - There is a subheading for prevention and control that can be used with myocardial infarction
    - ("Myocardial Infarction/prevention and control"[Mesh]) = 11,188 articles (4/5/24) Still too many!
- So you may relook at your question and realize that what you really want are articles on the prevention of Myocardial Infarction in the African American population.
  - (2 MeSH headings and one of the MeSH headings has a subheading attached)
  - ("Myocardial Infarction/prevention and control"[Mesh]) AND "Black or African American"[Mesh] = 14





# REMEMBER: Combining two concepts (two MeSH terms) also narrows your topic.



Comment > Evid Based Med. 2016 Feb;21(1):33-4. doi: 10.1136/ebmed-2015-110258.

Epub 2015 Nov 25.

#### ACE inhibitors in African Americans with hypertension associated with worse outcomes as compared to other antihypertensives



#### Lars H Lund<sup>1</sup>

Affiliations + expand PMID: 26608476 DOI: 10.1136/ebmed-2015-110258

Article Link

View Complete Issue

This article was one the results of the strategy: ("Myocardial Infarction/prevention and control" [Mesh] AND "Black or African Americans"[Mesh]



#### Publication types > Comment MeSH terms > Angiotensin-Converting Enzyme Inhibitors / therapeutic use\* > Antihypertensive Agents / therapeutic use\* Black or African American\* > Female > Humans > Hypertension / drug therapy\* > Male > Myocardial Infarction / prevention & control\* > Stroke / prevention & control\* Substances

- Angiotensin-Converting Enzyme Inhibitors
- > Antihypertensive Agents

# The following slides and examples will help you to practice using these concepts





#### PubMed: How to Search Step-by-Step

- Access PubMed from library homepage <u>https://ttuhsc.libguides.</u> <u>com/new</u> to be connected to library subscriptions (more full text articles).
- From the PubMed homepage, click on MeSH Database to search by concept, or subject heading.

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#### **Review Point**

- Using the major Boolean operators "AND," "OR," and "NOT," a search strategy can be refined to effectively locate articles on specific topics.
- True or false: The Boolean operator "AND" means that an article MUST be indexed for both terms.
  - (e.g., HELLP Syndrome "AND" Pregnancy means that both concepts will be in all the articles)



#### **Review Point**

- True
- When using the Boolean operator "AND", articles are indexed for both terms. Only the articles in the intersection will be retrieved.

See Boolean Operators slide.



## Using MeSH

#### Step 1: On the MeSH page, type needed term. Then click Search.

NIH National Library of Medici National Center for Biotechnology Information	ne n
MeSH   MeSH   Limits Advanced	Search Help
	MeSH
	MeSH (Medical Subject Headings) is the NLM controlled vocabulary thesaurus used for indexing articles for PubMed.

If your term does not show up, consider using synonyms and if they are MeSH headings they will display. Next, consider a broader term that may be helpful. If you are still having difficulties locating an appropriate MeSH term, consult a librarian.



#### PubMed: How to Search Step-by-Step

Step 2: Select subheadings (optional) and/or restrict to Major Topic (optional) based on your search needs.

Step 3: Click Add to Search Builder.

Step 4: Click Search PubMed.



