



# **1ST ANNUAL WEST TEXAS HEALTH DISPARITIES RESEARCH SYMPOSIUM**

**APRIL 27-28TH, 2023**

**ACADEMIC EVENT CENTER**

**TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER  
LUBBOCK, TEXAS**



**TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER**

*F. Marie Hall Institute for  
Rural and Community Health*



**TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER**

*Office of Continuing Medical Education*



**TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER**

*School of Medicine*



# SYMPOSIUM SCHEDULE

## Thursday, April 27th (Times Denoted in CDT)

- 12:15 PM - 1:00 PM**      **REGISTRATION**
- 1:00 PM – 1:30 PM**      **WELCOME BY EXECUTIVE DIRECTORS OF TTU SYSTEM THINK TANK**  
*WELCOME GIVEN BY JOHN A. GRISWOLD, MD, FACS*
- 1:30 PM – 2:30 PM**      **KEYNOTE – “STAND TALL FOR SMALL”** - 1.0 AMA PRA CATEGORY 1 CREDIT™  
*John Henderson, MBA, CEO and President of the Texas Organization of Rural & Community Hospitals*  
*- Q&A from 2:15 PM – 2:30 PM*
- 2:30 PM – 2:45 PM**      **EXHIBITOR BOOTHS/BREAK**
- 2:45 PM – 3:45 PM**      **HEALTH DISPARITIES RESEARCH ORAL PRESENTATIONS**
- 3:45 PM – 4:00 PM**      **EXHIBITOR BOOTHS/BREAK**
- 4:00 PM – 5:00 PM**      **PANEL – THE DIVERSE LEADERS IN WEST TEXAS HEALTHCARE, ACADEMIA, AND HEALTH POLICY** - 1.0 AMA PRA CATEGORY 1 CREDIT™
- 5:00 PM – 6:00 PM**      **KEYNOTE – "LEADING COLLABORATIVE EFFORTS TO INCREASE ACCESS TO MENTAL HEALTH CARE"** - 1.0 AMA PRA CATEGORY 1 CREDIT™  
*Nancy Trevino, PhD, Director of the Texas Tech Mental Health Initiative*  
*- Q&A from 5:45 PM – 6:00 PM*
- 6:00 PM – 7:30 PM**      **MIXER/RECEPTION**  
*Welcome given by Lance R. McMahon, MS, PhD*

## Friday, April 28th (Times Denoted in CDT)

- 7:30 AM – 8:30 AM**      **COFFEE AND PASTRIES/CHECK-IN**
- 8:30 AM – 10:00 AM**      **HEALTH DISPARITIES RESEARCH POSTERS**
- 10:00 AM – 11:00 AM**      **HEALTH DISPARITIES RESEARCH ORAL PRESENTATIONS**
- 11:00 AM – 11:30 AM**      **EXHIBITOR BOOTHS/BREAK**
- 11:30 AM – 12:30 PM**      **KEYNOTE LUNCHEON – “ADVANCING ADDICTION EDUCATION / REDUCING STIGMA”** - 1.0 AMA PRA CATEGORY 1 CREDIT™ AND 1.0 ETHICS CREDIT  
*Joseph Skrajewski, MA, MFTI, National Director of Business Development – healthcare solutions at the Hazelden Betty Ford Foundation*  
*- Q&A from 12:15 PM – 12:30 PM*
- 12:30 PM – 12:45 PM**      **EXHIBITOR BOOTHS/BREAK**
- 12:45 PM – 1:45 PM**      **PANEL – WEST TEXAS NONPROFIT AND COMMUNITY PARTNERS** - 1.0 AMA PRA CATEGORY 1 CREDIT™
- 1:45 PM – 2:45 PM**      **HEALTH DISPARITIES JEOPARDY**
- 2:45 PM**      **CLOSING**

# 1ST ANNUAL WEST TEXAS HEALTH DISPARITIES RESEARCH SYMPOSIUM

## SYMPOSIUM SUMMARY

Texas Tech University System Health Policy and Public Health Think Tank and Texas Tech University Health Sciences Center Office of Continuing Medical Education is proud to announce the inaugural West Texas Health Disparities Research Symposium. The Texas Tech University System spans from Dallas to El Paso, and the health disparity challenges vary greatly across the region. This symposium aims to provide a forum to share various works regarding health disparities and approaches to addressing health equity challenges in the West Texas region. Attendees will learn from distinguished national keynote speakers, panelists, and interactive discussions from various healthcare professionals across the West Texas region and different institutions within the Texas Tech University System.

