

2ND ANNUAL WEST TEXAS HEALTH DISPARITIES RESEARCH SYMPOSIUM

MARCH 22-23, 2024

OVERTON HOTEL AND CONFERENCE CENTER

2322 MAC DAVIS LN LUBBOCK, TX 79401







SYMPOSIUM SCHEDULE

Friday, March 22nd (Times Denoted in CDT)

11:30 AM - 12:00 PM **LUNCH & REGISTRATION** 12:00 PM - 12:15 PM WELCOME Welcome given by Think Tank Faculty Member(s) 12:15 PM - 12:30 PM THINK TANK UPDATE Reagan Collins and Jad Zeitouni, Co-Founders of the TTU System Health Policy and Public Health Think Tank KEYNOTE -- "RURAL HEALTH DISPARITIES: UNRESOLVABLE?" - 1.0 AMA PRA CATEGORY 1 CREDIT™ 12:30 PM - 1:30 PM Nancy Wilson Dickey, MD, President Emerita, Department of Primary Care & Rural Medicine, Texas A&M School of Medicine, Texas A&M Health Science Center 1:30 PM - 2:00 PM **EXHIBITOR BOOTHS/BREAK** 2:00 PM - 3:30 PM COMBATING HEALTH DISPARITIES IN PRACTICUM -Stormie Aguirre, BSW, Program Manager Health Equity - Jamie Felberg MD Associate Professor Hospital Medicine TTUHSC/UMC - Katherine Wells, MPH, Executive Director Lubbock County Department of Health - Valeria Sanchez, Executive Director of West Texas Alzheimer Association - Kelly Bennett, MD TTUHSC Professor-Family Medicine - Chris Williams, Director, AHEC of the Plains 3:30 PM - 4:00 PM **EXHIBITOR BOOTHS/BREAK** KEYNOTE -- "PREVENTING DISEASE IN THE PASO DEL NORTE REGION" - 1.0AMA PRA CATEGORY 1 CREDIT™ 4:00 PM - 5:00 PM Tracy J. Yellen - Chief Executive Officer, Paso del Norte Health Foundation/Paso del Norte Community Foundation Saturday, March 23rd (Times Denoted in CDT) BREAKFAST & REGISTRATION/CHECK-IN/ WELCOME & ANNOUNCEMENTS 7:30 AM - 8:00 AM 8:00 AM - 9:30 AM ORAL ABSTRACT PRESENTATIONS 9:45 AM - 11:15 AM PANEL -- "THE ROLE OF ACADEMIC AND COMMUNITY COLLABORATION IN REGIONAL HEALTH ENGAGEMENT" -1.5 AMA PRA CATEGORY 1 CREDIT™ -Anna Gitter, PhD, Assistant Professor in Environmental and Occupational Health Sciences, The University of Texas Health Science Center at Houston School of Public Health -Cynthia A. Jumper, MD, MPH, Vice-President for Government Relations, Texas Dept. Criminal Justice, Texas Tech University Health Sciences Center - Jennifer Wilson, MD, Assistant Professor - Pediatrics, Professor-NTT 11:15 AM - 11:45 AM **EXHIBITOR BOOTHS/BREAK** 11:45 AM - 12:45 PM KEYNOTE LUNCHEON - "RURAL HEALTH DISPARITIES" - 1.0 AMA PRA CATEGORY 1 CREDIT" Albert Ruiz, Rural Health Specialist & SORH Grant Coordinator, Texas State Office of Rural Health 12:45 PM - 1:15 PM **EXHIBITOR BOOTHS/BREAK** 1:15 PM - 2:45 PM PANEL - "INNOVATIONS AND STRATEGIES TO ADVANCE HEALTH EQUITY AND ACCESS" - 15 AMA PRA CATEGORY 1 CREDIT - Deborah Clegg, PhD, Professor-NTT Depart of Research, Professor, Texas Tech University Health Sciences Center El Paso - John Gachago, PhD, Executive Director - Telehealth Tech and Innovation Texas Tech University Health Sciences Center -Joseph Heppert, PhD, Vice President — Research & Innovation, Texas Tech University - Jessica Chacon, PhD, Assistant Professor — Medical Education, Texas Tech University Health Sciences Center El Paso 2:45 PM - 3:45 PM

3:45 PM – 4:00 PM POSTER SESSION

CLOSING

Closing Remarks Given By Chris Williams, Center Director, AHEC of the Plains



2ND ANNUAL HEALTH RESEARCH SYMPOSI

SYMPOSIUM SUMMARY

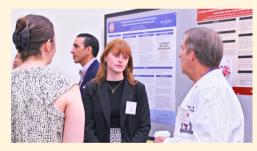
Texas Tech University System Health Policy and Public Health Think Tank, TTUHSC Office of Accredited Interprofessional Continuing Medical Education, and AHEC of the Plains is proud to announce the 2nd Annual West Texas Health Disparities Research Symposium. The Texas Tech University System spans from Dallas to El Paso, and the health disparity challenges vary greatly across the region. This symposium aims to provide a forum to share various works regarding health disparities and approaches to addressing health equity challenges in the West Texas region. Attendees will learn from distinguished national keynote speakers, panelists, and interactive discussions from various healthcare professionals across the West Texas region and different institutions within the Texas Tech University System.