	Limits Advanced			Hel
Stroke group of pathological conditions character IEMORRHAGES. Stroke is classified by th ffected individual, and hemorrhagic vs. nor ear introduced: 2008 (2000) PubMed search builder options subheadings:	ized by sudden, non-convulsive loss o le type of tissue NECROSIS, such as t h-hemorrhagic nature. (From Adams et	Send to: - f neurological function due to BRAIN ISCHEMIA or INTRACRANIAL he anatomic location, vasculature involved, etiology, age of the al., Principles of Neurology, 6th ed, pp777-810)	PubMed Search Builder "Stroke/therapy"[Majr] Add to search builder AND Search PubMed	<b>v</b>
<ul> <li>blood</li> <li>cerebrospinal fluid</li> <li>chemically induced</li> <li>classification</li> <li>complications</li> <li>congenital</li> <li>diagnosis</li> <li>diagnostic imaging</li> <li>diet therapy</li> <li>drug therapy</li> </ul>	<ul> <li>enzymology</li> <li>epidemiology</li> <li>ethnology</li> <li>etiology</li> <li>genetics</li> <li>history</li> <li>immunology</li> <li>metabolism</li> <li>microbiology</li> <li>mortality</li> </ul>	<ul> <li>parasitology</li> <li>pathology</li> <li>physiopathology</li> <li>prevention and control</li> <li>psychology</li> <li>radiotherapy</li> <li>surgery</li> <li>therapy</li> <li>urine</li> <li>veterinary</li> </ul>	Related information PubMed PubMed - Major Topic Clinical Queries NLM MeSH Browser dbGaP Links MedGen	You Tutoria
economics  embryology  Restrict to MeSH Major Topic.  Do not include MeSH terms found below  ree Number(s): C10.228.140.300.775, C14  MeSH Unique ID: D020521	<ul> <li>nursing</li> <li>this term in the MeSH hierarchy.</li> <li>4.907.253.855</li> </ul>	□ virology	Recent Activity          Stroke         stroke (20)	Turn Off Clean MeS

#### PubMed: Results for 1<sup>st</sup> Concept

1<sup>st</sup> concept results:





### Using MeSH: 2<sup>nd</sup> Concept

#### Repeat steps/selections with 2<sup>nd</sup> concept.

MeSH	MeSH	✓ patient Limits	care team Advanced	Search	lelp
				MeSH	
				MeSH (Medical Subject Headings) is the NLM controlled vocabulary thesaurus used for indexing articles for PubMed.	



### Using MeSH: 2<sup>nd</sup> Concept

Choose 2<sup>nd</sup> concept selections, click **Add to search builder** and click **Search PubMed**.

2<sup>nd</sup> concept results:



	oreate diert Elinits Advanced		
<sup>Full</sup> <del>▼</del> Patient Care Team		S	Send to: - PubMed Search Builder "Patient Care Team"[Mesh]
Care of patients by a multidisciplin responsibilities and the whole tea Year introduced: 1968	nary team usually organized under the leadership of a im contributes to the care of the patient.	a physician; each member of the team has specific	
PubMed search builder options Subheadings:			Add to search builder AND  Search PubMed
<ul> <li>classification</li> <li>economics</li> <li>ethics</li> </ul>	<ul> <li>history</li> <li>legislation and jurisprudence</li> <li>organization and administration</li> </ul>	<ul> <li>□ standards</li> <li>□ statistics and numerical data</li> <li>□ trends</li> </ul>	You To Related information PubMed
Pub	"Patient Care Team"[Mesh]	× Search	
	Advanced     Create alert     Create RSS       Save     Email     Send to     Sort	by: Best match   Display options	
My NCBI FILTERS	73,212 results		
	Interdisciplinary approach t           Danilov A, Danilov A, Barulin A, Kur           Cite         Postgrad Med. 2020 Nov;132(sup3)	co chronic pain management. ushina O, Latysheva N. 1:5-9. doi: 10.1080/00325481.2020.1757305. Epub 2020	

### Using Advanced Search with "AND"

- 1. For 1<sup>st</sup> term, click on dots under Action and select Add Query.
- 2. For 2<sup>nd</sup> term, click on dots under Action and select Add with AND.
- 3. Click arrow and Add to History to add numbers to your search history.