## SYMPOSIUM OBJECTIVES

1. Identify current health care disparities afflicting West Texas
2. Present primary and secondary data related to healthcare disparities in West Texas
3. Propose current or prospective interventions or strategies that address healthcare disparities in West Texas

### CONTINUING EDUCATION CREDIT

#### Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Tech University Health Sciences Center and Texas Tech University System Health Policy & Public Health Think Tank. The Texas Tech University Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation:

##### Physician

Texas Tech University Health Sciences Center designates this live activity for a maximum of **5.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, Advancing Addiction Education / Reducing stigma has been designated by Texas Tech University Health Sciences Center for **1.0** credit hour of education in medical ethics and / or professional responsibility.

### DISCLOSURE & MITIGATION OF RELEVANT FINANCIAL RELATIONSHIPS

It is the policy of Texas Tech University Health Sciences Center Office of Continuing Medical Education to abide by the ACCME Standards for Integrity and Independence in Accredited Continuing Education. It is the policy of TTUHSC to collect information from all planners, faculty, and others in control of educational content about all their financial relationships with ineligible companies within the past 24 months and mitigate relationships prior to the individuals assuming their roles.

Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Governmental agencies and providers of direct patient care services are not considered to be ineligible companies.

Disclosure of a relationship is not intended to suggest or condone bias in any presentation, but is made to provide participants with information that might be of potential importance to their evaluation of a presentation. TTUHSC expects that the content or format of an accredited continuing education and related materials will promote improvements in quality of healthcare and not the specific proprietary business interest of an ineligible company. We employ several strategies to ensure the absence of commercial bias and mitigate relevant financial relationships.

None of the planners and faculty for this educational activity have relevant financial relationships to disclose with ineligible companies except for the following individual:

1. John Griswold, MD as a Speaker with Medline and as an Advisory Board Member with Exsurco.

All of the relevant financial relationships listed for this individual have been mitigated.

**CME information is available at the following web site:** <http://www.ttuhsc.edu/medicine/continung-medical-education>

**NOTE:** Texas Tech University Health Sciences Center reserves the right to cancel this meeting or substitute speakers in the event of unforeseen or extenuating circumstances.



# KEYNOTE SPEAKERS

John Henderson is the CEO and President of the Texas Organization of Rural & Community Hospitals (TORCH) and works for the 161 rural Texas hospitals. Prior to joining TORCH, John served as CEO at his hometown hospital, Childress Regional Medical Center, for 16 years. During that time, he served as Chairman of both the TORCH and Texas Hospital Association (THA) boards. In his keynote, he will provide an overview and landscape of rural Texas hospitals, and the challenges they face. An important emphasis for this talk is that any effort aimed at inclusion must consider – not exclude – rural communities and providers.

**JOHN HENDERSON, MBA**



Dr. Nancy Trevino currently serves as the Director of the Texas Tech Mental Health Initiative (TTMHI) at Texas Tech University Health Sciences Center where she works to coordinate and build collaborations for research, training, and clinical services across the community in an effort to improve mental health and wellness. The collaborative efforts of TTMHI include community-based training sites for learners from TTUHSC and TTU Programs, implementation of high quality, evidence-based practices, integration of telehealth, and additional interdisciplinary training opportunities for providers across the community. These workforce development and expansion efforts aim to increase access for individuals who are underserved and that contribute to them utilizing high-cost, less appropriate options in crisis situations.

**NANCY TREVINO, PhD**

Joseph Skrajewski, National Director of Business Development and Executive Director of Medical and Professional Education at the Hazelden Betty Ford Foundation, will discuss innovative approaches to advancing addiction education in healthcare settings. He will share models and techniques that have been proven successful and led to thousands of students and practitioners reducing stigma and carrying the message of hope and healing in treatment and recovery.

Mr. Skrajewski will offer insight and empathy surrounding the realities and misconceptions of addiction based on years of professional service in the field and through his own lived experience stemming from a previous career working on Wall Street and through the 9/11 tragedy.

**JOSEPH SKRAJEWSKI, MA, MFTI**



## PANELISTS

### DIVERSE LEADERS PANEL

#### **DINAH CUMMINGS, MS, PhD**

Professor/Regional Director - Laura W. Bush Institute for Women's Health, Department of Health Science Professions, Angelo State University

#### **PATRICIA FRANCIS-JOHNSON, DNP, RN, CDP**

Assistant Dean - Diversity, Equity and Inclusion, Texas Tech University Health Sciences Center

#### **CAROL SUMNER, EdD**

Vice President - Division of Diversity, Equity & Inclusion, Chief Diversity Officer, Texas Tech University

#### **JESSICA CHACON, PhD**

Assistant Professor - Immunology and Microbiology, Texas Tech University Health Sciences Center - El Paso

