

# Chemical Peel Post-Treatment Care

In the post peel period, swelling, redness, and scaling may occur. In superficial peels, this lasts for one to three days; while in deeper peels, five to ten days.

Mild soap or non-soap cleanser may be used. If there is crusting, a topical antibacterial ointment may be used as well.

Cold compresses may be used to soothe the skin.

Broad spectrum sunscreen should be used to protect from the sun at all times. SPF 30 or greater is preferred.

Only use bland moisturizers until the peeling process is complete.

There may be discomfort similar to a sunburn. Usually Tylenol or Ibuprofen will control discomfort, but if the pain worsens or pain relievers are not relieving pain, please call the office at 743-1842.

