

# Community Health Worker Role and Impact

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## Get Fit to Stay Fit- program statistics

- Original grant award- 2015
  - 7,191 kits provided
  - 4,362 returned kits- 61% conversion on return rate
  - 615 tests detected blood in stool
  - 587 colonoscopies performed – 95% of abnormal results received colonoscopy
  - 471 polyps removed
  - 7 cancer diagnosis-100% of these cases were offered resources
  - Our grant has successfully screened twice as many women as men
  - Screening rates by ethnicity
    - Hispanic-57%
    - Caucasian-36%
    - African American- 5%
    - Asian/Pacific Islander- 2%



# Obstacles to Care

- No-one in my family has a history
- Insurance doesn't cover
- I don't feel sick
- That is an "exit only"
- It's better not know
- It only affects men
- Cancer is a "rich man's" disease
- It's never been offered