#### **ROBIN LOCKHART, MS, PhD**

Chair/Assistant Professor - School of Nursing, Midwestern State University

### NON-PROFIT AND COMMUNITY PARTNERS PANEL

#### **ELISE PASSY, MA Ed**

Director - Health Systems, Alzheimer's Association

#### **DUSTY MCCOY, MS**

Chief Executive Officer, West Texas Counseling and Guidance Center

#### **KATHERINE WELLS, MPH, DrPH**

Director - Public Health, City of Lubbock Health Department

#### **ADAM HERNANDEZ**

Communications Director - Lubbock Compact, Chief Executive Officer and Graphic Media Designer - Slim Baby Creative

# PLANNING COMMITTEE

## **JOHN A. GRISWOLD, MD, FACS**

Medical Director - Timothy J. Harnar Burn Center, Executive Director - Clinical Research Institute (CRI), Medical Director - Nutrition Support Services, Medical Director - Enterostomal Therapy, Co-Director - Advanced Trauma Life Support, Medical Director - Borden County EMS

## **STEVEN BERK, MD**

Academic Dean - School of Medicine, Texas Tech University Health Sciences Center, Executive Vice President - Clinical Affairs

## **ALLAN L. HAYNES JR., MD**

Associate Dean - Faculty Affairs and Development, Professor - Department of Urology, Texas Tech University Health Sciences Center

## **BILLY PHILIPS, MPH, PhD**

Executive Vice President, F. Marie Hall Rural and Community Health, Texas Tech University Health Sciences Center

## **EBTESAM ATTAYA ISLAM, MD, PhD, FCCP**

Associate Dean - Clinical Education, Associate Professor - Director of Internal Medicine, Associate Program Director - Pulm/CCM Fellowship, Co-clerkship Director Year 3 IM, Internal Medicine Division - Pulmonary/Critical Care, Texas Tech University Health Sciences Center

## **THERESA BYRD, RN, MPH, DRPH**

Dean - School of Health Professions, University of Texas at Tyler

## **REAGAN COLLINS, BA**

Co-Founder, Tech University System Health Policy and Public Health Think Tank

## **JAD ZEITOUNI, BBA**

Co-Founder, Texas Tech University System Health Policy and Public Health Think Tank

## **ANH NGUYEN**

Secretary, Texas Tech University System Health Policy and Public Health Think Tank

## **JUNIA LEE**

Vice-Secretary, Texas Tech University System Health Policy and Public Health Think Tank

## **ALYSON WILLIS, BS**

Chairperson, Student Board, Texas Tech University System Health Policy and Public Health Think Tank

## **TRESSA READING**

Vice-Chairperson, Student Board, Texas Tech University System Health Policy and Public Health Think Tank

## **CYNTHIA OGAZ, DBA, MBA**

Managing Director, Office of Continuing Medical Education, Texas Tech University Health Sciences Center

## **ERICA CAMPUZANO**

Program Coordinator, Office of Continuing Medical Education, Texas Tech University Health Sciences Center

# ABSTRACT REVIEWERS

## **CYNTHIA JUMPER, MD, MPH**

Vice President Health Policy & Special Health Initiatives, Texas Tech Health Sciences Center

## **SHIRLEY EOFF, PhD**

Professor and Director - Honors Program, Angelo State University

## **THERESA BYRD, RN, MPH, DRPH**

Dean - School of Health Professions, University of Texas at Tyler

## **EBTESAM ATTAYA ISLAM, MD, PhD, FCCP**

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## **REAGAN COLLINS, BA**

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Chairperson, Student Board, Texas Tech University System Health Policy and Public Health Think Tank

## **TRESSA READING**

Vice-Chairperson, Student Board, Texas Tech University System Health Policy and Public Health Think Tank

## **SHEEBA KALVIN**

Student Board Member, Texas Tech University System Health Policy and Public Health Think Tank

# ABOUT THE THINK TANK

## MISSION AND GOALS:

Texas Tech University System Health Policy and Public Health Think Tank strives to develop, promote, and implement best practices in health equity and access to care throughout the Texas Tech University System and surrounding areas. The Think Tank aims to foster collaborative research and volunteerism, engage with communities to develop policy recommendations, and assist with the implementation of best practices. Our four key focus areas include: rural health disparities, underserved populations in urban areas, inter-professional health education, and community empowerment and education.