Query box	K					Query box					
Enter / edit your search query here		Search	~	"Patient C	Care Team	"[Mesh]		X	earch ~		
History	and Sear	rch Details		🕁 Download 🔟 De	elete	History a	and Sear	rch Details		, ⊥ Download	🔟 Delete
Search	Actions	Details Query		Results Time	e	Search	Actions	Details Query		Results	Time
#5	••• <	Add query	Patient Care Team"[Mesh]	73,212 13:22	2:41	#5	•••	> Search:	"Patient Care Team"[Mesh]	73,212	13:22:41
#4		Delete	Stroke/therapy"[Majr]	48,223 13:13	3:42	#4	•••	Add with AND	Stroke/therapy"[Majr]	48,223	13:13:42
#8	•••	Create alert	troke [MeSH] Sort by: Most Recent	180,526 12:13	3:20	#8		Add with OR	troke [MeSH] Sort by: Most Recent	180,526	12:13:20
_						#7		Add with NOT Delete	troke Sort by: Most Recent	456,818	12:13:11

#### Query box

("Patient Care Team"[Mesh]) AND ("Stroke/therapy"[Majr])





65,883 11:58:26

Stroke/therapy"[Mesh] Sort by: Most Recent

 $\times$ 

Create alert

#### Results after using Boolean "AND"

Notice the search has been done with MeSH headings (Search String #10, with 537 results) and then refined more using Major Headings (Search String #11, with 166 results).

History	and Sear	ch Detai	ls	, ↓ Download	III Delete
Search	Actions	Details	Query	Results	Time
#11	•••	>	Search: ("Stroke/therapy"[Majr]) AND ("Patient Care Team"[Majr])	166	15:11:41
#10	•••	>	Search: ("Patient Care Team"[Mesh]) AND ("Stroke/therapy"[Mesh])	537	15:11:33
#9	•••	>	Search: "Patient Care Team"[Majr] Sort by: Most Recent	31,545	15:11:11
#5	•••	>	Search: "Patient Care Team"[Mesh]	73,212	13:22:41
#4	•••	>	Search: "Stroke/therapy"[Majr]	48,223	13:13:42
#8	•••	>	Search: stroke [MeSH] Sort by: Most Recent	180,526	12:13:20
#3	•••	>	Search: "Stroke/therapy"[Mesh] Sort by: Most Recent	65,883	11:58:26
#2	•••	>	Search: "Stroke"[Majr] Sort by: Most Recent	143,075	11:58:10
#1	•••	>	Search: "Stroke"[Mesh] Sort by: Most Recent	180,526	11:57:56

In order to narrow the topic further, the filters on the next screen can be applied. Click on the number of results that you want to manipulate and then select filters from the filters list (next slide).



#### Results, before filters

	("Patient Care Team"[Mesh]) AND ("Stroke/therapy"[Mesh]) × Search				
	Advanced Create alert Create RSS User Guide				
	Save Email Send to Sort by: Best match 🖨 Display options 🗱				
My NCBI FILTERS 🖪	537 results // Page 1 of 54 > >>				
RESULTS BY YEAR	Image: Construction of the structure       Organised inpatient (stroke unit) care for stroke.         Stroke Unit Trialists' Collaboration.       Stroke Unit Trialists' Collaboration.         Cite       Cochrane Database Syst Rev. 2013 Sep 11;2013(9):CD000197. doi:         Share       10.1002/14651858.CD000197.pub3.         PMID: 24026639       PMID: 24026639         View Complete Issue       Free PMC article.         Updated.       Review.				
<ul> <li>TEXT AVAILABILITY</li> <li>Abstract</li> <li>Free full text</li> <li>Full text</li> </ul>	<ul> <li>Organised inpatient (stroke unit) care for stroke: network meta-analysis.</li> <li>Langhorne P, Ramachandra S; Stroke Unit Trialists' Collaboration.</li> <li>Cochrane Database Syst Rev. 2020 Apr 23;4(4):CD000197. doi: 10.1002/14651858.CD000197.pub4.</li> <li>PMID: 32324916 Free PMC article.</li> </ul>				
ARTICLE ATTRIBUTE Associated data ARTICLE TYPE	Cite Effect of a Coordinated Community and Chronic Care Model Team Intervention vs Usual Care on Systolic Blood Pressure in Patients With Stroke or Transient Ischemic Attack: The SUCCEED Randomized Clinical Trial.				



