



Nancy Trevino, PhD

Dr. Nancy Trevino currently serves as the Director of the Texas Tech Mental Health Initiative at Texas Tech University Health Sciences Center where she works to coordinate and build collaborations for research, training, and clinical services across the community in an effort to improve mental health and wellness. Dr. Trevino attended Texas Tech University where she earned her Doctorate in Human Development and Family Studies with a minor in Cross-Cultural Studies. Dr. Trevino has worked in prevention education, positive youth development programming, program evaluation, and grant writing. Much of Dr. Trevino's work has been with youth in the foster care system where she provided education in the Preparation for Adult Living (PAL) courses for youth aging out of foster care, conducted research regarding the foster care system, evaluated health curriculum used with foster youth, and co-edited the *Handbook of Foster Youth* (2018). Dr. Trevino is a certified instructor for Mental Health First Aid and Youth Mental Health First Aid, with designations in EMS, Higher Education, and Rural Communities. Dr. Trevino serves on numerous local and state-wide boards and committees.