## AFFILIATING INSTITUTIONS UNDER THE TEXAS TECH SYSTEM:

- Texas Tech University
- Texas Tech University Health Sciences Center
- Texas Tech University Health Sciences Center El Paso
- Angelo State University
- Midwestern State University

## CO-FOUNDERS:



### REAGAN COLLINS

Reagan Collins is a MD candidate at Texas Tech University Health Sciences Center School of Medicine and a graduate of Texas Tech University with a Bachelor of Arts in Mathematics. Previously, she spent her days as a student athlete on the Texas Tech Women's Tennis Team, but now devotes her time to advocating for health equity through national research pursuits related to social determinants of health and through her role as Co-Founder and Co-Executive Director of the TTU System Public Health and Health Policy Think Tank.



### JAD ZEITOUNI

Jad Zeitouni is a MD candidate at Texas Tech University Health Sciences Center School of Medicine and a graduate of Texas Tech University with a Bachelor of Business Administration in Accounting. He is passionate about using health policy and advocacy to better serve underserved and underrepresented populations. He's pursued these passions during his undergraduate career and continues to do so as Co-Founder and Co-Executive Director of the TTU System Public Health and Health Policy Think Tank.



FOR MORE  
INFORMATION ABOUT  
THE THINK TANK, VISIT:

<https://www.ttuhschool.edu/medicine/academic-affairs/think-tank/think-tank.aspx>

# HOW TO RECEIVE CREDIT

In order to receive *AMA PRA Category 1 Credit™* for physicians and Attendance hours for non-physicians attendees must:

1. Attend the conference on Thursday, April 27, 2023 and Friday, April 28, 2023. – **Be sure to Text-in your attendance or that you electronically signed in.** To text in your attendance, **Text “Attend 37209” to 844-984-4767** on your phone.
2. Log into “My Portal” on the TTUHSC CME website – This is a direct link to the “My Portal”  
<https://cmetracker.net/TTUHSC/Publisher?page=pubOpen&nc=1008789299#/myPortal>
  - a. You have been registered for this conference in the TTUHSC CME database system and you already have a record in our system.
  - b. As you log-in to **My Portal** there will be directions regarding signing-in to your account. The email address that you received the registration confirmation email for this conference is the one associated with your records. Be sure to use that email address.
  - c. If you have never accessed your records, you will need to set a password. If you have set one previously, but don’t remember what it is, select “Forgot Password”. If you are unsure about how to proceed, please contact the CME Office (806-743-2929) before creating a new record/account.
  - d. Once logged-in, please take a few minutes to update your profile information in the system. You will find that in the “My Profile” section. Please note that you will not be able to save your profile until you have completed all of the required fields.
3. After updating your profile, please click on the blue **Evaluation/Certificates** tile. This will take you to the conference evaluation. Enter **Activity Code: 37209**. If you do not see the tiles, click on **My Portal** in the left navigation bar and the tiles will come up.
4. After completing the evaluation, you will be able to claim your CME credit(s) on the Certificate Preparation page and print a certificate. Be sure to click on the box beside the session you attended and enter the amount of credit you are claiming for that session based on your participation in it. The total amount of credit entered will calculate at the bottom of the form.
  - a. **Please note:**
    - i. Speaker/Presenters may not claim credit for their own presentations.
    - ii. The Office of CME reserves the right to adjust credit awarded as needed, should ineligible credit be claimed.
  - b. **If you do not choose to claim CME credits and print a certificate**, please complete the evaluation anyway and on the very last slide of the evaluation make this selection: **“To exit the survey and see upcoming TTUHSC CME activities”**. You will be taken to the CME website and you will not receive CME credit or print a certificate.
5. **The evaluation will be available until 11:59 PM on Sunday, May 14, 2023.** After this date, if you have not claimed your credit, please contact the CME Office for an alternate method for claiming credit. **Should you have problems accessing the evaluation, please contact the CME office at [cme@ttuhsc.edu](mailto:cme@ttuhsc.edu)**

## TRANSCRIPTS

The Office of Continuing Medical Education maintains transcripts of credits earned by attendees at conferences and other activities certified by Texas Tech University Health Sciences Center. Transcripts may be requested by:

1. Visiting our website – [www.ttuhsc.edu/medicine/continuing-medical-education](http://www.ttuhsc.edu/medicine/continuing-medical-education) . On the home page there is a link to request a transcript.
2. Log in to the “My Portal” section of the website to print a copy of your transcript for a specific date range. Click on the maroon “Transcript” tile and enter the date range you would like to access. If you have problems accessing the “My Portal”, please contact the CME Office at 806-743-2929.
3. Send your name, address, and period of time for which you are requesting a transcript in writing to:  
Texas Tech University Health Sciences Center | Office of Continuing Medical Education  
3601 4th Street STOP 7113 | Lubbock, Texas 79430-7113