#### Results after using filters

Abstract

Full text

ARTICLE TYPE

Clinical Trial

Trial

Review

PUBLICATION DATE

1 year

5 years 10 years

ARTICLE LANGUAGE

English

vears

Additional filters

AGE

Meta-Analysis

ARTICLE ATTRIBUTE

Free full text

- There are 4 articles focused on your specific topic (these numbers change over time).
- To view further information on article(s), click on small box(es) next to numbers(s).
- To change to Abstract view, select **Display options** and then select format of interest in pull down menu.
- When interested in just one article, click on the title to view the abstract.





#### Abstract Format

This is the format you will see when you click an article title to view the abstract.



Randomized Controlled Trial > Crit Care Nurse. 2019 Jun;39(3):e9-e17. doi: 10.4037/ccn2019238.

#### Implementation and Analysis of a Free Water Protocol in Acute Trauma and Stroke Patients



Helen Kenedi<sup>1</sup>, JoBeth Campbell-Vance<sup>2</sup>, Jenny Reynolds<sup>2</sup>, Michael Foreman<sup>2</sup>, Christine Dollaghan<sup>2</sup>, Dion Graybeal<sup>2</sup>, Ann Marie Warren<sup>2</sup>, Monica Bennett<sup>2</sup>

Affiliations + expand PMID: 31154338 DOI: 10.4037/ccn2019238



View Complete Issue

#### Abstract

Background: Free water protocols allow patients who aspirate thin liquids and meet eligibility criteria to have access to water or ice according to specific guidelines. Limited research is available concerning free water protocols in acute care settings.

Objectives: To compare rates of positive clinical outcomes and negative clinical indicators of a free water protocol in the acute care setting and to continue monitoring participants discharged into the hospital system's rehabilitation setting. Positive clinical outcomes were diet upgrade, fewer days to diet upgrade, and fewer days in the study. Negative clinical indicators were pneumonia, intubation, and diet downgrade.

Methods: A multidisciplinary team developed and implemented a free water protocol. All eligible stroke and trauma patients (n = 104) treated over a 3-year period were randomly assigned to an experimental group with access to water and ice or a control group without such access. Trained study staff recorded data on positive outcomes and negative indicators; statistical analyses were conducted with blinding.

Results: No significant group differences in positive outcomes were found (all P values were > .40). Negative clinical indicators were too infrequent to allow for statistical comparison of the 2 groups. Statistical analyses could not be conducted on the small number (n = 15) of patients followed into rehabilitation, but no negative clinical indicators occurred in these patients.

Conclusions: Larger-scale studies are needed to reach decisive conclusions on the positive outcomes and negative indicators of a free water protocol in the acute care setting.

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LibKey Nomad Links (under article title/author info):

- Download PDF offers immediate, free access to article.
- View Complete Issue allows you access to issue that includes the article.





#### Email Results

Using the checkboxes next to each article, select the articles from your results that you would like to email. If you don't select any articles, you will be able to email all results.

Once you have made your selection, click **Email** under the search bar at the top of the page.

If you want all results emailed, choose **All results** under **Selection**.





#### Save Results

You can save your results as a Summary, CSV file, or other options.

("Patien	$\times$	Search	ı					
Advanced	Create alert	Create RSS					User	Guide
Save	Email	Send to	Sort by:	Best match	\$	Dis	play options	\$
4 results						1	of 1 $>$	$\gg$

Save •	Email Send to	Sort by:	Best match
Save cita	tions to file		
Selection:	All results on this page	\$	
Format:	Summary (text)	\$	
Cre	eate file	Cancel	



### Send To: Results

You have options to send your results to:

- Clipboard— an area inside PubMed that holds your result selections temporarily for 8 hours.
- My Bibliography
   – when logged into PubMed, saving to My Bibliography allows you to save results indefinitely.
- **Collections** when logged into PubMed, saving to Collections allows you to save results indefinitely. Can create multiple collections.
- Citation manager creates a download file that can be imported into citation managers like EndNote.