SYMPOSIUM OBJECTIVES

- 1. Identify current health care disparities afflicting West Texas
- 2. Present primary and secondary data related to healthcare disparities in West Texas
- 3. Propose current or prospective interventions or strategies that address healthcare disparities in West Texas









ACCREDITATION AND DESIGNATION:

ACCREDITATION AND DESIGNATION:
In support of improving patient care, this activity has been planned and implemented by Texas Tech University Health Sciences Center,
Texas Tech University System Health Policy & Public Health Think Tank, and AHEC of the Plains. The Texas Tech University Health Sciences
Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy
Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 6 Inteprofessional Continuing Education (IPCE) credits for learning and change.

PHYSICIANS:

Texas Tech University Health Sciences Center designates this live activity for a maximum of 6.00 AMA PRA Category 1 Credit(s)_{TM.} Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, "Rural Health Disparities: Unresolvable?" has been designated by Texas Tech University Health Sciences Center for 1 credit hour of education in medical ethics and/or professional responsibility.

DISCLOSURE & MITIGATION OF RELEVANT FINANCIAL RELATIONSHIPS:

It is the policy of Texas Tech University Health Sciences Center Office of Accredited Interprofessional Continuing Medical Education to abide by the ACCME Standards for Integrity and Independence in Accredited Continuing Education. It is the policy of TTUHSC to collect information from all planners, faculty, and others in control of educational content about all their financial relationships with ineligible companies within the past 24 months and mitigate relationships before the individuals assume their roles.

Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Governmental agencies and providers of direct patient care services are not considered to be ineligible companies.

Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation. TTUHSC expects that the content or format of accredited continuing education and related materials will promote improvements in the quality of healthcare and not the specific proprietary business interest of an ineligible company. We employ several strategies to ensure the absence of commercial bias and mitigate relevant financial relationships.

None of the planners and faculty for this educational activity have relevant financial relationships to disclose with ineligible companies except for the following individuals:

1. John Griswold, MD is in the Speaker list for Medline as well as part of the advisory board for Exsurco. These relationships were determined to be of no relevance to the activity topic.

All of the relevant financial relationships listed for this individual have been mitigated

OAICME information is available at the following web site: http://www.ttuhsc.edu/medicine/continung-medical-education NOTE: Texas Tech University Health Sciences Center reserves the right to cancel this meeting or substitute speakers in the event of unforeseen or extenuating circumstances.

KEYNOTE SPEAKERS

NANCY WILSON DICKEY, MD

President Emerita, Department of Primary Care & Rural Medicine, Texas A&M School of Medicine, Texas A&M Health Science Center



RURAL HEALTH DISPARITIES: UNRESOLVABLE?



TRACY J. YELLENChief Executive Officer, Paso del Norte Health Foundation/Paso del Norte Community Foundation

PREVENTING DISEASE IN THE PASO DEL NORTE REGION

ALBERT RUIZRural Health Specialist & SORH Grant Coordinator, Texas State Office of Rural Health



RURAL HEALTH DISPARITIES

PANELISTS

COMBATING HEALTH DISPARITIES IN PRACTICUM

STORMIE AGUIRRE, BSW

Program Manager, Health Equity

IAMIE FELBERG MD

Associate Professor - Hospital Medicine TTUHSC/UMC

KATHERINE WELLS, MPH

Executive Director, Lubbock County Department of Health

VALERIA SANCHEZ

Executive Director, West Texas Alzheimer Association

KELLY BENNETT, MD

Professor - Family Medicine, TTUHSC

CHRIS WILLÍAMS

Director, AHEC of the Plains

<u>"THE ROLE OF ACADEMIC AND COMMUNITY COLLABORATION IN REGIONAL HEALTH ENGAGEMENT"</u> ANNA GITTER, PHD

Assistant Professor - Environmental and Occupational Health Sciences, The University of Texas Health Science Center at Houston School of Public Health

CYNTHIA A. JUMPER, MD, MPH

Vice-President - Government Relations, Texas Dept. Criminal Justice, Texas Tech University Health Sciences Center

