



Meals on Wheels

Group 12

Population Served

- ❖ Homebound, elderly, or disabled individuals who are unable to prepare themselves a “nutritious” meal
- ❖ >850 clients in Lubbock/Wolfforth area

Services Provided

- ❖ Nutritious meal delivery Monday-Friday.
- ❖ Frozen meal and 6-7 shelf stable items for weekend
- ❖ Pet food and veterinary care assistance
- ❖ Books on wheels
- ❖ Flowers every Friday
- ❖ Resources for other needs (eligibility specialist is also a social worker)
- ❖ Senior secret Santa during Christmas
- ❖ Mardi Gras event

Clients' Health Needs

- ❖ Nutritious meal
- ❖ Social interaction

Clients' Health Information Needs

- ❖ Meals on Wheels accommodates for people with diabetes and other dietary restrictions.
- ❖ Monthly menu approved by a dietitian.

Impact of COVID

- ❖ Drive-thru pick-up
- ❖ Limited contact with recipients
- ❖ Direct mail campaigns
- ❖ Canceled fundraisers

Advice for Physicians

- ❖ Meals on Wheels is a resource available for patients that qualify.
- ❖ Be informed of all the services that Meals on Wheels have to offer.
- ❖ Meals on Wheels can cater the patient's meals according to their health needs
- ❖ Patients that qualify for this agency are usually wheelchair bound or elderly and are not physically able to shop for groceries or leave their house on their own.
- ❖ No payment required (not based on income, Medicare/Medicaid)
- ❖ Ability for flexibility in qualifications based on funding (solely donation)
- ❖ It is a non-profit organization, and its delivery drivers are all volunteers

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Group Members:
Amanda Key
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