

YOUR LIFE

— *our purpose* —



Learning Objectives:

Following this session, the participant should be able to:

- ◆ Describe an interprofessional approach to the post-acute care of older adults following hip fracture
- ◆ Identify common features of the interprofessional team process
- ◆ Discuss the role of each discipline in the care of complex older adults





PRESENTER: John W. Culberson, MD, CMD

Clinical Scenario –

86yo admitted from acute care hospital following repair of a hip fracture sustained in a ground level fall

- 4 day hospital stay, no discharge summary is available
- Progress notes indicate open reduction internal fixation of right hip fracture
- Medication list includes Tramadol, Quetiapine, Donepezil, Carbidopa/Levodopa, Insulin sliding scale and 14 other medications

TTUHSC GERIATRIC MEDICINE ECHO



- Problem list includes: Hypertension, Diabetes, Parkinsons Disease, and h/o Stroke
- Physical Therapy Evaluation: Touch Down Weight Bearing, Max Assist for transfers and ADL's
- Speech Therapy: Dysphagia 2 diet
- Accompanied by elderly wife, his caregiver
- Facility interprofessional team includes:
 - Medical, Nursing, Dietician, PT/OT, Speech Therapist, Physical Therapist, Occupational Therapist, Pharmacist, Social Worker, and Activities Director



TTUHSC GERIATRIC MEDICINE ECHO



Physical Exam: Alert, oriented to person and place in mild distress, lying still in bed

- Temp 97.5F, P: 96, BP: 95/50, R: 22, BMI 18
- Pulse Ox: 90% on 4l nc
- Lungs: clear, shallow breath sounds
- Heart: irregularly irregular
- Neuro: mild L sided weakness, resting tremor
- Surgical wound clean, dry, Foley catheter in place



What is the most important question for each interprofessional team member to ask?

At the care plan meeting two days later, what issues need to be clarified?



TTUHSC GERIATRIC MEDICINE ECHO



- 18 Days later: Many problems are resolved, progressing well in therapy, what is the role of each member of the interprofessionaol team in discharge planning?





- Pain management in post-acute rehabilitation of hip fracture:
 - *What type of fracture*
 - *Cognitive status*
 - *Chronic vs Sub-Acute vs Acute*





- Treatment of Pain in Cognitively Impaired Compared to Cognitively Intact Older Adults with Hip Fracture

Feldt, Jour Amer Geriatr Soc, 1998





- Scheduled Analgesic Regimen Improves Rehabilitation After Fracture Surgery

Chin, Clin Ortho Resear, 2013





- Multimodal Analgesia in the Hip Fracture Patient

Fabi, J Orthop Trauma, 2016

