# Texas Tech Dermatology: Laser Information

**Carbon dioxide resurfacing laser**: This is the laser of choice for **wrinkle reduction** and improved texture of the skin. This treatment yields more dramatic and impressive results than many other types of laser procedures, such as the Fraxel. **One treatment** is generally required, though a second session may be performed in 6 months. A laser **consult** is required prior to scheduling the procedures and can be performed at your office visit today (or you may call our office to schedule at a future date)

#### **Recommended for:**

Wrinkles and lip lines

Skin tightening

Brown spots

Acne scars

## **Expectations:**

You will likely have redness and swelling for the first 48-72 hours, which will fade over the next week. It is a good idea to not have any major events (especially activities in the sun) planned for the next 2 weeks following laser treatment, though you can return to work and normal activities as soon as you feel ready. Plan on spending one hour with us to complete your procedure. A topical numbing cream will be applied in our office 30 minutes prior to the laser to reduce pain

#### Costs:

\$1200 for full face resurfacing

\$500 for focal areas such as mouth or eyes

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Intense pulsed light photorejuvenation: This light based system is best suited for those who wish to reduce redness, broken blood vessels, and brown spots on the face, neck, and hands. It may also be used for hair reduction. It also imparts a "rejuvenated" appearance overall. A consult is not required, and you may schedule at your convenience.

## **Recommended for:**

Redness

Brown spots

Broken blood vessels

Hair reduction

## **Expectations:**

Also known as the "**lunchtime laser**", minimal downtime is experienced, and patients can return to normal activity right away, though it is essential to protect the skin from

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sun exposure. Some bruising may occur. On average, 5 treatments are recommended spaced 4 – 8 weeks apart.

#### Costs:

\$250 for full face

\$150 for focal areas

Call our office at 806-743-1842 if interested to schedule a CO2 laser consult on or your IPL treatment.