JENNIFER WILSON, MD

Assistant Professor - Pediatrics, Professor-NTT

"INNOVATIONS AND STRATEGIES TO ADVANCE HEALTH EQUITY AND ACCESS"

DEBORAH CLEGG, PHD

Professor-NTT Depart of Research, Professor, Texas Tech University Health Sciences Center El Paso

JOHN GACHAGO, PHD

Executive Director - Telehealth Tech and Innovation Texas Tech University Health Sciences Center

JOSEPH HEPPERT, PHD

Vice President – Research & Innovation, Texas Tech University

IESSICA CHACON, PHD

Assistant Professor – Medical Education, Texas Tech University Health Sciences Center El Paso

PLANNING COMMITTEE

IOHN A. GRISWOLD, MD. FACS

Medical Director - Timothy J. Harnar Burn Center, Executive Director - Clinical Research Institute (CRI), Medical Director - Nutrition Support Services, Medical Director - Enterostomal Therapy, Co-Director- Advanced Trauma Life Support, Medical Director - Borden County EMS

EBTESAM ATTAYA ISLAM, MD, PhD, FCCP

Associate Dean - Clinical Education, Associate Professor - Vice Chair of Internal Medicine, Associate Program Director - Pulm/CCM Fellowship, Co-clerkship Director Year 3 IM, Internal Medicine Division - Pulmonary/Critical Care, Texas Tech University Health Sciences Center

REAGAN COLLINS

Co-Founder and Co-Director, Texas Tech University System Health Policy and Public Health Think Tank

JAD ZEITOUNI

Co-Founder and Co-Director, Texas Tech University System Health Policy and Public Health Think Tank

ANH NGUYEN

Co-Director - Communication, Texas Tech University System Health Policy and Public Health Think Tank

JUNIA LEE

Co-Director - Communication, Texas Tech University System Health Policy and Public Health Think Tank

BRETT THIGPEN

Director of Strategy, Texas Tech University System Health Policy and Public Health Think Tank

ALYSON WILLIS

Chairperson, Student Board, Texas Tech University System Health Policy and Public Health Think Tank

TRESSA READING

Vice-Chairperson, Student Board, Texas Tech University System Health Policy and Public Health Think Tank

ABDULKADER ALMOSA

Student Board Member, Texas Tech University System Health Policy and Public Health Think Tank

ANYA PAZHOOR

Student Board Member, Texas Tech University System Health Policy and Public Health Think Tank

AMADEUS RAMIREZ

Student Board Member, Texas Tech University System Health Policy and Public Health Think Tank

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Student Board Member, Texas Tech University System Health Policy and Public Health Think Tank

ERIN TORO

Student Board Member, Texas Tech University System Health Policy and Public Health Think Tank

CYNTHIA OGAZ, DBA, MBA

Managing Director, Office Accredited Interprofessional Continuing Medical Education, Texas Tech University Health Sciences Center

EDGAR FUENTES

Assistant Managing Director, Office Accredited Interprofessional Continuing Medical Education, Texas Tech University Health Sciences Center

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Program Coordinator, Office Accredited Interprofessional Continuing Medical Education, Texas Tech University Health Sciences Center

DJ STEVENS

Program Coordinator, Office Accredited Interprofessional Continuing Medical Education, Texas Tech University Health Sciences Center

CHRIS WILLIAMS

Center Director, Area Health Education Center (AHEC) of the Plains

ABSTRACT REVIEWERS

EBTESAM ATTAYA ISLAM, MD, PhD, FCCP

Associate Dean - Clinical Education, Associate Professor - Vice Chair of Internal Medicine, Associate Program Director - Pulm/CCM Fellowship, Co-clerkship Director Year 3 IM, Internal Medicine Division - Pulmonary/Critical Care, Texas Tech University Health Sciences Center

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SARAH LONG

Manager - Area Health Education Center (AHEC), Midwestern State University

JESSICA CHACON, PhD

Assistant Professor - Immunology & Microbiology, Texas Tech University Health Sciences Center - El Paso

LESLIE MAYRAND, PhD

Professor/Dean - Archer College of Health and Human Services, Angelo State University

DANIEL SCHELLER, PhD

Associate Professor, Director - Master of Public Administration Program, Texas Tech University

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ABOUT THE THINK TANK

MISSION AND GOALS:

Texas Tech University System Health Policy and Public Health Think Tank strives to develop, promote, and implement best practices in health equity and access to care throughout the Texas Tech University System and surrounding areas. The Think Tank aims to foster collaborative research and volunteerism, engage with communities to develop policy recommendations, and assist with the implementation of best practices. Our four key focus areas include: rural health disparities, underserved populations in urban areas, inter-professional health education, and community empowerment and education.