Save

4 results

### PubMed Account

- Logging in to PubMed allows you to save results and search strategies indefinitely and refer back to them as needed.
- PubMed requires the use of a third-party login.
- To create your login, click **Log In** on the PubMed homepage.
- Select New here? Sign up to create your account.
  - You will not be able to use your TTUHSC email address.
  - Google Account works best.



#### Future Study

- From PubMed homepage, select
   FAQs & User
   Guide under Learn.
- You will find information on how best to use PubMed.

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#### Practice Question #1

1. Research the use of telemedicine in rural health care services in Texas.

Possible answer is on next page.

You may want to try searching this topic before moving on.



#### Answer: Practice Question #1

1. Research the use of telemedicine in rural health care services in Texas.

This is a possible strategy to answer Practice Question #1. Read strategy from bottom up.

Locating the correct subject heading or MeSH term and then using appropriate subheadings, if applicable, creates a good strategy for research questions.

History	⊥ Download	🔟 Delete			
Search	Actions	Details	Query	Results	Time
#4	•••	>	Search: (("Texas"[Mesh]) AND ("Rural Health Services"[Mesh])) AND ("Telemedicine"[Mesh])	14	11:28:24
#3	•••	>	Search: "Telemedicine" [Mesh] Sort by: Most Recent	47,090	11:28:13
#2	•••	>	Search: "Rural Health Services"[Mesh] Sort by: Most Recent	14,236	11:27:51
#1	•••	>	Search: "Texas"[Mesh] Sort by: Most Recent	29,145	11:27:36



#### Practice Question #2

2. Does use of finasteride prevent the risk of developing prostate cancer in the male population over 65 years of age? Limit to Randomized Controlled Trial, English and Human.

Possible answer is on the next page.

You may want to try searching for this topic before moving on.



#### Answer #1: Practice Question #2

2. Does use of finasteride prevent the risk of developing prostate cancer in the male population over 65 years of age? Limit to Randomized Controlled Trial, English and Human.

Two possible strategies to answer this question. This is possible strategy #1: three MeSH terms without subheadings.

Possible strategy #2 is on the next slide.

History	and Sear	ch Detai	ls	↓ Download	<u> </u> Delete
Search	Actions	Details	Query	Results	Time
#7	•••	>	Search: (("Finasteride"[Mesh]) AND ("Prostatic Neoplasms"[Mesh])) AND ("Risk"[Mesh]) Filters: Randomized Controlled Trial, English, Humans Sort by: Most Recent	32	17:33:15
#4	•••	>	Search: (("Finasteride"[Mesh]) AND ("Prostatic Neoplasms"[Mesh])) AND ("Risk"[Mesh]) Sort by: Most Recent	107	17:32:57
#3	•••	>	Search: "Risk"[Mesh] Sort by: Most Recent	1,406,783	17:32:47
#2		>	Search: "Prostatic Neoplasms" [Mesh] Sort by: Most Recent	152,557	17:32:34
#1	•••	>	Search: "Finasteride" [Mesh] Sort by: Most Recent	2,470	17:32:20



#### Answer #2: Practice Question #2

2. Does use of finasteride prevent the risk of developing prostate cancer in the male population over 65 years of age? Limit to Randomized Controlled Trial, English and Human.

This is possible strategy #2: three MeSH terms, two with subheadings, and one MeSH term that was Majored.

You will notice there are fewer results here than in possible strategy #1, but these results are more precise.

SearchActionsDetailsQueryResultsTime#7Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Filters: Randomized Controlled Trial, English, Humans Sort by: Most Recent17:38:43#4Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Sort by: Most Recent#3Search: "Prostatic Neoplasms/prevention and control"[Majr] Sort by: Most Recent#4Search: "Prostatic Neoplasms/prevention and control"[Majr] Sort by: Most Recent#3Search: "Prostatic Neoplasms/prevention and control"[Majr] Sort by: Most Recent#4Search: "Finasteride/therapeutic use"[Mesh] Sort by: Most Recent#4Search: "Finasteride/therapeutic use"[Mesh] Sort by: Most Recent#1Search: "Finasteride/therapeutic use"[Mesh] Sort by: Most Recent	listory	and Sear	ch Detai	ls	↓ Download	<u> </u> Delete
#7>Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Filters: Randomized Controlled Trial, English, Humans Sort by: Most Recent1617:38:43#4>Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Sort by: Most Recent6617:38:30#3>Search: "Prostatic Neoplasms/prevention and control"[Majr]) Sort by: Most Recent2,81517:38:12#2>Search: "Risk"[Mesh] Sort by: Most Recent1,406,78317:37:24#1>Search: "Finasteride/therapeutic use"[Mesh] Sort by: Most Recent1,72817:37:13	Search	Actions	Details	Query	Results	Time
#4···>Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Sort by:6617:38:30#3···>Search: "Prostatic Neoplasms/prevention and control"[Majr] Sort by: Most Recent2,81517:38:12#2···>Search: "Risk"[Mesh] Sort by: Most Recent1,406,78317:37:24#1···>Search: "Finasteride/therapeutic use"[Mesh] Sort by: Most Recent1,72817:37:13	#7	•••	>	Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Filters: Randomized Controlled Trial, English, Humans Sort by: Most Recent	16	17:38:43
#3>Search: "Prostatic Neoplasms/prevention and control" [Majr] Sort by:2,81517:38:12#2>Search: "Risk" [Mesh] Sort by: Most Recent1,406,78317:37:24#1>Search: "Finasteride/therapeutic use" [Mesh] Sort by: Most Recent1,72817:37:13	#4	•••	>	Search: (("Finasteride/therapeutic use"[Mesh]) AND ("Risk"[Mesh])) AND ("Prostatic Neoplasms/prevention and control"[Majr]) Sort by: Most Recent	66	17:38:30
#2        > Search: "Risk" [Mesh] Sort by: Most Recent       1,406,783       17:37:24         #1        > Search: "Finasteride/therapeutic use" [Mesh] Sort by: Most Recent       1,728       17:37:13	#3	•••	>	Search: "Prostatic Neoplasms/prevention and control"[Majr] Sort by: Most Recent	2,815	17:38:12
#1 ··· > Search: "Finasteride/therapeutic use" [Mesh] Sort by: Most Recent 1,728 17:37:13	#2	•••	>	Search: "Risk"[Mesh] Sort by: Most Recent	1,406,783	17:37:24
	#1	•••	>	Search: "Finasteride/therapeutic use"[Mesh] Sort by: Most Recent	1,728	17:37:13



#### Practice Question #3

3. Can better communication among staff in the operating room prevent medical errors?

Possible answer is on the next page.

You may want to try searching for this topic before moving on.



#### Answer: Practice Question #3

3. Can better communication among staff in the operating room prevent medical errors?

Sometimes locating the best subject heading is not easy. Consider other synonyms that have similar meaning.

Historya	History and Search Details				🔟 Delete
Search	Actions	Details	Query	Results	Time
#4		>	Search: (("Interprofessional Relations"[Mesh]) AND ("Operating Rooms"[Mesh])) AND ("Medical Errors/prevention and control" [Mesh]) Sort by: Most Recent	66	17:47:03
#3	•••	>	Search: "Medical Errors/prevention and control"[Mesh] Sort by: Most Recent	22,266	17:45:46
#2	•••	>	Search: "Operating Rooms" [Mesh] Sort by: Most Recent	16,191	17:45:25
#1	•••	>	Search: "Interprofessional Relations" [Mesh] Sort by: Most Recent	72,826	17:43:45



#### Summary: Final Points

- Using database tools appropriately increases relevancy and accuracy of results.
  - Boolean operators
  - Subject headings (MeSH)
  - Subheadings
  - Major headings
  - Filters

