



# RAIDER RED'S FOOD PANTRY

## *GROUP 19*

### ✘ **Population Served**

- ✘ Students enrolled at Texas Tech University

### ✘ **Services Provided**

- ✘ Short-term food supply
- ✘ Vegetarian, gluten-free, other options
- ✘ Fresh produce via Grub Farm
- ✘ Paper products available (if donated)
- ✘ Raider Relief Fund (\$500)
  - ✘ Rent, groceries, etc.

### ✘ **Clients' Health Needs**

- ✘ Well-balanced nutritious meals
- ✘ Inability to control food donations results in an overabundance in supply of certain foods (green beans, corn) and lack of others (meats and vegetarian options)
- ✘ This is addressed by using Amazon Wish List for obtaining uncommonly donated items

### ✘ **Clients' Health Information Needs**

- ✘ How to cook meals with the resources given to them.
- ✘ Partnership with TTU campus dietician to create meals that last from the items packaged by the pantry

### ✘ **Advice for Physicians**

- ✘ Openly speak about hard concepts.
- ✘ Make the person feel comfortable and heard during their time of need.
- ✘ Offer a safe place with no judgement.
- ✘ Normalize asking for help despite the stigma of having to go to a "Food Pantry"

### ✘ **COVID-19 Impacts**

- ✘ Not all students qualified for CARES
  - ✘ Sat with students to see what other funds they can qualify for
- ✘ Students may choose from four premade bags of items
  - ✘ Red Raider
  - ✘ Matador
  - ✘ Gluten Free
  - ✘ Vegetarian
- ✘ Attempting to use an online inventory system to allow students to pick out items in stock
- ✘ Limiting and staggering people that come in to help- not accepting more volunteers