AFFLIATING INSTITUTIONS UNDER THE TEXAS TECH SYSTEM:

- Texas Tech University
- Texas Tech University Health Sciences Center
- Texas Tech University Health Sciences Center El Paso
- Angelo State University
- Midwestern State University

CO-FOUNDERS:



REAGAN COLLINS

Reagan Collins is a MD candidate at Texas Tech University Health Sciences Center School of Medicine and a graduate of Texas Tech University with a Bachelor of Arts in Mathematics. Previously, she spent her days as a student athlete on the Texas Tech Women's Tennis Team, but now devotes her time to advocating for health equity through national research pursuits related to social determinants of health and through her role as Co-Founder and Co-Executive Director of the TTU System Public Health and Health Policy Think Tank.



IAD ZEITOUNI

Jad Zeitouni is a MD candidate at Texas Tech University Health Sciences Center School of Medicine and a graduate of Texas Tech University with a Bachelor of Business Administration in Accounting. He is passionate about using health policy and advocacy to better serve underserved and underrepresented populations. He's pursued these passions during his undergraduate career and continues to do so as Co-Founder and Co-Executive Director of the TTU System Public Health and Health Policy Think Tank.



FOR MORE INFORMATION ABOUT THE THINK TANK, VISIT:

HOW TO RECEIVE CREDIT

To receive AMA PRA Category 1 Credit[™] for physicians and Attendance hours for non-physician attendees must:

- 1. Attend the symposium on Friday, March 22, 2024, and Saturday, March 23, 2024. **Be sure to Text-in your attendance or that you electronically signed in. Text "Attend 37936" to 844-984-4767** on your phone to text your attendance.
- 2. Two forms of providing evaluation and requesting credit after attending the symposium:
 - a. Text "Claim 37936" to 844-984-4767 on your phone to receive evaluation link and request credit. OR
 - b. Log into "My Portal" on the TTUHSC CME website This is a direct link to the "My Portal" https://cmetracker.net/TTUHSC/Publisher?page=pubOpen&nc=1008789299#/myPortal
 - i. You have been registered for this conference in the TTUHSC CME database system and you already have a record in our system.
 - ii. As you log in to **My Portal** there will be directions regarding signing in to your account. The email address where you received the registration confirmation email for this conference is the one associated with your records. Be sure to use that email address.
 - iii. If you have never accessed your records, you will need to set a password. If you have set one previously, but don't remember what it is, select "Forgot Password". If you are unsure about how to proceed, please contact the CME Office (806-743-2929) before creating a new record/account.
 - iv. Once logged in, please take a few minutes to update your profile information in the system. You will find that in the "My Profile" section. Please note that you will not be able to save your profile until you have completed all of the required fields.
- 3. After updating your profile, please click on the blue **Evaluation/Certificates** tile. This will take you to the conference evaluation. Enter **Activity Code: 37936**. If you do not see the tiles, click on **My Portal** in the left navigation bar and the tiles will come up.
- 4. After completing the evaluation, you will be able to claim your CME credit(s) on the Certificate Preparation page and print a certificate. Be sure to click on the box beside the session you attended **and** enter the amount of credit you are claiming for that session based on your participation in it. The total amount of credit entered will be calculated at the bottom of the form.

a. Please note:

- i. Speakers/Presenters may not claim credit for their presentations.
- ii. The Office of CME reserves the right to adjust credit awarded as needed, should ineligible credit be claimed.
- b. **If you do not choose to claim CME credits and print a certificate,** please complete the evaluation anyway, and on the very last slide of the evaluation make this selection: **"To exit the survey and see upcoming TTUHSC CME activities"**. You will be taken to the CME website and you will **not** receive CME credit or print a certificate.
- 5. <u>The evaluation will be available until 11:59 PM on Sunday, April 23, 2024.</u> After this date, if you have not claimed your credit, please contact the CME Office for an alternate method for claiming credit. Should you have problems accessing the evaluation, please contact the CME office at cme@ttuhsc.edu.

TRANSCRIPTS REQUEST INFORMATION

The Office of Accredited Interprofessional Continuing Medical Education maintains transcripts of credits earned by attendees at conferences and other activities certified by Texas Tech University Health Sciences Center. Transcripts may be requested by:

- Log in to the "My Portal" section of the website to print a copy of your transcript for a specific date range. Click on the maroon "Transcript" tile and enter the date range you would like to access. If you have problems accessing the "My Portal", please contact the CME Office at 806-743-2929.
- Send your name, address, and period of time for which you are requesting a transcript in writing to: